

WINTER PHOTO CONTEST

5 Boardwalk empire

9 First!

26 Every day I'm husky-in'



RIGHT PLAN — at the — RIGHT PRICE. 6GB for \$40.

All on a network built to work in the Middle of Anywhere.



Plus top
Smartphones
starting at
\$9/mo.*

Samsung
GALAXY S5
\$18/mo.

Samsung
GALAXY GRAND Prime™
\$9/mo.

SAMSUNG
Galaxy S6
\$20/mo.

*Credit approval required. \$0 down, 0% APR, 24-month term.

Things we want you to know: Shared Connect Plan and Customer Service Agreement with a 2-yr. initial term (subject to a pro-rated \$150 Early Termination Fee for basic phones, modems and hotspot devices and a \$350 Early Termination Fee for Smartphones and Tablets) or Retail Installment Contract for installment pricing required. Credit approval also required. Up to \$40 Device Activation Fee applies. A Regulatory Cost Recovery Fee (currently \$1.82/line/month) applies; this is not a tax or govt. required charge. Additional fees (including Device Connection Charges), taxes, terms, conditions and coverage areas apply and may vary by plan, service and phone. **Low Monthly Phone Pricing:** New Retail Installment Contract on Smartphone required. Monthly pricing varies by device. **Kansas Customers:** In areas in which U.S. Cellular® receives support from the Federal Universal Service Fund, all reasonable requests for service must be met. Unresolved questions concerning services availability can be directed to the Kansas Corporation Commission Office of Public Affairs and Consumer Protection at 1-800-662-0027. Offers valid at participating locations only and cannot be combined. See store or uscellular.com for details. Limited-time offer. Trademarks and trade names are the property of their respective owners. ©2016 U.S. Cellular

Contents

- 4 Mailbox**
- 4 Poem**
Gravitational Waves
- 5 News**
On the Waterfront
- 9 Week in Weed**
History
- 11 NCJ Daily**
- 12 On The Cover**
Winter Photo Contest
- 18 Down and Dirty**
High-Value Veggies
- 19 Front Row**
The Laws of the (Schoolyard) Jungle
- 20 Home & Garden**
Service Directory
- 22 Table Talk**
Humboldt on Tap
- 24 Art Beat**
The Bounty of the County
- 25 Arts Alive!**
Saturday, March 5
- 26 Get Out!**
Mush!
- 27 The Setlist**
Frost Ahead, Frost Behind
- 28 Music & More!**
Live Entertainment Grid
- 32 Calendar**
- 37 Filmland**
Pyramids, Schemes
- 40 Workshops & Classes**
- 46 Sudoku & Crossword**
- 47 Classifieds**



On the Cover

Winner of the *Journal's* Winter Photo Contest by Sean Jansen. See more photos on page 12 and online at www.northcoastjournal.com.

North Coast Journal

of People, Politics and Art

March 3, 2016 • Volume XXVII Issue 9

North Coast Journal Inc.
www.northcoastjournal.com

ISSN 1099-7571 © Copyright 2016

Publisher

Judy Hodgson
judy@northcoastjournal.com

News Editor

Thadeus Greenson
thad@northcoastjournal.com

Arts & Features Editor

Jennifer Fumiko Cahill
jennifer@northcoastjournal.com

Assistant Editor/Staff Writer

Grant Scott-Goforth
grant@northcoastjournal.com

Staff Writer

Linda Stansberry
linda@northcoastjournal.com

Calendar Editor

Kali Cozyris
calendar@northcoastjournal.com

Contributing Writers

John J. Bennett, Simona Carini, Barry Evans,
Andy Powell, Genevieve Schmidt

Art Director/Production Manager

Holly Harvey
holly@northcoastjournal.com

Graphic Design/Production

Miles Eggleston, Carolyn Fernandez,
Christian Pennington, Jonathan Webster
ncjads@northcoastjournal.com

General Manager

Chuck Leishman
chuck@northcoastjournal.com

Advertising Manager

Melissa Sanderson
melissa@northcoastjournal.com

Advertising Assistant

Maddy Rueda
maddy@northcoastjournal.com

Advertising

Mike Herring mike@northcoastjournal.com
Tad Sarvinski tad@northcoastjournal.com
Kyle Windham kyle@northcoastjournal.com

Classified Advertising

Mark Boyd
classified@northcoastjournal.com

Marketing & Promotions Manager

Drew Hyland
drew@northcoastjournal.com

Office Manager/Bookkeeper

Deborah Henry
billing@northcoastjournal.com



Mail/Office

310 F St., Eureka, CA 95501
707 442-1400 FAX: 707 442-1401
www.northcoastjournal.com

Press Releases newsroom@northcoastjournal.com

Letters to the Editor letters@northcoastjournal.com

Events/A&E calendar@northcoastjournal.com

Music thesetlist@northcoastjournal.com

Classified/Workshops classified@northcoastjournal.com



The *North Coast Journal* is a weekly newspaper serving Humboldt County. Circulation: 21,000 copies distributed FREE at more than 450 locations. Mail subscriptions: \$39 / 52 issues. Single back issues mailed / \$2.50. Entire contents of the *North Coast Journal* are copyrighted. No article may be reprinted without publisher's written permission. Printed on recycled paper with soy-based ink.



- Serious Felonies
- Cultivation/Drug Possession
- DUI/DMV Hearings
- Collective/Cooperative Agreements
- Cannabis Business Compliance
- Domestic Violence
- Pre-Arrest Counseling

FREE CONSULTATION
For Defense Work Only

732 5th Street, Suite C
Eureka, CA 95501
info@humboldtjustice.com
www.humboldtjustice.com

707.268.8600

Kathleen Bryson

Attorney

Former Humboldt County Deputy District Attorney
Member of National Organization for the Reform of Marijuana Laws (NORML)
Member California DUI Lawyers Association

CONSULTATIONS AVAILABLE IN GARBERVILLE BY APPOINTMENT



LOS Bagels

MARCH SALE!

COFFEE—SANTA CRUZ 12 oz \$1

BAGEL, LOX & CRM CHEESE \$5

ORGANIC BAGEL DOZENS \$6

**FIND US ON FACEBOOK & INSTAGRAM
FOR ALL MARCH DEALS!**

Homeward

Editor:

Thank you, Thadeus Greenon, for such a well-written, comprehensive article on a well-documented solution to homelessness ("Homing the Houseless," Feb. 25). While initial costs may be high, the long term results are much more cost effective as indicated in your piece.

In addition, the current plan has the high potential to add a substantial tax base by transforming people into productive, job-wielding citizens and making our county more desirable for businesses and professionals to embrace.

My question is: How do we make sure that organizations like Arcata House Partnership, which are the major contributors in decreasing homelessness, have sustainable funding streams from which to draw and what agreements can we encourage government to make, local/state/federal, in offering ongoing monies to turn lives and communities around for the better?

Rita Carole, Arcata

Editor:

Why don't the city council and homeless advocates reach out to the churches and other religious institutions in Eureka to make room in their often spacious and rarely used dwellings for the homeless? Why don't they open their doors and truly serve the dispossessed?

This is not only the moral thing for the churches to do. It is also the fair thing, as, after all, by being exempt from taxes, they do nothing financially to support the infrastructure of Eureka nor the city services they make use of. Heaven forbid they should make permanent shelters. But why not temporary shelter until the Focus Strategy plan can be completed?

Julie Harris, Eureka

Editor:

It looks like the Home on the Range is

getting to be a hot topic in Eureka. Especially now that the city is ready to turn up the heat. Yep, we're putting in a new happy trail for 1 million bucks. But so far, it's not

Happy Trails for the dwellers of the marsh but just Hit the Road Jack. If the city has a Plan Nine from Outer Space, we friends of the marsh are waiting on pins and needles to hear it. If this is the product of the Focus Strategy report then it seems to leave something to be desired.

Perhaps the word is compassion, another discouraging word which seldom is heard. If the city fathers are ready to lose face with this disservice then good luck. I guess we will just remain on the undesirable list. If you really like Eureka, then be about people and join us on the moral high ground.

We are a God-fearing people. We have 50 churches in this town alone. In Matthew 25:40, Jesus tells that, "Truly I say to you, as you did it to one of the least of these my brothers, you did it to me."

I hope the skies are not cloudy all day. It's not easy living out in the rain.

Mel Krause, Eureka

Incredible Resolution

Editor:

The most amazing aspect of the detection of gravity waves ("Field Notes," Feb. 25) is the resolution required:

The gravity waves caused the arms of the interferometer to stretch and shrink by one part in 10^{21} . Multiplying the diameter of the Earth (10^7 meters) by that strain

Gravitational Waves

People are places
Racing through endless darkness,
Governing starlight.

— Kirk Gothier

(10^{-21}) equals 10^{-14} meters (the diameter of the nucleus of an atom of iron). Thus, the achieved resolution is equivalent to measuring the distortion of

the whole Earth to within one atomic nucleus. Truly fantastic.

Don Garlick, Fieldbrook

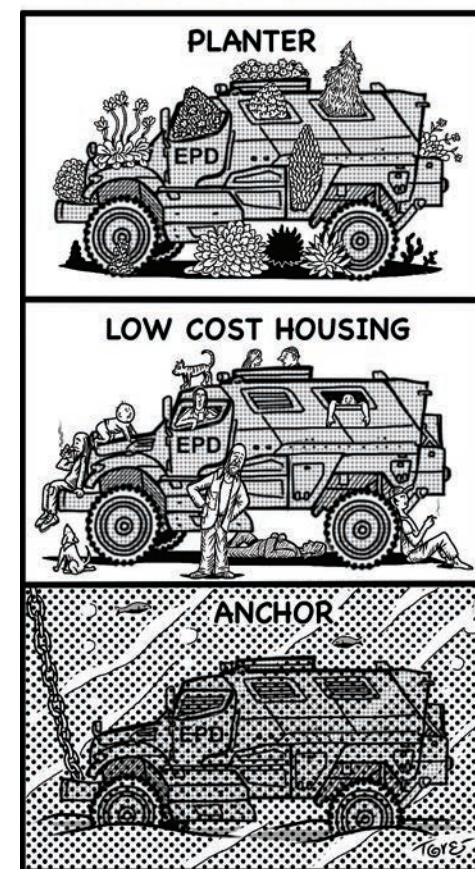
Biting Back

Editor:

A recent letter writer expressed concerns ("The Shark Bites," Feb. 18) about the Ferndale Repertory/Arcata Playhouse production of the *Three Penny Opera* — a collaboration of the 20th century German playwrights Bertolt Brecht and Kurt Weil. The letter was particularly concerned that this production wasn't faithful to the intent and language of these two playwrights, and as a result, diminished both the message and the theatrical experience.

I have seen other productions of this play and didn't find that our local one was so far off from what I have seen in the past (although the set design is clearly unique). I decided to do some research. Here's what I found: The script is the only translation that is sanctioned by the Weil Foundation for production in the U.S. Thus, although the local production company might have wanted to use another translation (assuming one is available), it is prohibited from doing so. The film that the letter writer mentioned (as adhering more closely to the original language and emphasis) was

POSSIBLE OPTIONS FOR EUREKA EMERGENCY RESPONSE VEHICLE



Terry Torgerson.

not approved by either Weil or Brecht, and in fact both authors sued the production company (for its handling of the script and music) and prevailed in court.

Our local theater companies struggle to deliver quality plays to a very diverse audience. They are to be commended (and supported) for doing so. I applaud them, and express my gratitude for their dedication and commitment to excellence. I hope that the community at large agrees with me.

Michele Fell-Casale, Eureka ●

Prostate Cancer

Are you trying to decide if you need a medical procedure for your prostate cancer, or another common condition like hip and knee arthritis or weight loss surgery?

We offer accurate, neutral and easy to understand information and can help you clarify your choices. This is a no cost service supported by Humboldt physicians.

The Health Decisions Center a program of the Humboldt IPA

707-443-4563

DR. PAUL DOMANCHUK
OPTOMETRIST

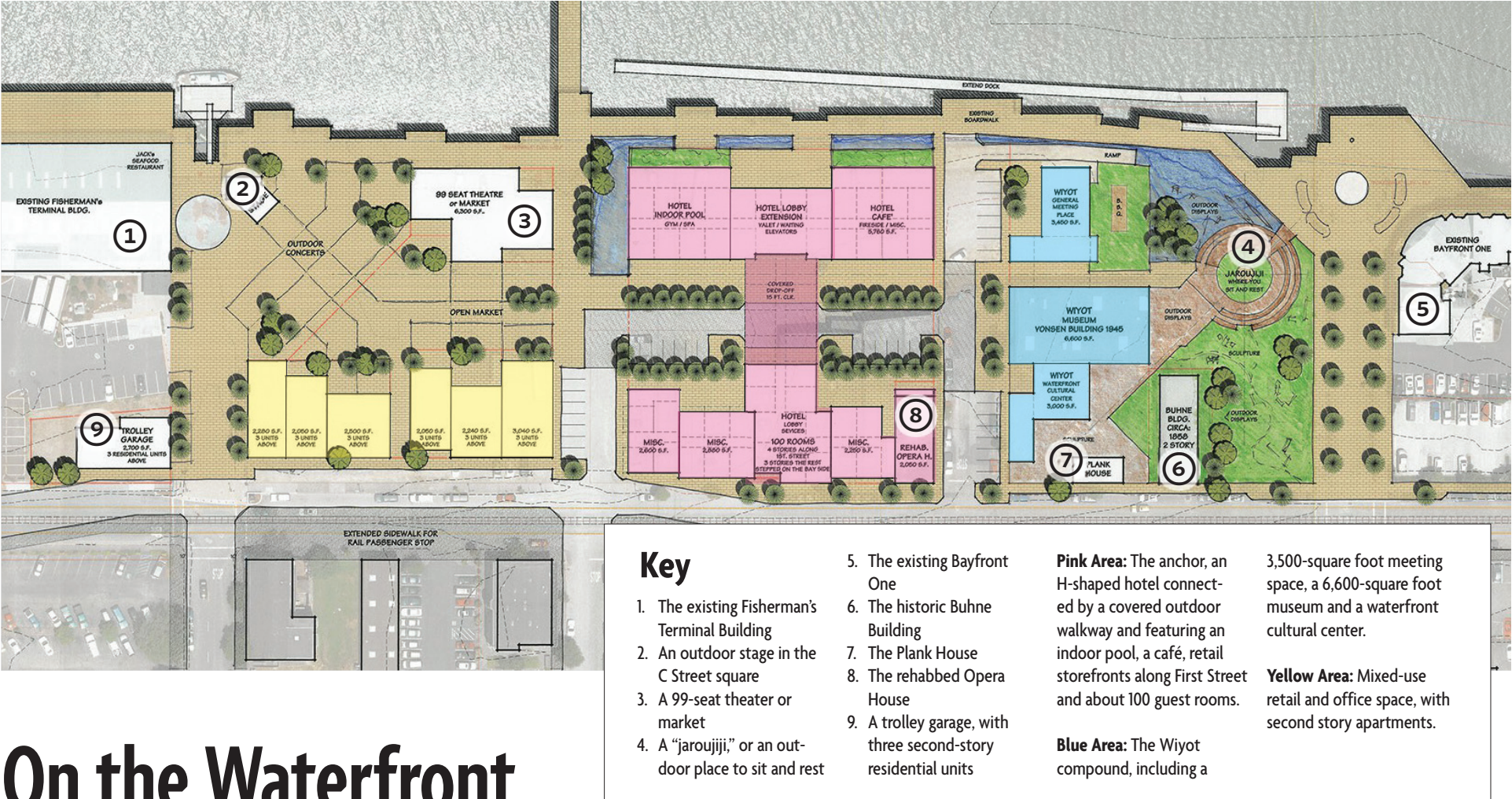
THE
VISION
CENTER

Providing Eye Care &
Eye Wear for over 50 years.

DR. KENNETH KAISER
OPTOMETRIST

Previously with Eye of the Phoenix
616 H STREET • EUREKA

443-1619



On the Waterfront

Developing a vision for a Eureka boardwalk

By Grant Scott-Goforth
grant@northcoastjournal.com

A hundred or so Eureka experienced a strange thing last week: A well-attended public meeting — about a major proposed development on a large, key piece of bayfront property — that was nearly devoid of rancor.

It's hard to say what resulted in the unilateral positivity; maybe those "I Like

Eureka" stickers are really working. Or maybe Community Development Director Rob Holmlund concocted the perfect amalgamation of public and private sector forces and unleashed them at a time when people are feeling optimistic about the community and the economy.

Holmlund invited the public out on a gray Wednesday to look over detailed

proposals for the vacant three-block space on Eureka's waterfront between C and F streets. It stretches from the Bayfront Restaurant building to the Fisherman's Terminal Building, which recently welcomed Jack's Seafood after years of sitting vacant. HealthSport occupies one of the lots, the falling-down Buhne Building another, but most of the space is a big gravel lot that attracts overflow parking and seagull-feeders.

Holmlund has been working for the last six months to develop a community vision for the space, which was originally Wiyot land. Last July, he held meetings to gather public input on what features peo-

ple would like to see in the plans. Arcata architect Kash Boodjeh developed five sketches incorporating different features people recommended: theaters, hotels, outdoor stages, farmers markets, a Wiyot cultural center and more. After sitting down with Holmlund and others this year, Boodjeh synthesized those five drawings into a sixth that they believe adheres to the public input and practical concerns — though Holmlund pointed out that it's strictly an overarching vision for the site, not a finalized design.

Shown above, the design features an

Continued on next page »

Pacific Outfitters

Arcata
7th & G, 707-822-0321

Eureka
5th & R, 707-443-6328

Ukiah
955 N. State, 707-468-6474

NEW FIREARMS COURSES AVAILABLE BOOK NOW!

BOOK NOW! PacificOutfitters.com

- HUNTERS EDUCATION (NOW ONLINE!) REQUIRES ONE CLASSROOM SESSION FOR FINAL TESTING.
- CCW CALIFORNIA CONCEALED CARRY WEAPON PERMIT & RENEWALS
- CCW UTAH (+35 STATES), ARIZONA & FLORIDA CONCEALED CARRY WEAPON PERMIT & RENEWALS

GEAR UP FOR SPRING



Adventure's Edge
Since 1970



FREE RACK INSTALLATION OR \$50 OFF*
* any rack system totaling over \$400
EXP 4/8/2016 not valid with any other offer

YAKIMA THULE





650 10TH ST., ARCATA 822-4673
125 WEST 5TH ST., EUREKA 445-1711
ADVENTURESEGE.COM • OPEN DAILY MON-SAT: 9-6, SUN: 10-5

FORBUSCO LUMBER & BUILDING SUPPLY

WEEKLY SPECIAL!

Sale Starts March 17th
Sale Ends March 30th





795 Per Pc.
Cedar Mill Plank
8 1/4" x 12'

Rustic Trim – New! In Stock



Rustic Trim
Features a raised texture that mimics wood, but unlike wood, it is resistant to warping and rotting.

11⁹⁵
5/4" x 4" x 12'
(1" x 3.5" x 12' actual size.)

18⁹⁵
5/4" x 6" x 12'
(1" x 5.5" x 12' actual size.)

James Hardie Building Products

Sealant



25% off Titebond[®]

Weathermaster Sealant
Specifically formulated to outperform all other sealant technologies, including silicones and urethanes. Clear, white or gray.

U-Haul Only... Limited Stock On Hand

CHECK BACK AGAIN TO VIEW OUR NEXT CIRCULAR

FORBUSCO LUMBER • 1784 SMITH LANE • FORTUNA, CALIFORNIA • (707) 725-5111

16-0006 CU COPYRIGHT 2016, CIRCULARS UNLIMITED www.circulars.com

ANTICH AUTOMOTIVE

COMPLETE AUTO & TRUCK REPAIR

101 2nd STREET, EUREKA • 443-4467

Spring Service Special

A \$69 value for just **\$39⁹⁹** + tax

Offer expires June 30, 2016. Some restrictions apply call for details.

- Lube, oil and filter change, up to 5 qts
- Brake check and tire rotation, as needed
- Test brake fluid
- Inspect cooling system
- Inspect belts and hoses
- Check under hood fluid levels and top off
- Inspect wipers
- 35 point vehicle inspection
- Road test vehicle
- Vehicle consultation






Free shuttle service within Eureka
Honest, quality auto and truck repair for nearly 40 years






101 2nd St, Eureka • 443-4467
M-F 7:30-5:30 • Sat 8-4

The North Coast Journal is seeking

Sales Representatives

Full-time position.

Apply by emailing résumé to
melissa@northcoastjournal.com

North Coast Journal
of Politics, People and Art

News

Continued from previous page

outdoor stage, small theater or indoor marketplace and apartments in the eastern block. The central block is filled by an "H" shaped hotel with a connecting second-story wing. The western block is an ode to the Wiyot, and features a cultural center, meeting place, museum and park area, among other things. The designs also feature "compatibilities" with Eureka, Holmlund explained, like alleyways, and focused on lines of site to the bay.

At the Feb. 24 meeting, Boodjeh, Holmlund and a six-person panel discussed the merits of the designs and opined on the practicalities of development. The city of Eureka owns much of the property between C and F streets, and Holmlund said the goal is to sell it to private developers who will build projects like the ones shown in the designs. Former City Manager David Tyson said that will require help from the city — pre-permitting, for example, will encourage investors to start building. Holmlund said he hopes to see construction in the next couple years.

Holmlund's office is currently doing a detailed parking analysis expected to show what kind of impact the proposed developments would have. The idea of a parking garage, located elsewhere, came up several times.

Panelists agreed the space has to have an anchor business to be successful, and the consensus was that a hotel, whether a boutique upscale inn or part of a chain, would make sense.

But that alone wouldn't be enough, said Mark Jones, an Old Town property owner and developer who sat on the panel. "People have been looking for an outside investor to come in and save us all," he said. "That hasn't happened, I don't think it will happen. It has to be small patchwork community investment."

That means a variety of uses — housing, offices, retail and restaurant space — that attract locals and tourists in equal measure. One audience member expressed concern about Eureka's waterfront becoming like San Francisco's Pier 39, which sells "plastic crap from China."

Scott Pesch, a commercial real estate agent who sat on the panel, said he had concerns about adding new retail space when Eureka has vacancies in the Old Town and downtown areas. Holmlund's office is also conducting a vacancy study for Old Town properties. But Pesch said an attraction like a bustling waterfront area can help fill empty storefronts downtown. He pointed to Arcata as an example; when he went to HSU in the 1980s everything was in view of the plaza, he said. "Now, it's three, four, five blocks beyond the square," he said.

The strongest voice of concern came from Old Town resident and *Journal* columnist Barry Evans, who stood up from the audience at one point and said he couldn't see anyone investing in the property while the boardwalk remained a gathering place for homeless people and drug users. "The boardwalk is not a safe place in the evening," he said.

Holmlund quickly dismissed the concern, saying the city has adopted an 18-month strategy for addressing homelessness and that it represented an overall different issue.

But panelist Astra Burke, who owns Many Hands Gallery, expressed similar concerns. She said safety is a major worry among tourists who shop at her Old Town store, and the image of Old Town makes a big difference in creating "positive memories" in the area.

The panelists seemed to agree that development would encourage cleanup — that a more attended, vibrant area would naturally diminish bad behavior. "That's the exact reason why we're here, is to put something positive into our community," Pesch said.

After all, Tyson said, the three-block area was a "nightmare for Old Town" in the 1980s, home to piles of garbage, drug activity and murders. Since the city purchased the property with redevelopment funds in the 1990s, the area has gotten safer and closer to development.

But it's been a slow process, and it remains a huge undertaking. "It's not an easy site to develop," Tyson said, and the city no longer has redevelopment money from the state. Laurie Lazio, a longtime Old Town figure who attended the meeting, said he thought the concepts were wonderful but said every waterfront development in Eureka he could remember was funded by redevelopment.

"We're still figuring that out," Holmlund said. "Just because it's hard doesn't mean we aren't trying."

And projects will need to take into account sea level rise. Steve McHaney, an engineer with GHD in Eureka, said after the meeting that the Coastal Commission requires waterfront developments to account for sea level rise through 2050, sometimes 2100. Depending on which study you reference, he said, that could mean tides 6 feet higher than they are today, on a waterfront where little else is being done to prepare for the rise.

Still, Holmlund said he was confident that developers could break ground in the next several years. In the meantime, he said, the city will look for interim uses for the empty lot, and he'll take his office's preferred design before the city council in the near future. ●

ARBOR DAY IN CALIFORNIA
IS CELEBRATED ON MARCH 7TH

PLANT A TREE AND
ENRICH YOUR LIFE

ALL
TREES

Our entire selection of container
and bare root trees are on sale.
Choose from flowering plums and
cherries, maple, birch, oak, golden
chain, cypress, pine, redwood,
cherries, figs, pears, apples, peaches,
plums, poplar, crabapples and
many more in a wide variety of sizes.

25% OFF

SALE PRICE GOOD THROUGH MARCH 14TH.

PIERSON BUILDING CENTER
4100 BROADWAY • EUREKA • 441-2700



Choosing the right medical cannabis

Can be confusing at first with so many different and unusual names and choices. That being said, it is much easier to find a medical cannabis product that will work for you once you have figured out what your desired effect is.

We are learning so much more about this wonderful plant all the time. We now know that aspects of cannabis such as the flavor, contributes to the effect. Remember, "The nose knows" – So trust your instincts and keep a personal cannabis journal to note how certain strains affect you. One very important factor in choosing the right medicine for yourself is that each strain has a limit to the amount and type of cannabinoids that can be received by your body at a certain time. This is why you gain a tolerance faster to certain strains and others seem to medicate the same way for longer. By choosing to use different strains, and different methods of ingestions, such as using edibles or vaporizing, it is easier to keep your cannabinoid receptors fresh and ready to be activated by the next type of medicine you are using. This will help you conserve your medicine and get the maximum effect from it, and it can also help to reach the desired cannabinoid balance you are looking for. Each patient has an individual reaction to each type of medicine tried, and experimentation with different types of strains and methods of use is essential for the new patient.



In very little time, you'll be able to determine what works best for you. We are here to help you find what will work best for your needs. Please feel free to come to us with any questions or concerns. We believe in the "Heart of Humboldt" and professional and compassionate care is what you will always receive here.

6th & I St., Arcata • (707) 822-9330

GLASSHOUSE
GARDEN SUPPLY

707-786-3904
597 FERNBRIDGE DR.
FORTUNA CA 95540

GREENHOUSES

KITS & CUSTOMS



NORTHCOAST HORTICULTURE SUPPLY

Have Fun in the Garden!

GREENHOUSE

- COLD FRAMES
- BLACKOUT TARPS
- 10 MIL POLY
- SOLAR FANS

TANKS -

- POTOPUS or BUSHMAN

SOIL (BULK/BAGGED)

- MENDO MIX
- OCEAN FOREST
- 707
- VERMIFIRE
- PROMIX

AMENDMENTS

- MR B'S GREEN TREES
- GUANOS
- CASTINGS
- COMPOST

SMART POTS

BAMBOO

FORTUNA
357 Main St.
707.725.5550

EUREKA
60 W 4th St.
707.444.9999

ARCATA
639 6th St.
707.826.9998

MCKINLEYVILLE
1580 Nursery Way
707.839.9998

NHS-Hydroponics.com

essential elements

e²=self-care

Celebrate 3 Years Of Wellness With Us!

Sign Up During March for an

Annual Spa Membership

and get a **\$30 credit** to shop local in our all new boutique!

Nurture yourself at

www.essentialelementsspa.com

(707) 839-7772 1639 Central Avenue, McKinleyville

History

By Linda Stansberry and
Grant Scott-Goforth

newsroom@northcoastjournal.com

A small crowd clustered at the top of the stairs of the Humboldt County Planning Department on the morning of Feb. 26, waiting for the doors to open. In their hands, they clutched land use permit applications for medical marijuana cultivation.

"We've been gearing up all week for a big day," said interim Planning Director Rob Wall, adding that extra staff were on duty to help local farmers file.

"You guys are taking cash, right?" asked someone in line, prompting a ripple of laughter.

Wall assured them that they were. The \$150 deposit paid to the department goes toward a two-hour meeting with a county planner to discuss the application and any changes that need to be made to the operation seeking licensing.

A young couple from Willow Creek, who only wanted to give their first names, Sam and Matt, said they were "really excited" as they waited in line.

"We're feeling as prepared as we could be. The application is about an inch thick," said Matt, adding that his wife had prepared most of it, including information about their labor practices, a site map and much more. "It was a lot of work."

"And a lot of hope," added Sam. "Being here, it's a mixture of weird and exciting."

The emotions of Rain on the Earth, a 71-year-old farmer from Garberville, were less diluted.

"It feels incredible," she said. "This is a real turning point for the state and county. We've been wanting to come out of the shadows for a long time."

Earth's great-nephew, Myles Moscato, was the first person to file an application, along with his aunt and father. The three generations were shepherd up to the counter by Wall as Luke Bruner, boardmember of California Cannabis Voice Humboldt, enthusiastically took pictures of the proceedings.

"History being made!" said Bruner.

Meanwhile, the county's already being sued over the newly enacted medical marijuana cultivation ordinance that paved the way for those business licenses.

The Humboldt Mendocino Marijuana Advocacy Project (HuMMAP) filed a lawsuit Feb. 26 challenging the county ordinance and seeking an injunction halting its implementation. If granted, the county would



Myles Moscato (center) holds the receipt for his application for a medical marijuana cultivation permit, the first in Humboldt County. He's joined by family members and Interim Director of Planning and Building Rob Wall (left). Photo by Linda Stansberry

have to stop issuing medical marijuana business permits. The lawsuit, filed by Berkeley attorney Rachel Doughty, says the ordinance does not comply with the California Environmental Quality Act.

The suit references the ordinance's accompanying mitigated negative declaration, an environmental report that essentially promises the ordinance will not have adverse environmental impacts in exchange for not having to complete a lengthy and costly impact study.

"The initial study upon which the [mitigated negative declaration] was based is replete with unsupported facts, insufficient bases and outright errors," the lawsuit reads. The suit claims the county failed to take into account habitat fragmentation, the impact of generator noise on spotted owls and greenhouse gas emissions associated with expanding grows. The suit also says that mitigations noted in the declaration don't appear in final language of the ordinance.

That mitigated negative declaration was the subject of lawsuit threats from environmental groups previously, when the planning commission recommended changes to the staff-drafted ordinance that the groups felt were too lenient. Concerned that a lawsuit would push them past a March 1 state deadline that would cede local medical marijuana regulation to the state, the Board of Supervisors reinstated much of the original draft's restrictions to match the staff-generated mitigated negative declaration. Since then, however, state lawmakers have lifted the deadline to put local ordinances in effect, so the HuMMAP lawsuit will not prevent the county from ever getting marijuana laws on the books even if it postpones enactment of the ordinance, or even invalidates it.



FORD20 INSURANCE

924 5th St. • Eureka • 707 273-5233
License #: 0H078382 • jfordinsurance.com

Cannabis & Hemp Insurance

General Liability • Product Liability • Crop
Dispensary/ Retail • Delivery • Property

Family Law Civil Litigation Criminal Defense

State and Federal Courts

Joan M. Gallegos & Paul V. Gallegos

707.441.8477

804 3RD Street, Suite C, Eureka

Humboldt Patient Resource Center

has been named the City of Arcata's
2015 Business of the Year!

We would like to thank everybody in the community for their continuing support!



Humboldt Patient Resource Center Mission Statement:

"Providing the highest quality medicine possible, safe access, and empowering patients with information."



hprcarcata.com
980 6th St. Arcata CA 95521
707-826-7988
Monday-Friday 10am-6pm
Saturday 11am-6pm

HPRC'S QUALITY CONTROL PARTNERS



Humboldt's Dreadlocked Baseball Hero

Humboldt-grown pro baseball player John Jaso is the subject of a fantastic article that came out this week on VICE Sports. In it, Jaso's former teammate Fernando Perez talks with Jaso about playing catcher, diva pitchers, being a Mon-e-yball player and the debilitating concussions he suffered two years in a row.

The *Journal* wrote about Jaso, a McKinleyville High grad, in 2014. He spent years in the Tampa Bay farm system before being called up as the team's starting catcher. Tampa traded him to Oakland, where he spent a couple seasons as one half of baseball's best catching platoon (meaning the team manager strategically started either Jaso or Derek Norris in the position, depending on the day's opponents).

This season, Jaso's on the Pittsburgh Pirates roster at first base — a position he's only played in two major league games, according to ESPN. It's the first in a two-year contract with the Pennsylvania team, which got knocked out of championship play by the Cubs in last year's National League wild card game. It's great news for Jaso, whose future in the majors looked iffy after his repeated run-ins with concussions.

Here are highlights from Perez's hilarious column; it's another account of Jaso as an approachable, goofy, thoughtful and charming guy. As Perez writes, "one of a

few handfuls of major leaguers who can actually blend in with society."
— Last year Jaso grew dreadlocks. Yes. He is apparently the first white player in baseball to do so, which completely solidifies his Humboldt cred.

— Jaso opens up about his concussions. "I took three bad shots in the same inning. I had never taken so many shots off the mask in a row like that. I was just expecting to shake it off like you would if you just took one or two and the next inning I go out to catch and I literally couldn't see the ball coming out of A.J. Griffin's (the pitcher's) hand. I wouldn't see the ball until it was like halfway to me."

— He also talks about nausea and throwing up in a garbage can during warm-ups as a result of concussions. It's both a testament to the psychology of "shaking it off" that pervades sports injuries, as well as an illustration of how misunderstood — or underappreciated — concussions are. The *Journal* talked with Jaso about his concussions previously ("Jaso at the Bat," Sept. 18, 2014), and wrote about new local concussion research extensively ("Putting Heads Together," Dec. 3), but his interviews in the VICE piece are enlightening.

It's a good read. And yes, this is Giants territory (even year!) but if you're not a Jaso fan, grab some pine, meat.

POSTED 02.27.16

Gala Glam



Peter, Hazel and Shirley Santino bring vintage glamour to the vintage lobby of the Eureka Theater during the Red Carpet Gala co-hosted by the Humboldt Del Norte Film Commission and the theater. The 88th Academy Awards and clips from movies with familiar locales played on the big screen while locals strutted their stuff. Visit www.northcoastjournal.com for a style slideshow. POSTED 03.01.16

— Jennifer Fumiko Cahill

Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

So Hum Crash Kills One: A crash on U.S. Highway 101 near Phillipsville left one person dead on Feb. 25. Police say 27-year-old Arcata resident Dillon Boots was speeding southbound on the highway at more than 100 miles per hour when he lost control of his vehicle.

POSTED 02.25.16

Willow Creek Crash Kills One: A single car crash on State Route 96 near Willow Creek on Feb. 29 left 34-year-old McKinleyville resident Stormy Joy McConnell dead. McConnell's two passengers received moderate to major injuries. Police do not believe drugs or alcohol were a factor. POSTED 02.29.16

Jury Selection in Priest Murder: Jury selection is underway for the trial of Gary Lee Bullock, who faces life in prison without the possibility of parole if convicted on charges that he tortured and murdered St. Bernard's pastor Fr. Eric Freed on New Year's Day 2014. Bullock has entered dual pleas of not guilty and not guilty by reason of insanity. POSTED 03.01.16

www.northcoastjournal.com/ncjdaily

[f northcoastjournal](https://www.facebook.com/northcoastjournal)

[ncj_of_humboldt](https://twitter.com/ncj_of_humboldt)

[ncjournal](https://www.pinterest.com/ncjournal)

[newsletters](#)

Digitally Speaking

12

The minimum number of lives saved this year by distribution of opiate overdose reversal drug Naloxone, according to the Humboldt Area Center for Harm Reduction. The Eureka City Council is preparing to endorse the center's work distributing the drug, which will allow the center to seek state and federal grant funding. POSTED 02.29.16

They Said It

"It gives me faith the system is working."

— Public Defender Heidi Holmquist, who successfully represented Jason Arreaga in a murder case that ended on Feb. 23. Arreaga, she said, was "extremely grateful of the process and the jurors who were able to listen to the case and take that responsibility." POSTED 02.26.16

Comment Of The Week

"Such a bad idea. Do not sign up."

— Deborah Fratkin, commenting on the county's new business license scheme for medical marijuana cultivators. POSTED 02.26.16

WINTER PHOTO CONTEST

We Humboldtians are a hardy lot. When the weather turns inclement, sure, we spend plenty of time with our be-socked feet propped up in front of the fireplace, but we also recognize that life can't stop because of a little liquid sunshine. In fact, many of us revel in getting outside and letting the elements whip across our skin. This winter, the rain and snow returned. And you took full advantage: You splashed, surfed, slid, skied, romped, ran and took long, contemplative hikes through the woods and along the seashore, breathing in the scent of wet soil and admiring our newly be-greened hills. And, lucky for us, you photographed it all. When the *Journal* put out the call for our winter photo contest, there was no way we could have anticipated the deluge of entries. From snowball fights and waterfalls, to cats, kids and dogs enjoying some fresh powder, it looks like everyone got out and embraced a real Humboldt winter.

And a very special congratulations to Sean Jansen, whose quintessentially Humboldt picture of someone on the beach eyeing a dark, ominous sky with surfboard and fishing pole in hand was voted our staff favorite. Enjoy your chocolate and wine filled night in Benbow, Sean. To view the 150 photos Sean's beat out for the top prize, visit www.northcoastjournal.com.

— Linda Stansberry





Left: Allison Marsh caught this photo of her son, Everett Marsh, 11, up on Horse Mountain on Dec. 21, just moments before the snowball in the background made impact.

Above: Sean Jansen caught this pair strumming and watching the sun go down near Camel Rock along Scenic Drive south of Trinidad on Feb. 8.

Continued on next page »

HOMELESS OR COUCH SURFING? GETTING KICKED OUT?

If you are under 22 years old, the Youth Service Bureau (YSB) may be able to help with short term or long term housing.

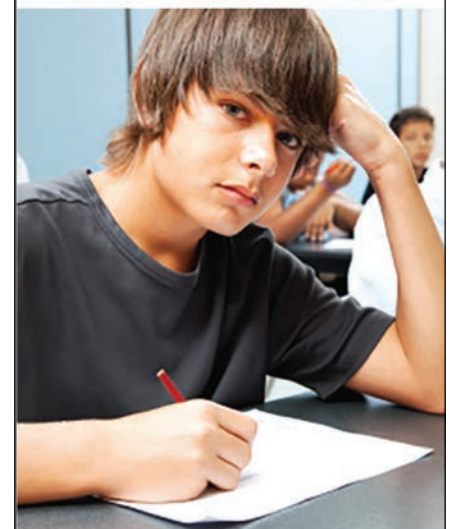
**Call (707) 444-CARE (2273)
24 hours. • rcaa.org**



Redwood Community Action Agency

*"Empowering People,
Changing Lives Since 1988"*

Change a life forever



Teach kids that their communities care about them. Become a foster parent. Foster parents are needed throughout Humboldt County. Stipends and other supports are provided.

If there's room in your home
for a child or teen, please call
707-499-3410



On the Cover

Continued from previous page

Clockwise from right:

Nancy Taylor spotted this rainbow appearing to burst out of a barn in the Arcata bottoms in late December.

Jim Etter captured this stunning shot in Clark Gulch, a tributary to the Mattole River in Southern Humboldt, on Feb. 8.

Ben Hamm caught this view from the hill in Salmon Creek on Christmas Day, which his dog Demar chose to photobomb.

John Meyer took this photo from the north jetty of a U.S. Coast Guard ship cutting through the waves on Jan. 7.





TUESDAY SENIOR DISCOUNT 10% OFF SATURDAY STUDENT DISCOUNT (w/ID) 10% OFF



PRICES EFFECTIVE
03/02/16 - 03/08/16



"Eel River
Organic"
BONELESS
BEEF FOR
STEW

\$6⁹⁹ LB



BACON
BBQ
CHEDDAR
BURGERS

\$3⁹⁹ LB



"Nature's
Path"
ORGANIC
CEREAL

SELECT FLAVORS
29.1-32 OZ

\$7⁹⁹



"Angie's"
BOOM
CHICKA POP

SELECT FLAVORS
4.8 OZ

\$2⁴⁹



"Blue Sky"
NATURAL
SODA

SELECT FLAVORS
6 PK

\$2⁷⁹ + CRV



"Field Day"
ORGANIC
PEANUT
BUTTER

18 OZ CRUNCHY
& SMOOTH

\$3⁹⁹



"Paleo
Passion"
PALEO
POPS

ALL FLAVORS
4 CNT

\$5⁹⁹



"Tofu Shop"
ORGANIC
SPICED
TOFU

ALL VARIETIES
8 OZ

\$3⁷⁹



"Lost Coast
Brewing
Company"

SELECT VARIETIES
12 PK

\$11⁹⁹ + TAX & CRV



"Blue
Bonnet"
WHEY
PROTEIN
PACKETS

ASSORTED FLAVORS
1-1.1 OZ

\$1⁹⁹ + TAX



ORGANIC
HASS
AVOCADO

CA GROWN

\$1²⁹ EACH



ORGANIC
GREEN
ONIONS

CA GROWN

79¢ A BUNCH

1450 Broadway, Eureka • 442-6325 • eukanaturalfoods.com • Helping you to live well and be healthy... naturally.

On the Cover

Continued from previous page



Jason Whitcomb was out for an evening run with his dog Shadow on Dec. 26 when he came across this striped shore crab sitting atop a small piece of driftwood. “As we approached,” Whitcomb wrote in an email to the *Journal*, “it raised its claw, perhaps as a warning to us or perhaps as a salute to the sun and dreams of Icarus.”



Larry Goldberg was out on New Year's Day when he came across this field of grazing elk snuggled beneath a layer of low-lying fog.

Dottie Simmons captured this shot of a rain chain frozen solid at her place on Buck Mountain, west of Dinsmore, during a Christmas cold spell.



Jonathan Webster | North Coast Journal

Photo Contest by the Numbers

We received 151 submissions from 52 people. Above is a breakdown of some of the more popular subjects. To see them all, visit northcoastjournal.com.

RESTAURANTS

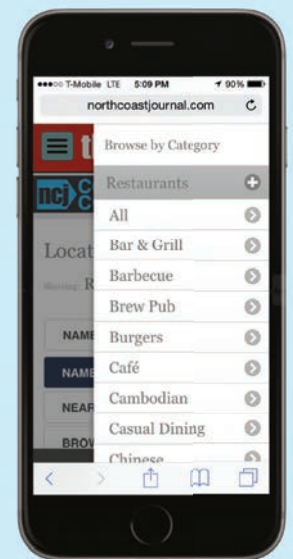
 **A-Z**

400+ Locations



online:
northcoastjournal.com

on-the-go:
m.northcoastjournal.com



Search by food type,
region and price.

Browse descriptions,
photos and menus.

North Coast
journal
of Politics, People and Art

High-Value Veggies:

Grow the right plants for your budget

By Genevieve Schmidt

downanddirty@northcoastjournal.com

While growing your own vegetables is often touted as a way of saving money, that hasn't been my experience. On the surface, it sounds like a \$3 pack of seeds can be turned into a bounty of fresh vegetables with only the minimal cost of water, but in practice, the costs of compost and fertilizer, crop losses due to pests, and, of course, the time spent weeding, watering and fussing can make homegrown food more expensive than the store-bought stuff.

A new book called *High-Value Veggies* by Mel Bartholomew (of Square Foot Gardening fame) tells us that by planting the right crops, we can experience all the benefits of growing our own — the better nutrition and flavor, the convenience of having dinner right outside the back door and the sheer fun of growing vegetables with our families — while still being mindful of the budget.

In his book, Bartholomew carefully analyzes the return on investment (ROI) of different vegetables so that you can get better bang for your buck in the garden. He compares the cost per pound at the grocery store to the cost per pound of growing the vegetable, and shares solutions to common growing issues that can ruin a crop or make it distasteful to grow at home. (Like having little bits of soil stuck in the rings of a leek — not the kind of crunch you were hoping for!) Here are his top picks on what to grow (and what to skip):

Good bets for your budget

Herbs

Bartholomew ranks herbs as the number one “veggie” in terms of ROI, and here on the North Coast we are lucky enough to have the perfect climate for growing them — well, except for basil, which continues to break my heart. But the woody and perennial herbs — rosemary, sage, oregano and thyme — need almost no watering or maintenance once established, and in return provide you with a constant and ample supply of healthy flavorings to cook with.

Parsley, both the curled and Italian flat leaf varieties, has done great in the partially shaded areas of my raised beds where the soil stays a little cooler and more moist (if the soil dries out the parsley can become tough and bitter). Since I like to juice, growing my own parsley saves me \$3 to \$6 per week.

Parsnips and turnips

By Bartholomew's calculations, potatoes are a loser crop for the cost-conscious (more on that later), but fellow root vegetables parsnips and turnips command a higher price at the supermarket and are easy to grow with few pest and disease issues. Parsnips are grown similarly to carrots, with seeds planted after the last frost in loose, well-drained soil. I love them roasted, in stews, or grated and made into fritters. Though they take four months to mature, it really is a case where a \$3 packet of seeds can turn into \$30 worth of vegetables with very little effort.

Though turnips command a lower price at the grocery store, they have the added benefit of being two crops in one. You get the greens, which are tasty braised with some of that pasture-raised ham or bacon from our local farmers, and the roots, which can be swirled in the food processor with milk and butter for a more flavorful approximation of mashed potatoes.

Garlic and leeks

Because garlic can be crowded and still do well, square-foot gardener Bartholomew places garlic high on the list of budget-friendly plantings given the large amount of crop that can be grown in a small amount of space. They can be stored for a long time, and make excellent hostess gifts. In the garden, that pungent smell also acts as a deterrent to pests.

“Leeks are a misunderstood garden gem,” says Bartholomew. “Offering a more elegant, understated flavor than yellow or white onions, leeks are every bit as easy to grow.” He addresses the exact issue that I've found when growing leeks in the past: When you mound up the soil around the base to increase the amount of area that stays white and extra tasty, little bits of dirt get stuck in the folds of the plant, making it



‘Gladiator’ parsnip.

Photo courtesy ReneesGarden.com

challenging to clean and eat. The solution? Stick an empty toilet paper tube around the base just before mounding the soil. It doesn't hurt the plant, and it keeps excess soil in the garden where it belongs.

Winter squash

Though I've been put off by winter squash because of the amount of space it takes up, Bartholomew recommends growing it up a trellis or other vertical support to keep both size and diseases in check. It also stores well, saving you time when it comes to preserving your harvest and reducing the likelihood of waste.

Silky butternut squash can be spiralized into skinny spaghetti shaped “noodles”, then chopped up to make a healthier and more flavorful alternative to rice. Then combine it with green olives, chorizo and seasonings to make a Spanish “rice” dish, or try your hand at a creamy “risotto” with vegetable broth and parmesan.

Low-value veggies

Asparagus

Given that asparagus starts are expensive, take a long time to mature and can be difficult to grow, Bartholomew puts asparagus toward the bottom of the list. That said, the plants are attractive enough that they can almost double as an ornamental, and it's hard to resist the fresh snap of a garden grown spear.

Green cabbage

With cabbage, the finger of blame points to the long growing season, and the large space each head requires. It's inexpensive at the grocery store and, for those reasons, Bartholomew recommends leaving cabbage cultivation to someone else.

Green beans

Though Bartholomew acknowledges that beans, and especially yellow and purple varieties, are tremendously fun for kids to grow, they are a “modest financial per-

former” given their low price at the store and the amount of time it takes to harvest each individual bean. However, if you do grow them, he recommends adding at least one scarlet runner bean to the mix to attract bumblebees and other pollinators.

Potatoes

Unfortunately, all varieties of potato came in dead last by Bartholomew's calculations. Given the low price of supermarket potatoes, and the occasional fungal infections that can run through your crops, he advises that budget conscious gardeners just pick them up at the store. However, like me, he admits that the enjoyment of growing potatoes and selecting unusual and heirloom varieties keeps him growing this “loser” crop year after year, finances be damned.

Anyone interested in eating fresh, local food won't want to miss the Field to Vase event coming up at Sun Valley Floral Farms. The SLOW flowers movement, with authors Debra Prinzing (*Slow Flowers*) and Amy Stewart (*The Drunken Botanist* and *Flower Confidential*), joins with local chefs Chris Hollen of Folie Douce and Tamra Tafoya of Café Brio for an evening of local flowers, cocktails, wine and a family-style dinner. Enjoy a tour of the Arcata flower farm, conversation with the authors and local floral designer Faye Zierer, and have an evening to remember. Get tickets at www.americangrownflowers.org/fieldtovase.



For a detailed monthly to-do list, visit www.northcoastjournal.com/GardenTodo.

Genevieve Schmidt is a landscape designer and owns a fine landscape maintenance company in Arcata. Visit her on the web at www.GenevieveSchmidtDesign.com.

The Laws of the (Schoolyard) Jungle

HSU's *Jungalbook*

By Pat Bitton

frontrow@northcoastjournal.com

Jenna Donahue bares her claws at Camille Borrowdale in *Jungalbook*.

Courtesy of Humboldt State University



Rudyard Kipling wrote the original *Jungle Book* stories in the 1890s while living in Vermont, but the root of the stories lies in colonial India, where he spent time as a child and young adult. There, stories abound of children snatched from villages by wolves, a very few of whom returned as children crawling on all fours, fearful of humans and unable to speak. Kipling's fables are in many ways typical Victorian moral tales, but overlaid with the rigid class-and-caste structure of the Raj and a liberal dose of English boarding school bullying – factors which live on in today's polarized society.

The stories in *The Jungle Book* have been widely retold in film (a new version hits the big screen in April) and theater, and it is this most widely performed adaptation, *Jungalbook*, that Humboldt State University students have brought to the stage of the Van Duzer Theatre. Written in 1984 by Edward Mast, *Jungalbook* takes the central tenets of the original stories and transports them to an urban playground where fourth- and fifth-graders are challenged to explore the laws of the jungle and reflect on the nature of their own interpersonal relationships, just as Kipling asked Victorian-era children to do.

The core story arc will be familiar to anyone who's read the books or seen the Disney movie: Wolf discovers human baby and accepts bear's challenge to adopt rather than eat it; man-cub makes journey of self-discovery, guided publicly by the wolf and secretly by the panther; wolf dies; man-cub seeks out humans, finds and frees captive elephant; tiger attempts to kill man-cub; man-cub outwits tiger using

human tools as well as jungle smarts and must now leave the jungle.

The HSU production, directed by Theatre, Film & Dance Professor Troy Lescher, departs from Mast's original script by switching the gender of two central characters. Camille Borrowdale believably portrays Mowgli the man-cub as a high-energy, acrobatic girl searching for her true identity in a compelling and engaging performance. The main protagonist, Sherekhan the Bengal Tiger, for whom "all ground is hunting ground" is also cast as female, but rather less successfully; while it's clear that Jenna Donahue is channeling the schoolyard bully-bitch, she seems to be wearing the role more than fully inhabiting it.

Standouts among the rest of the cast are Bryan Kashon as a deliciously campy Bagheera the panther, Josh Banuelos as a hysterically funny Dracula-esque Chil the kite, Rilo DeAnn as the menacing yet ultimately helpful Kaa the snake, Isabella Ceja as the giggling, toadying hyena, and Ashlyn Mather as the playful monkey Perchy. Solid performances from Hanah Toyoda as Akela, Ivan Gamboa and Roman Sanchez as her cubs, and Elio Robles as Hathi the elephant engage the audience and keep the story moving forward.

But what about Baloo the bear? In Lescher's production, his character (Matthew Hern) starts out as the teacher on duty during recess (the "urban playground" of Mast's original script), where he's surrounded by students intent on their mobile devices. As recess ends, he snatches the devices away from the students who, seconds later, have miraculously stopped whining about their absent devices and are all sitting in a circle clapping. The teacher

tosses them a box of scrap clothes from which they begin to fashion makeshift costumes while being informed of the laws of the jungle, all for reasons that are entirely unclear to the audience. At which point the teacher morphs into Baloo the bear and we return, thankfully, to the original Mast script.

While the idea behind this additional framing exercise is a good one, the execution does not do it justice. Once Hern moves into his Baloo character, his performance is much more assured, but the disruptions continue as he is required, again for reasons unknown, to cover scene changes by engaging the audience in rhythmic clapping exercises.

The scenic design by Derek Lane is minimalist but delivers a powerful atmospheric punch, particularly when fast-flowing water effects are required. Designer Alexander Stearns keeps the costumes simple with just enough detail to enable the actors to build an animal (or human) but not so much as to become cartoonish. The actors inhabit it and use their costumes effectively, and the voice and sound techniques designed by Lane and Cory Stewart help to bring both the human and animal sides of the characters to life.

Imperfect framing and uneven introduction aside, the parallels between the schoolyard and the jungle life are nicely drawn. The suck-up hyena, the preening, shallow tiger, the bratty wolf-cubs growing into self-conscious, overconfident adolescents are familiar characters in schoolyards everywhere, and Friday night's audience clearly appreciated the humor behind the lessons, with much laughter to be heard in the almost-full auditorium.

Jungalbook plays at the Van Duzer Theatre from Thursday, March 3 through Saturday, March 5 at 7:30 p.m., and on Sunday, March 6 at 2 p.m. Call 826-3928 or visit www.hsustage.blogspot.com.

Continuing

Outside Mullingar, an emotional and comic tale of late love in rural Ireland, begins with a preview performance at Redwood Curtain Theatre on Feb. 25 and runs through March 19 with 8 p.m. performances Fridays and Saturdays and a 2 p.m. show on Sunday, March 13. Call 443-7688 or visit www.redwoodcurtain.com.

Upcoming

Dell'Arte's Carlo Theatre heats up with **Keep the Fires Burning: A Dell'Arte Cabaret** on Friday, March 4 and Saturday, March 5 at 8 p.m. Expect musical numbers, acrobatics and maybe some bawdy humor, as this one is for grown-ups. Call 668-5663 or visit www.dellarte.com.

Dell'Arte MFA students, performers from Trajectory and Synapsis take over Redwood Raks on March 6 at 7 p.m. with **The Body Discourse Project**, which touches on the nature of bodies and minds, abilities and disabilities. Call 616-6876 or go to www.redwoodraks.com. For the performance at the Carlo Theatre on Tuesday, March 8 at 7 p.m., call 668-5663 or visit www.dellarte.com.

Howl at the moon with **Big Bad Wolf** from Windmill Theatre from Australia, which opens the Arcata Playhouse's 10th annual family series on Friday, March 11 at 8 p.m. and on Saturday, March 12 at 2 and 7 p.m. Call 822-1575 or visit www.arcataplayhouse.org. ●

Miller Farms POWER SHOP

SALES • SERVICE • PARTS

THE COUNTIES
LARGEST POWER
EQUIPMENT DEALER

FEATURING THESE
TOP OF THE LINE
BRAND NAMES

HONDA
Power
Equipment

Husqvarna
STIHL

- GENERATORS
- MOWERS
- LAWN TRACTORS
- CHAIN SAWS
- TRIMMERS
- LOG SPLITTERS
- WATER PUMPS

Miller Farms
839-1571
1828 Central Ave. McKinleyville
OPEN Mon. thru Sat. 8:30 am to 5:30 pm
millerfarmsnursery.com

HUMBOLDT FENCE CO.
LIC. NO. 880339
822-9511

Want something different?

- Industrial • Residential
- Secure • Durable
- Rust resistant
- Many colors



NEW LOCATION!

564 HWY. 36, FORTUNA
LICENSED-BONDED
CA CONTRACTOR #808339
RUSS@HUMBOLDTFENCE.COM

Hensel's ACE Hardware
Benjamin Moore

Kitchen Store • Furniture • Appliances • Old Fashioned Candy Store

10% OFF*
FINAL PURCHASE PRICE
with this coupon

*Excludes power tools.
Not valid with other discounts.

(707) 822-2965
884 9th Street, Arcata

DON'S RENT-ALL

Rentals • Sales • Service

442-4575
916 Broadway • Eureka, CA
(Corner of Broadway and Washington)
toll free: 800 500-4575
www.donsrentall.com

Eureka Art & Frame Co.



Professional, prompt, and
courteous service for over 30 years

(707) 444-2888
EurekaArtandFrame.com

Mon - Fri: 9:00 - 5:30 • 1636 F St., Eureka
ONE BLOCK NORTH OF WABASH

Great Selection, Low Prices, Friendly Service

Carpet Depot

Carpet • Hardwood • Laminate • Vinyl

(707) 442-3470
4485 Broadway, Eureka
www.thecarpetdepot.com

Success Starts With Soil



G&B ORGANICS
Harvest Supreme

Clean. Naturally!

GREEN EARTH CLEANING
You've never worn anything like it!

Norman's DRY CLEANERS & LAUNDRY
Since 1977



Eureka
442-2527
Burre Center

Arcata
822-3570
Sunny Brae Center

Fortuna
725-9003
743 Fortuna Blvd.

SINGING TREE GARDENS

GIFT CERTIFICATES
FOR PLANT LOVERS

839-8777
5225 Dow's Prairie Rd.
McKinleyville



Go Solar NOW For Only \$99 Per Month (o.a.c.)

SunPower Roof-Top System Only, 4.905 KILLOWATT DC. Lease must be signed by 4/3/2016.
Cannot be combined with any other offer. Void where prohibited. Details at WesthavenSolar.com

WESTHAVEN SOLAR™

Call us today (866) 575-4112
Visit us online WesthavenSolar.com

SUNPOWER® | Elite Dealer

CA Lic. 965111

YouTube f Twitter



**Gardening on
your patio is fun,
healthy and tasty!
We have everything
you need to start!
And a friendly staff
to help.**



Hours: 9am-5pm 7 days/wk • 822-7049 • 3384 Janes Rd • Arcata

METAL BUILDINGS

AGRICULTURE
COMMERCIAL
WAREHOUSE
RETAIL & MORE



- Green and sustainable
- Easy erection
- Starting at 600 sq. ft.
- 25 year warranty on paint finish
- Large range of sizes and designs available
- Insulated and non-insulated

**30x40x12 kit w/10x10 roll up door
and standard entry door, as low as
\$18,999**

*Foundation and installation are extra.
Many other sizes and options available.
Package price expires April 30th, 2016.*



KERNEN CONSTRUCTION

BUILDING & ENGINEERING CONTRACTORS
WWW.KERNENCONSTRUCTION.COM/VARCO-PRUDEN.HTML

707.826.8686

2350 Glendale Dr.
Arcata, CA 95519

SHADY LADY

WINDOW COVERINGS & DESIGN

HunterDouglas

ENERGY SMART STYLE SAVINGS EVENT
JANUARY 30—APRIL 11, 2016

Buy 4 Solera® Window Shadings or 4 Duette® Honeycomb Shades and get a \$100 Rebate! Plus \$25 Each Additional Unit

HunterDouglas Gallery

Solera® Soft Shades

* Manufacturer's mail-in rebate offer valid for qualifying purchases made 1/30/16 - 4/11/16 from participating dealers in the U.S. only. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a \$2.00 monthly fee will be assessed against card balance 7 months after card issuance and each month thereafter. Additional limitations may apply. Ask participating dealer for details and rebate form. © 2016 Hunter Douglas. All trademarks used herein are the property of Hunter Douglas.

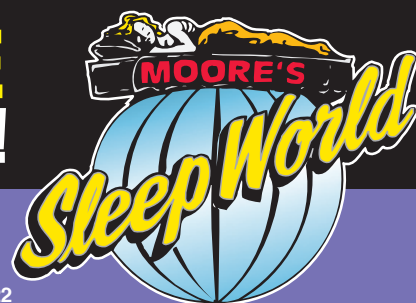
Shady Lady Window Coverings & Design 405 Henderson St. Eureka 707.442.1500
www.shadylady.biz California Contractor's License #772848

Blinds Shutters Shades Shadings

USE YOUR TAX RETURN TOWARDS A NEW MATTRESS



**LAST CHANCE
SALE ENDS SOON!**



MON - SAT 10 to 6 • SUN 11-5
www.mooreessleepworld.com

Arcata
707-822-9997

Eureka
707-444-2337

Fortuna
707-725-2222



Locally owned and operated since 1965

Crystal Springs Bottled Water

Artesian Water Bottled On Site
Delivered to Home or Office

**Affordable
Free Delivery**

3 & 5 Gallon Bottles
Wide Selection of
Dispensers & Cups

707-443-7171
CrystalSpringsHumboldt.com




Arbor Day Sale

March 1st-7th

20% OFF All Trees



millerfarmsnursery.com
839-1571
1828 Central Ave. • McKinleyville
Open Mon-Sat 8:30-5:30
Grow With Us!

Farmer Mac
Since 1963



HOME PURCHASES AND REFINANCES

30 YEARS
3.75%
APR*
3.841%

OTHER LOAN PRODUCTS ALSO AVAILABLE

707-443-8662

CALIFORNIA
STATE & FEDERAL EMPLOYEES
CREDIT UNION
1951 65th ANNIVERSARY 2016

321 Wabash Avenue • Eureka

WWW.CSFECU20.COM
f CSFECU20

 On approved credit. Maximum amount financed of \$417,000. Rates are subject to change at any time.
*Based on a loan amount of \$100,000.

Humboldt on Tap

History in a glass

By Carrie Peyton Dahlberg
tabletalk@northcoastjournal.com

Creamy foam, thick and pale brown, floats atop the dark brew Jacob Pressey sets on a comfortably cluttered bar at Humboldt Regeneration. Outside the roll-up door, rain hammers the corrugated green awning and douses the parking lot of this industrial strip behind McKinleyville's Central Avenue. Inside, beer fans are in hoodies and knit caps, idly petting Sitka, a big white shepherd who sometimes hangs out here with his owner. The guy next to me is drinking one of Pressey's "improperly hopped ales," a series of brews that cater to — and poke gentle fun at — hopheads like me.

Pressey only serves tasters of what I'm about to drink, a beer like nothing else you can buy from any Humboldt brewery. It is a gruit — an ale bittered with herbs, roots or other ingredients instead of hops — but it's not just any gruit. This one is also made entirely of Humboldt-grown ingredients.

The yeast, starting from a commercial strain of Wyeast Laboratories in Oregon, has multiplied and divided in Pressey's brewery tanks so many times that he figures every cell is now made in Humboldt. Most of the barley grew on land that Pressey farms in McKinleyville and the rest came from Southern Humboldt. The honey came from Fieldbrook. And the bittering agent was reishi, a mushroom with a long history of medicinal lore, raised by Mycality Mushrooms in Arcata.

Yes, this is mushroom-bittered beer. Delicious mushroom-bittered beer. It's dry and earthy, a little like a porter but without much malty sweetness. This Black Grut Bier is on a nitro tap, getting its bubbles from a blend of 75 percent nitrogen and 25 percent carbon dioxide. Like most nitros, it has a rich, creamy mouth feel. I love this gruit because it's complex and flavorful, because it's Humboldt in a glass and because it's history in a glass.

Before the ascendancy of hops, brewers used gruit (sometimes spelled grut) for flavoring and preserving beer, and for creating all sorts of real or imagined effects. (Aphrodisiac, anyone?) Gruit refers

to a medley of plants that varied depending on everything from growing conditions to local tax and land ownership rules. Common medieval ingredients included rosemary, yarrow, juniper and lavender, along with mugwort and bog myrtle. Contemporary craft gruit brewers stick with the early palate or get wilder: lemon grass, caraway, clover tops, heather tips, cherry bark, mushrooms.

But it's hard to find gruits. Even at the more adventurous craft breweries, you're more likely to find beer that includes other herbs or spices along with the hops, rather than an entirely hop-free brew. International Gruit Day, established three years ago in an effort to popularize a gruit revival, lists just 30 participating breweries on its website for 2016, mostly in the United States and Canada. By comparison, there are hundreds of craft breweries in California alone.

So we're lucky that the style is brewed here at all, and luckier still that Pressey brews more than one. He's made several batches of his much sweeter, saison-evoking Cabernet Thyme Gruit, which is also on tap now. It's an interesting brew, and Pressey tells me it's the customer favorite among his gruits so far. He's planning another gruit soon with lavender, honey and sage.

If you want to taste his mushroom-bittered beer, don't wait too long. Pressey didn't make much of it, which is why he's only selling tasters, and he doesn't plan another all-Humboldt beer until his crops come in this fall.

Once Pressey's gruits pique your interest, you'll be primed for the myriad flavors and brewing styles at next month's **Humboldt Homebrew Festival** at the Arcata Community Center from 2 to 8 p.m. on Saturday, April 2 (\$45, \$40 advance). For sheer verve and variety, you won't find a better local beer fest, and it benefits Engineers without Borders. This one has sold out in advance the past two years, which is why I'm mentioning it now. You can buy tickets at Wildberries or online through Brown Bag tickets, and keep an eye on the festival's Facebook page so you can



Jacob Pressey created his “Black Grut Bier” from local mushrooms, barley and honey — but no hops. *Photo by Carrie Peyton Dahlberg*

get yours before they're gone. Meanwhile, there's March.

A Date With Beer

Today through mid-March: Check out the boozy, intense world of **barley wines** during a rolling barley wine festival at Dead Reckoning Tavern in Arcata. Sets of five or six varieties will be on offer, culminating with a final round of favorites in mid-March.

Thursday, March 3: Talk about making beer, learn from experts and taste examples during the Humboldt Homebrewers monthly meeting, at 7 p.m. at Humboldt Beer Works in Eureka. Free to attend, \$20 for an annual membership.

Saturday, March 5: **Mad River Night** at Siren's Song Tavern in Eureka, with taps devoted to specialties and favorite standbys. Get your Mad on without driving to Blue Lake.

Early March: The **White Chocolate Grand Cru**, a Belgian triple spiced with

Valencia orange peel and white chocolate, is expected on tap at Six Rivers Brewery in McKinleyville.

Saturday, March 12: **The Local** beer bar in Eureka celebrates its fourth anniversary from 2 to 11 p.m. Expect a wide range of rare and aged beers, along with special food offerings.

Sunday, March 13: Salve your sleep-deprived soul with an all-day happy hour at Mad River Brewery in Blue Lake, in honor of **Daylight Savings Time**.

Save the dates for **Beer Week**, which has shifted from fall to spring this year. Stay tuned for info on the parties, pairings and special events April 1 to 10 beginning with the homebrew fest.

Send your Beer Week events and other April beer news to Carrie Peyton Dahlberg at beerstainednotebook@gmail.com.

What's New?

Savings

Shop our sales flyer for reduced prices on grocery essentials, treats and eats from our Deli and Bakery, specialty products and locally made goods. Flyer available in stores and online.

www.northcoast.coop



News

Member Giveaway, Recipes, Co+op Basics program, 35th annual Atalanta Victory Run registration, Co-op updates, and so much more! Read all about it in the March issue of the *Co-op News*, available in stores and online.

www.northcoast.coop



Classes

Our Community Kitchens offer a variety of classes for different skill levels and dietary needs. Co-op members save 20% on all classes! Pick up a schedule in stores or view it online for class descriptions and registration information.

www.northcoast.coop



NORTH COAST
CO-OP

Natural Grocer and Cooperative

811 I Street, Arcata • 254th Street, Eureka





The Bounty of the County

Chicken portraits, spore prints and gyotaku by Matthew Rooney

By Gabrielle Gopinath

artbeat@northcoastjournal.com

"Golden Wyandotte" by Matthew Rooney.

Courtesy of the artist

After my bantam Bootsy survived two visits from the neighborhood hawk, I began taking shallow depth-of-field morning poultry portraits," said Matthew Rooney. This month Rooney shows pictures of chickens, local produce and fungi at Ramone's under the series title *Myrtletown*. He shot the images with a Nikon D800 camera in natural light, and every bud, fowl and 'shroom in the show has been accorded the consideration due a centerfold; it's evident Rooney has art-directed these square-format portraits as meticulously as though he were shooting a fashion campaign.

"I wanted the portraits to be window-lit, with shallow depth of field. The gradient of light flatters the subject, while the narrow focus gives the photo dimension," Rooney said. He decided to center his subjects against black velvet, flooding them with natural light from an adjacent window. The effect of this lighting scheme is chilly and yet soft, like the northern light that slips through windows in Vermeer's paintings of interiors. Cool illumination underscores

each gill and feather with a pinstripe of shadow. The birds rise brightly before the ambient darkness. No two hens' plumage is alike.

One alert, long-legged hen slicks her russet feathers snugly over her plump breast, and we see that each individual red feather is tipped with velvety black, like a letter of condolence. Another hen sports a constellation of bluish-white spangles that seem to have been appliquéd freehand against a fringy backdrop of mahogany and gold. She looks like an empress in a Byzantine mosaic. Looking at this photograph, you get why the appellation mille fleur, or "thousand flowers," was coined for bantam chickens like this one, first bred in the Dutch city of Uccle.

Rooney's photographs make a case for the inherent pleasure in the drawing of fine distinctions. Both chickens and fungi come in a dizzying variety, and being able to visually differentiate between breeds or species is vital to mycologists and poultry fanciers alike. These photographs seem designed to reveal how many shades of variation exist within the categories "chicken" and "fungus."

While many of the photographs here are individually compelling, the series exists most powerfully as an archive, with each image seen in relationship to the others of its kind.

The fungi portraits began as images created for taxonomic study. Mushroom caps appear severed from their stems and centered on pale gray backgrounds. Some images show caps from above. Others invert the caps to reveal the gills, which are even more crucial for identification but often not readily visible in natural settings. From a distance, they all look like erratically contoured mandalas.

These mushrooms may have been taken out of the forest, but they are obviously still of the forest — wild things with bits of redwood duff and other humus miscellany still clinging to their gills. They look just-picked. One photograph memorably captures the shingled, almost charred appearance of the areola-like dark zone at the center of a deer mushroom's cap. Another foregrounds the labyrinthine complexity of a blewit's in-folded, luminescent gills.

Some of these fungi pictures are actually

not photographs of mushrooms at all, but photographs of spore prints. Spore prints are traditionally a key element of mushroom identification in mycological circles. Prints are made by allowing severed mushroom caps to rest on a level surface under controlled conditions. In a matter of hours, the dust-like spores clenched invisibly within the gills release their hold and come to rest in a pattern that replicates the mushroom's gills in exact reverse. The resulting images, variously colored white, beige, black, pale yellow or rose, can look disarmingly like photographic negatives.

"Spore prints and photographs are very similar," Rooney observed. "Both are allowing you to see what's around you." He likened the spore print to early 19th century photographic processes based on the direct exposure of photosensitive materials to the sun. "Like the daguerreotype, where silver was activated by iodine and sunlight and the heated fumes of mercury formed white particulate ... the mushrooms react with light and heat and deposit many hues of color.

"I generally make spore prints in 24 hours on glass, then photograph them and reuse the glass. I have a preference for mushrooms that deposit white spore. The white spore on glass reminds me of historic photographic processes," Rooney says.

In addition to these photographs of prints, the exhibition also includes a couple of actual monprints made using the brilliantly straightforward Japanese style of printing known as gyotaku, which involves pressing rice paper onto an actual fish that's been inked. In these contact prints of steelhead and salmon, the level of detail the process yields is remarkable. Each scale is rendered with precision, even as the monochrome printing process lends the image a degree of abstraction and formality. You could think of these prints as plainspoken trophies — fish stories that, unlike most, leave no room for exaggeration. ●

OLD TOWN'S PREMIERE TATTOO STUDIO

FULL CUSTOM TATTOOING

STOP BY AND CHECK OUT OUR TATTOO-RELATED ART, ANTIQUES & HISTORY

WALK-INS WELCOME
APPOINTMENTS PREFERRED

**TUES-SAT
11 AM - 7 PM**

**138 2ND ST.
EUREKA, CA
(707) 443-0666**

• **FEATURING** •

HENRY KRÜGER
...

STACEY KEILITZ
...

JOHN LOPEZ

PROUDLY SERVING THE FINEST ORGANIC COFFEE, TEA & TREATS.

1603 G St., Northtown Arcata

Arts Alive!

Saturday, March 5, 6-9 p.m.

Presented by Eureka Main Street. Opening receptions for artists, exhibits and performances are held the first Saturday of each month. For more information, call 442-9054 or go to www.eurekamainstreet.org



JB Packer, F Street
Foto Gallery.
Courtesy of Arcata
High School.

A TASTE OF BIM 613 Third St. Nancy Flemming, paintings.

ADORNI CENTER 1011 Waterfront St. "Sticks-n-Stones," Gordon Trump, sculptures, plus Kyoko Clark, Barbara Saul, Paul Ricard, Soheila Amin.

ALIROSE 229 F St. Susan Strobe, floral paintings.

BAR FLY PUB AND GRUB 91 Commercial St. Kathleen Bryson's private collection.

BAYFRONT RESTAURANT 1 F St. Plaza Richard Dunning, paintings.

BECAUSE COFFEE 300 F St. "An Evening with the Lokitrees," mixed media art by Ewok Lokitree and Rustyfern Lokitree.

BELLA BASKETS 311 E St. Robin and John Praytor, mosaics. Introducing Humbolicious Tasting Bar, sample locally produced Humboldt products.

BLACK LIGHTNING MOTORCYCLE CAFÉ 404 F St. John Meyer, photography. Music by Mike Craghead and guests.

BOLLYWOOD INDIAN CUISINE 535 Fifth St. Music by Seabury Gould and Rahman.

C STREET STUDIOS & HALL GALLERY 208 C St. "Facetime," multiple artists.

CAFÉ NOONER 409 Opera Alley Phillip Shuman, drawings. Music by John Myers and Jim Silva.

CALIFORNIA MENTOR 317 Third St. The Studio, group show. Music TBA.

CHAPALA CAFE 201 Second St. Kylan Luken, photography.

CHERI BLACKERBY GALLERY and THE STUDIO 272 C St. "Queen of Pop," Lisa Green, paintings and sculptures.

CIA (Center for Insane Artist) GALLERY 618 Second St. (above the Art Center Frame Shop) Marnie Cooper, Kat Bones, Blake Reagan and Barry Post.

CLARKE HISTORICAL MUSEUM 240 E St. New exhibits up on Humboldt County in the 1940s: women's fashion, beginnings of WWII and HC folk art.

DALIANES TRAVEL 522 F St. Garland Street Studio Group, paintings. Music by Wynsome Winds.

DICK TAYLOR CHOCOLATE 4 W. Fourth St. Steve Taylor, artwork. Also free samples of drinking chocolate.

DISCOVERY MUSEUM 612 G St. Kids Alive 6-9 p.m.

EMPIRE LOUNGE 415 Fifth St. Open Mic poetry, singing, rap and spoken word. All ages.

EUREKA BOOKS 426 Second St. "The North American Indian," Edward S. Curtis of the Hupa, Karuk, Yurok, and Klamath Indians, original photogravures.

EUREKA THEATER 612 F St. Eureka Theater birthday celebration with free screening of *The Wizard of Oz*, 6:30 p.m.

EVOLUTION ACADEMY FOR THE ARTS 526 Fifth St. "The Demo Show," Brent Eviston drawings and paintings.

F ST. FOTO GALLERY at Swanlund's Camera 527 F St. "Impressions & Perceptions," Arcata High School photography students, digital photography.

GALLAGHER'S IRISH PUB 139 Second St. Ron Thompson, oil paintings.

GOOD RELATIONS 223 Second St. Doug Freie, acrylic paintings.

HERE & THERE 339 Second St. Reuben T. Mayes.

HSU FIRST STREET GALLERY 422 First St. "Just Cause," Donovan Clark and Jeremy Hara, sculpture, paintings, drawings, and mixed media, and "Chronic Fatigue," Walter Early and Benjamin Funke, sculpture and photographs.

HUMBOLDT ARTS COUNCIL at the Morris Graves Museum of Art 636 F St. **Performance Rotunda:** Music by Good Company. **William Thomson Gallery:** "Hybrid," Ken Graves, John Hundt, Catie O'Leary, and Vanessa Woods, paper ephemera and found material. **Knight Gallery:** "Musical Chairs," Dean Hunsaker, a meditation on the recent economic crisis using various compositions of decomposing chairs which are always vacant. **Anderson Galleries** "Trapeze Paintings," Clay Voorhees, paintings.

Homer Balabanis and Humboldt Artist

Gallery: Featured artist Jody Brown. **Youth Gallery:** "Impulse & Intuition: Self Expression in Abstraction," Zoe Barnum High School Visual Art students, paintings.

HUMBOLDT BAY COFFEE 526 Opera Alley Winn Wright, color pencil drawings, and watercolors. Music by Kenny Ray and the Mighty Rovers.

HUMBOLDT CHOCOLATE 425 Snug Alley Rob Hampson, artwork.

HUMBOLDT HERBALS 300 Second St. Renee Thompson, paintings. Music by Leah Tamara.

JACK'S SEAFOOD RESTAURANT 4 C St., Suite B Richard Dunning, paintings.

KINETIC MUSEUM 110 Third St. (Door G for the Glory. In the alley across from the front of the Co-op) "Inspiring Girls," North Star Quest Camp community art show celebrating Women's History Month.

KUTTHROAT BARBER LOUNGE 415 Opera Alley Jackson Falor-Ward, artist.

OLD TOWN ANTIQUE LIGHTING Second and F Sts. John Palmer, landscape oil paintings.

OLD TOWN ART GALLERY 417 Second St. Featured artist Polly Tombs, stained glass win-

Continued on next page »

BOOKLEGGERS

"In a good book the best is between the lines."
- Swedish Proverb

Used Books • New Books

Special orders welcome for new books!

402 2nd Street • Corner of 2nd & E • Old Town, Eureka • 445-1344

BRICK & FIRE

...a bistro

Great food,
great wine, great fun!

LUNCHES WEEKDAYS • DINNERS EVERYDAY
BUT CLOSED FOR BOTH ON TUESDAYS

reservations never hurt! 707.268.8959

BrickAndFireBistro.com
1630 J ST. EUREKA
707.268.8959

2 doors DOWN

Relax, rejuvenate, reflect
over a nice glass of wine.

open every day at 4:30
closed on Tuesdays! We're on F St.
between Henderson Center & Old Town
Come on by! 707.268.8989

2DoorsDownWineBar.com
1626 F ST. EUREKA
707.268.8989

Arts Nights

Continued from previous page

dows, wall hangings, intricate marbles of all sizes, and more. Upstairs mezzanine features works by our 2D artists. Each artist has a wall to hang their own work salon style.

OLD TOWN COFFEE and CHOCOLATES 211 F St. Beth Gin, mixed media. Music by Jim Lahman Band.

PIANTE 620 Second St. Phyllis Barba and Tina Rousselot, paintings.

PRIMATE TATU 505 H St. Michael Arneson, artwork.

RADIANT LIVING GALLERY 325 Second St., Suite 302 Connie Breedlove, drawings.

RAMONE'S 209 E St. George Ventura, photography. Music by Smith and Lewing.

REDWOOD ART ASSOCIATION 603 F St. "Portraits," mixed media.

REDWOOD CURTAIN THEATRE 220 First St. Egyptian Death Masks, Kylah Rush's 6th Grade Freshwater School class. On display in the gallery until our current play "Outside Mullingar" opens at 8 p.m.

REDWOOD MUSIC MART 511 F St. Music by the Good Old Boys.

SEAMOOR'S 418 Second St. Vintage Mickey Mouse collection on display.

SHIPWRECK! 430 Third St. "faraway places with strange sounding names," Barry Evans, photography.

SIDEWALK GALLERY at Ellis Art and Engineering 401 Fifth St. "Divas," Kelly Alaniz.

SMUG'S PIZZA 626 Second St. Brandon Garland, pen and ink.

STEVE AND DAVE'S First and C St. Barry Evans, photography. Music by Dr. Squid.

STONESTHROW BOUTIQUE 423 F St. Tony Williams, photography. Orr Marshall, drawings.

STRICTLY FOR THE BIRDS 123 F St. Gary Bloomfield, artwork.

STUDIO 424 424 Third St. Nicole Jean Hill, photography.

TAILOR'D NAILS AND SPA 215 Second St. Rob Hampson, artwork.

THE BODEGA 426 Third St. "Mystic March," tarot card readings, and art work.

THE LITTLE SHOP OF HERS 416 Second St. Mo Eubank, paintings.

THE LOCAL 517 F St. "blow up," Joseph Sandoval, photography.

THE PHILOSOPHER'S STONE GALLERY 218 F St. Marisa Kieselhorst, watercolors.

THE SIREN'S SONG 325 Second Street, Suite 102 Jeff Hunter, mixed media.

TRUCHAS GALLERY/LOS BAGELS 403 Second St. "Return to Humboldt," Steven Lemke, dry pastels, and "Solid in Humboldt," Linda Erickson, garden art.

WOLF DAWG 525 Second St. "Abstracts in the Back Room," Reuben T. Mayes. ●

Get Out

Mush!

Dog sledding in Humboldt

By Amy Barnes

getout@northcoastjournal.com

“You’ll want to hang on for dear life,” Sara Borok says, handing me a helmet. “It’s going to be a bumpy ride.”

We’re going on a training run with the Northern Humboldt Sled Dog Team. Borok, a local dog trainer and canine fanatic, says mushing must be in her DNA, and admits that as a kid she used to fasten a box to her cat and run it. Eventually, she got a dog and about five years ago joined friend Liz Kimura in co-founding our local dog sled team.

The team is made up of purebred female Siberian huskies. When there’s snow in the hills, they head east to the mountains to train. Other times, they run at the beach or the McKay Tract in Eureka. On the Sunday we meet up, they’re going for a sprint around Myrtle town.

She warns me about the noise before the dogs show up. “It’s going to be really loud.” Sure enough, the dogs arrive, hurtling from cars in a riotous, booty-sniffing chorus. Their unhinged cacophony sounds like a mix of barking sea lions and ebullient primates.

Waiting at the edge of the road is a small kick sled on wheels with a row of harnesses laid out in front. As Borok secures the six dogs to the sled, she explains their arrangement according to ability and personality. The pair who steer the sled are at the back, the middle two have the power and the front two are in lead position, steering the other dogs. Borok hops on the sled, I crouch, helmet secured, on the little seat behind the dogs and we’re off.

Now silent, the dogs careen through the streets. Human team members on bicycles scout for traffic. Kimura flanks the group with her Volvo — pulling alongside us now and then to form a visual barrier between the dog team and any distractions. “Cats are a problem. So are other dogs,” says Borok, especially on popular trails and urban routes. Standing at the back of the sled, she works the brakes and relays commands. “Easy girls. On by. On by,” she



Mushing through Myrtle town.

Photo by Liz Kimura

calls, encouraging the team to continue past a leashed corgi, who spectates from the sidewalk on stubby legs with what I imagine is a considerable degree of envy.

The team is a common sight in the neighborhood. People smile and wave as we bump and clatter through intersections and up hills. The sled’s wheels emit a rhythmic metal squeak, and the plastic foot brake scrapes the asphalt as we slow through a corner. When we return to our starting point, a team member is waiting with a fresh bowl of water for the dogs, who are petered out, but seem quite pleased with themselves.

Borok says the team has been clocked at 18 miles per hour, but only for a block or two. “We’re not terribly fast,” she says laughing. “We’re a bunch of couch potatoes, really. That’s what I wanted to name the team — The Couch Potatoes. But everybody was like, ‘Nooo!’”

Team membership is fairly relaxed. “Our motto is ‘Always Recruiting,’” says Borok, who adds that the group’s mission is to “promote the sport of dog sledding in a happy, healthy dog training environment.” The team isn’t ferociously competitive, preferring instead to have happy dogs and enjoy the ride. You don’t have to own a dog to join the team. There are many ways to get involved and provide support, like giving talks at local schools and helping with sled dog trials, demos and fun runs. As unlikely as it sounds, there are actually two sled dog teams in Humboldt County, though The SoHum Sled Dog Team, based in Garberville, is on hiatus.

Siberian huskies aren’t the only breed that’s run with the Northern Humboldt Sled Dog Team. For a while it had a spicy

little beagle who could pull 875 pounds. A pit bull even ran for a time. Borok thinks dogs instinctively know to pull a sled.

“Every dog I’ve hooked up has been like, ‘Oh! I get to run?’”

The lack of snow on the West Coast the past few years has made for slim pickings in the dog racing world, as most events were cancelled across the region. Borok was thrilled to take the team to the Chester Winterfest Sled Dog Races last month. She reports that on day one, the dogs were in the lead for the first half of the race, held second for most of the hill climb and finished fourth. The team didn’t complete the second day of the race, Borok says, “but we had a blast, and are heading back up there for Mushing Boot Camp in April.”

Borok started working with Siberian huskies back in 1988. She plans to retire in a few years, load up her dogs and head to Alaska to run sled tours for cruise ships. For now, she competes with her dog Karma in obedience trials and rallies. Karma is a lead dog in sledding, has a barn hunt title and recently started agility training. In competitions, she’s placed among the top 100 huskies in the country. “Karma can do it all,” Borok says, “She’s a once in a lifetime dog.”

You can meet Karma, Borok and the team at the 29th annual HumDog Expo on Sunday, March 6, from 10 a.m. to 6 p.m. at Redwood Acres Fairgrounds in Eureka. The Northern Humboldt Sled Dog Team is hosting an educational booth presenting two sled demonstrations.

Further information is on the Northern Humboldt Sled Dog Team Facebook page, where you can message Borok for membership details. ●

Frost Ahead, Frost Behind

By Andy Powell

thesetlist@northcoastjournal.com

Steve Kimock, no stranger to Humboldt County, returns this week to share new songs from his upcoming release, *Last Danger of Frost*. Frost is not yet firmly behind us here, and the tone of Kimock's guitar sounds at times crystalline and icy, but never cold. Some of the acoustic tracks off of the instrumental album recall the warmth of the have-been and the soon-to-be spring and summer months. Known as a master of the jam band scene, Kimock never feels like he's straying too far out beyond the point of no return on the album. There are plenty of moments of wandering throughout, but rarely do the songs invoke a sense of being lost; rather, they let the unknown path gently unfold before us.

Kimock, a veteran of the California psychedelic scene, has had the honor of playing with much of the extended Dead family, including Bobby and Phil, Bruce Hornsby and the Godchauxs. His offering to Humboldt (more below) will be "more acoustic, contemplative, ambient and electronic" than some of his previous work, but that easily fits into the local sonic landscape. With joyful meanderings that align with the introspection and wonder that come with the winter months, there is also plenty of light-hearted humor that weaves its way into many of these songs. In "The Artist Dies and Goes to Hell," a short guitar tune is eventually overtaken and drowned out by the sound of chatter we're all too familiar with from live concerts. The guitar persists, but eventually yields to the sounds of the crowd, something you'll hopefully be spared from when Kimock performs in Redway. Soon to be released, *Last Danger of Frost* comes to us right before the Vernal Equinox, a reminder that although the season's change is upon us, the frost is never far behind.

Thursday

You can ease into the weekend at the Clam Beach Tavern with **BLAZZ**, which I'm told is comprised of Frank Anderson and Mark Jenny playing "blues, jazz and originals." Show starts around 8 p.m. and it's free.



Steve Kimock plays the Mateel Community Center on Saturday, March 6 at 8 p.m. Photo courtesy of the artist

Been worried about "the Bern?" Maybe it's time to forget *that* revolt: **Rebelution** brings its Isla Vista reggae sounds to HSU's West Gym at 8 p.m. as well. HSU students need only \$25 to get in, everyone else \$30.

Friday

Local gypsy jazz band **La Musique Diabolique** is releasing a new album at Arcata venue The Sanctuary at 8 p.m. Comprised of guitarists Dan Fair and Kris Lang, violinist Michael Donovan, accordionist Issa Stemler and bassist Brian Hennesy, the group will delight you with their modern take on old-world sounds. I had a chance to listen to some of their new recordings — including a Britney Spears cover, which I can only imagine I prefer to the original — and it is clear you're in for a treat. Support local musicians daring enough to still release albums in this oft-bleak digital age. Sliding scale starts at \$5, but they'll take up to \$20 of your generosity.

Releasing an album of their own less than a year ago, **The Cave Singers** will deliver their brand of Seattle indie-folk at Humboldt Brews. **Current Swell** joins the Singers tonight at 9 p.m. doing its Canadian folk-rock thing. \$15 ticket price for these two out-of-towners.

A couple blocks away, at the Arcata Theatre Lounge, you'll find live electronic music from **Worthy** of S.F. and locals (and Deep Groove alum) **Marjo Lak**, **JSun**, **The Middle Agent** and **Joe-E**. 9 p.m. show time, \$20.

Saturday

It's Arts Alive!, which means you'll find plenty of free music on the streets of Eureka. If you head (or stay) farther south, you'll catch above-mentioned psychedelic guitarist **Steve Kimock** with his self-surnamed group at The Mateel in Redway. Rounding out his band for this effort is his son, drummer and multi-instrumentalist John Morgan Kimock (who also plays with Phish), Steve's longtime bass player Bobby Vega and special guest Leslie Mendelson. Bring \$30 to noodle and sway starting at 8 p.m.

For a different sound, stay (or head) north from some "progressive punk" from **Ponykiller** and some "punk rock 'n' roll" from locals **Dead Drift** who'll be rockin' it at The Alibi. You know the Alibi drill, showtime at 11 p.m. and only \$5 to enter.

Sunday

Another Canuck is in our fair land, this time from Toronto. With more than 30 years since her first release, **Jane Siberry** is "one of contemporary music's most creative and innovative artists," says a press release. Her list of collaborators includes Brian Eno, Peter Gabriel, Emmylou Harris, Joe Jackson and The Indigo Girls. Not bad, says I. Her latest release, *Ulysses's Purse*, just came out, so expect new songs during her stop in our neck of the woods. 8 p.m., \$20.

Wednesday

A trio of out-of-town bands visits The Sanctuary. In support of 2015's *Ivy Tripp*, **Waxahatchee** (Katie Crutchfield) brings an introspective and confessional touch to pop songwriting. **Briana Marela** adds her siren's call to the show with "celestial layers of shifty synths" and harmonies. For bonus points, the Washington native traveled to Iceland to record with Alex Somers of Sigur Ros fame, so that's something. Rounding out the bill is dreamy psych-folk from Olympia's **Globelamp**. 7 p.m. start time and \$15 for this all ages show.

At the Van Duzer Theater is a fellow who I've heard great things about, but whose music I've yet to become familiar with. **Jose Gonzalez** comes to our fair land with New York City-based classical chamber sextet **yMusic**. Having performed together once before at the Lincoln Center, the combo joins forces again for a special set at 8 p.m. Again, HSU students get the deal at \$22, with the rest of us paying \$46. ●

Full show listings in the Journal's *Music and More* grid, the *Calendar* and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Andy Powell is a congenital music lover and hosts *The Night Show* on KWPT 100.3 FM weeknights at 6 p.m. Stay frosty.

THE ORIGINAL • SINCE 2002

Humboldt

CLOTHING CO.

f NEW! Rolling Trays, Grinders, and Storage Containers by STAX

987 H ST Arcata (707) 822-3090

Live Entertainment Grid

Music & More

ARCATA & NORTH

VENUE	THUR 3/3	FRI 3/4	SAT 3/5	SUN 3/6	M-T-W 3/7-9
THE ALIBI 744 Ninth St., 822-3731			PonyKiller, Dead Drift (punk) 11pm \$5		
ARCATA PLAYHOUSE 1251 Ninth St., 822-1575		Cabaret for Camoapa (theater) 7:30pm \$10, \$7		Jane Siberry (folk) 8pm \$20, \$18	[T] International Women's Day Sing-along 6pm Free
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	Ocean Night ft. <i>Shored Up</i> and <i>One California Day</i> (films) 7pm \$3 donation	Worthy, Marjo Lak, The Middle Agent, Joe-E (DJ music) 9pm \$20, \$15 advance		<i>Inside Out</i> (film) 6pm \$5, All Ages	[W] Sci-Fi Night ft. <i>The Ape Man</i> 7:30pm Free w/\$5 food/bev
ARCATA VETERANS HALL 1425 J St., 822-1552			Barn Dance w/Striped Pig Stringband and Lyndsey Battle 7pm \$10, free for kids		
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Jam 6pm Free	[M] Trivia Night 7pm Free [W] Local Music Showcase 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Lizzy and the Moonbeams (blues, rock) 9pm Free	The Undercovers (rock covers) 9pm Free	Karaoke w/KJ Leonard 8pm Free	[W] DJ/VJ D-Funk 9pm Free
CENTRAL STATION 839-2016 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free	Jimi Jeff & The Gypsy Band (rock, blues) 9pm Free		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad	All In DJ Night 9pm Free	Doug Fir & the 2x4s (classic rock) 9pm Free	707 (1970s funk, 1980s rock) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	BLAZZ (blues, jazz) 8pm Free	Kindred Spirits (bluegrass) 10pm Free			[M] Savage Henry Stand up Mondays 9pm Free [T] Open Mic w/Mike 7pm Free [W] Karaoke 9pm Free
CRUSH 825-0390 1101 H St., Arcata	Trivia Night 7:30pm TBA				
ELDBROOK FAMILY MARKET 4636 Elldbrook Road, 839-0521		Friday Night Music 7:30pm Free	Acoustic Night Saturdays 6pm Free		
HUMBOLDT BREWS 856 10th St., Arcata 826-2739		The Cave Singers w/Current Swell (indie-folk) 9pm \$15	Grateful Bluegrass Boys, Achilles Wheel (bluegrass) 9:30pm \$15		
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928	West Gym: Rebelution w/Protoje (indie) 8pm \$30, \$25 HSU, Van Duzer: <i>Jungalbook</i> (theater) 7:30pm \$10, \$8, HSU students limited free seating	Van Duzer: <i>Jungalbook</i> (theater) 7:30pm \$10, \$8, HSU students limited free seating	Van Duzer: <i>Jungalbook</i> (theater) 7:30pm \$10, \$8, HSU students limited free seating	Van Duzer: <i>Jungalbook</i> (theater) 2pm \$10, \$8, HSU students limited free seating	[W] Van Duzer: José González w/ yMusic (folk, world) 8pm \$36, \$22
THE JAM 915 H St., Arcata 822-4766	Peach Purple and The Velvet Touch (soul, funk) 9pm \$5			DGS Sundaze (EDM DJs) 9pm \$5	[M] More Vibe Monday (DJs) 9pm TBA [T] Savage Henry Comedy 8pm \$5, Is and 2s Day (hip-hop DJs) 10:30pm \$2 [W] Jazz Night 6:30pm Free, The Whomp (DJs) 9pm \$5

CHER-AE HEIGHTS CASINO

WINNER Date *2/21/16*

Pay to the order of *Joni B.* \$*226,826.52*

Two hundred Twenty six thousand Eight hundred Twenty six and 52/100 Dollars

JONI HIT IT BIG AT THE HEIGHTS! WHO'S NEXT?

MONDAYS

12:30 pm to 3:30 pm & 6:30 pm to 9:30 pm

BALLOON POP

Hot Seats

[Pocket up to \$100 CASH!]

Complete details at the Crown Club. Limit one prize per individual, per day. Players must have earned 25 points on the day of the promotion to qualify.

27 SCENIC DRIVE • TRINIDAD, CA 95570 • OFF HWY 101

707-677-3611 • 800-684-2464 • WWW.CHERAEHEIGHTSCASINO.COM • FREE SHUTTLE

Management reserves the right to change or cancel any promotion at any time. Bet with your head, not over it. Gambling problem? Call 1-800-522-4700.

Arcata • Blue Lake • McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 3/3	FRI 3/4	SAT 3/5	SUN 3/6	M-T-W 3/7-9
LARRUPIN 822-4766 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free		Tim Randles (piano jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596	Bryan Sackett (guitar) 7pm Free	Claire Bent (jazz) 7pm Free	Baron Wolfe & Duane Isaacson (jazz) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				Kelly Busse and Harry Smith (jazz) 5pm Free Potluck (food) 6pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake			Karaoke 9pm Free		[T] Cribbage Tournament 7pm \$5
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	Blake Ritter and Friends (fiddle tunes) 6pm Free	Ultra Secret (funky improv jazz) 6pm Free	For Folk Sake (folk) 6pm Free		[T] ATF Trio (jazz) 6pm Free [W] Piet Dalmolen (guitar) 6pm Free
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic w/Jeremy Bursich 7pm Free			[T] Human Expression Opne Mic 7pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelion 8pm \$5
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222	Holus Bolus (rock) 8pm Free		The Yokels (rockabilly) 8pm Free		
RICHARDS' GOAT TAVERN 401 I St., Arcata 630-5000	Miniplex: A War (film) 7pm \$6.50-\$8	Miniplex: Oscar Shorts: Live Action 4:45pm \$6.50-\$8 A War (film) 7pm \$6.50-\$8 Oscar Nominated Short Films: Animated 10pm \$6.50-\$8	Miniplex: Oscar Shorts: Animated 3:30pm \$6.50-\$8 Oscar Shorts: Live Action 5:30pm \$6.50-\$8 A War (film) 7:30pm \$6.50-\$8 DJ Pandemonium Jones after last show	Miniplex: A War (film) 3:30pm \$6.50-\$8 Live Democratic Debate Party 6pm-8pm Free Karaoke 9pm Free	[M] Miniplex: Oscar Shorts: Live Action 4:45pm \$6.50-\$8 A War (film) 7pm \$6.50-\$8 [T] Miniplex: Oscar Shorts: Live Action 4:45pm \$6.50-\$8 Miniplex: Oscar Shorts: Animated 7pm \$6.50-\$8 Taco Tuesday and Salsa Night with DJ Pachanguero 9:30pm Free [M] Eastern European Folk Music Meetup 7pm-8pm \$1-\$5 donation [W] Waxahatchee, Briana Marela and Globelamp 7pm \$15
THE SANCTUARY 1301 J St., Arcata 822-0898		La Musique Diabolique CD Release Party 8pm \$5-\$20 sliding scale		Lee Mothes (pop-up art show) 5pm-8pm TBA	
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Ray 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	No Pardon (bluesy folk) 9pm Free			Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free
SUSHI SPOT 839-1222 1552 City Center Rd., McKinleyville					[M] Anemones of the State (jazz) 5pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Masta Shredda (DJ music) 10pm Free	DJ Ray 10pm Free		[T] Bomba Sonido w/DJ Gabe Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free



**The Only
Alibi You'll
Ever Need!**



744 9th St. on the Arcata Plaza
822-3731
www.thealibi.com



Open Daily
8am - 2am



**Fun Menu
Weekly Events
Live Music
Espresso & Wifi**

CRUSH
eat · drink · merry

**PANINIS, SMALL PLATES
AND SALADS**

11th & H, Arcata

Menu & event calendar at
CRUSHARCATA.COM

**Low Cost
215 Evaluation
Center**
All Renewals Starting At
\$80
**Renew Your 215
From Any Doctor
or Clinic For Less**
Walk-ins Welcome
Wed & Sat 11-5pm
**Special discount
for Seniors, SSI,
Veterans & Students**
Natural Wellness Center

MC²
New Patients
ONLY \$90
Lowest Price
Evaluations in
Humboldt County

**Medical Cannabis
Consultants (707) 407-0527**
508 I Street, Eureka
(across from HC Court House)

Live Entertainment Grid Music & More

EUREKA & SOUTH
Arcata and North on previous page
Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 3/3	FRI 3/4	SAT 3/5	SUN 3/6	M-T-W 3/7-9
BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Chris Clay 8pm Free	Dr. Squid (pop, rock, dance) 9pm Free	Ballroom: Rumble at the River II (live fighting) 5pm \$25-\$85 Thirsty Bear: Lightning Boom Productions (DJ music) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFE 201 Second St., Eureka 443-9514		The Tumbleweeds (cowboy) 6pm Free	The Tumbleweeds (cowboy) 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EMPIRE LOUNGE 415 Fifth St., Eureka 798-6498					[W] Wet & Wild Wednesdays w/ RhymzWithOrnge TBA \$5
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Brian Post & Friends (jazz) 6pm-9pm Free Ultra Secret Thursdays (jazz funk electronica) 9pm Free	Salsa 9pm Free	Bump Foundation (funk, soul, jazz) 9pm Free		[T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St., 442-2970			<i>The Wizard of Oz</i> (film) 6:30pm Free		
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Papa Paul (folk) 6pm Free			
LIL' RED LION 1506 Fifth St., Eureka 444-1344			Karaoke w/DJ Will 9pm Free	Karaoke w/DJ Will 8pm Free	[T] Pool Tournament 7pm \$5
MATEEL COMMUNITY CENTER 59 Rusk Ln, Redway 923-3368			Kimock with Bobby Vega, Leslie Mendelson (psych) 8pm \$30, \$20 standing		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600			Jim Lahman Band (blues, funk, rock) 7pm Free		[W] Open Mic w/Mike Anderson 7pm Free

COCKTAILCOMPASS



100+ BARS
**70+ HAPPY
HOURS**



NORTHCOASTJOURNAL.COM/COCKTAILCOMPASS

BERON GRILL

**HAPPY HOUR
WEEKDAYS 4-6PM**

OLD TOWN EUREKA
516 2ND ST. ♦ 443-3663
WWW.OBERONGRILL.COM

The Sea Grill

Always Fresh
Local Seafood
Extensive
Salad Bar
Famous
Seafood
Chowder
Full Bar

316 E ST • OLD TOWN EUREKA • 443-7187
DINNER: MONDAY-SATURDAY 5-9 PM



Jane Siberry
plays the Arcata
Playhouse on
Sunday, March 6
at 8 p.m.

VENUE	THUR 3/3	FRI 3/4	SAT 3/5	SUN 3/6	M-T-W 3/7-9
PEARL LOUNGE 507 Second St., Eureka 444-2017	Gabe Pressure (DJ music) 9pm Free	Rudelson (DJ music) 10pm Free	Itchie Fingaz (DJ music) 10pm Free		
THE PLAYROOM 1109 main St., Fortuna 725-5438	Comedy Open Mic 9pm Free				
ROSE'S BILLIARDS 535 Fifth St., Eureka 497-6295		Ultra Class Fridays (DJ music) 10pm Free			[T] 8 Ball Open BCA Tournament 7:30pm \$10
SHAMUS T BONES 191 Truesdale St., Eureka 407-3550		Country Rock Night 10pm Free	SNL (Saturday Night Life) DJ music 10pm Free	Salsa Night w/DJ Pachanguero 9:30pm Free	
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131		J Toney and Flyboi Mall (rap) 9pm TBA		Karaoke Night w/Accurate Productions 9pm Free	
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Performance Workshop 6pm-7pm TBA Humboldt Poetry Slam 7:30pm \$5				[M] Bryan McPherson w/No Pardon 8pm \$5 [T] Smoothhound Smith w/Marty O'Rielly and the Old Soul Orchestra 7pm \$7 [T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			

HAPPY HOUR 4-6PM DAILY



\$2⁵⁰

HUMBOLDT
DISTILLERY
VODKA
MARTINI
BOMBAY
MARTINI
JIM BEAM
MANHATTAN

25% OFF ALL DRINKS,
EXCEPT TOP SHELF SPIRITS

RESTAURANT 301 &
CARTER HOUSE INNS
301 L St, EUREKA
(707) 444-8062
CARTERHOUSE.COM

WINE SHOP
301
GARDENS
RESTAURANT

Bayfront Restaurant
One F Street, Eureka, CA 443-7489
Open Daily 11-9:30pm | BayfrontRestaurant.net

A Taste of Bim
A CARIBBEAN BISTRO
HAPPY HOUR
DAILY 4-6 PM
\$1 OFF BEER &
\$4 APPETIZER
MENU
OPEN AT 11 AM DAILY
613 3RD ST, EUREKA • 707-798-6300

WestsidePizza
It's all about the pizza!
**1-Medium
1-Topping Pizza
ONLY \$5.99**
* BRING IN THIS AD *
600 F Street ARCATA (707) 822-9990
432 S. Fortuna Blvd. FORTUNA (707) 725-9990
Order Online westsidepizza.com

Dear HumCo,
Tell us your food crush!
Yours always,
NCJ
P.S. Email jennifer@northcoastjournal.com

Lucky Day
Thursday, March 17th
♣ FREE ENTRY and \$5 Jameson shots before 11.
♣ PLUS \$199 Bottles of Jameson ALL NIGHT!
♣ FREE Limo Pick up in the Eureka Area
☆ WOMEN-OWNED ☆
GENTLEMEN'S CLUB
FULL BAR 21+ ONLY
FABULOUS TIP TOP
FABULOUS TIPTOP.COM
CLUB: 443-5696 BAR: 443-6923
King Salmon Exit, Hwy. 101, Eureka

Calendar

March 3 - March 10, 2016



We're off to see the Wizard, the wonderful **Wizard of Oz!** Celebrate the Eureka Theater's 77th birthday by watching one of the greatest movies of all time. See Dorothy and her entourage (and her little dog, too) along with munchkins, witches, monkeys and more on **Saturday, March 5 at 6:30 p.m.** at the **Eureka Theater** (free). Free? We thank you very sweetly.



Thinkstock

Bagels and blintzes and books, oh my! Get your fill of the round, delectable treat at the annual **Bagels & Blintzes Brunch** on **March 6 at 9 a.m.** (\$12, \$6 for kids 6-12, free for kids 5 and under). Load up on lox, blintzes, fresh fruit, beverages and desserts. Then bid on silent auction items and beef up your library at the Judaica book sale.



Courtesy of the HSU Kinesiology Club

Do they make a size 26 sneaker? Humboldt State University's Kinesiology Club's annual **Bigfoot 5k Fun Run/Walk**, sprints into action **March 6 at 10 a.m.** at HSU's **Redwood Bowl** (\$25, \$20 advance, \$10-\$15 HSU students/staff). The event is a big, tall, hairy deal. Not only is it a fun and healthy way to spend a Sunday, but funds raised bring guest speakers and conferences to kinesiology students.



Courtesy of Anna Maria Mendieta

Great Expectations

This political season, do yourself a favor. Take a break from the buffoons and tune your ear to some bassoons. Some refinement is in order, is it not? Do your part to make America great again by adding culture and civility to the current consciousness. Take in some greats of the musical persuasion as the **Eureka Symphony** presents a tribute to 20th century composers with its **New Century Greats** concert on **March 4 and 5 at 8 p.m.** at the **Arkley Center for the Performing Arts** (\$19-\$44).

Under the skillful direction of conductor Carol Jacobson, the talented symphony, comprised of local musicians, presents a passionate program featuring Finnish composer Jean Sibelius' 1902 **Symphony No. 2 in D Major**, Arturo Marquez' **Conga del Fuego Nuevo**, and **Tango Suite** by Ástor Piazzolla, Pablo Ziegler, Daniel Binelli and Jeremy Cohen. The concert presents guest artists **Anna Maria Mendieta** on harp and two dancers, including **Count Glover**, gliding and pivoting on stage. The tango portion of the concert is a compilation of four composers, parts of which have been written specifically for harpist Mendieta.

As always, the concert includes a free **Musical Notes** talk at **7 p.m.** (doors at 6:30 p.m.) where experts present information about the music, composers and historic period in which they wrote the pieces.

— Kali Cozyris

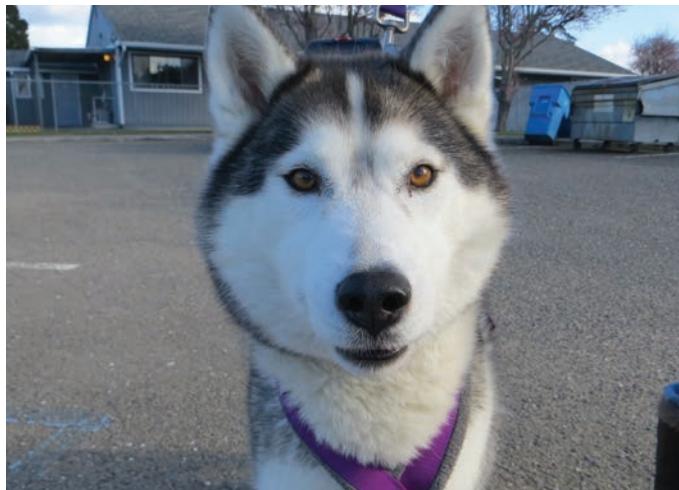


Photo by Amy Barnes

Dog Day Afternoon

Dozens of dogs, dog experts and fans of our furry, four-legged friends will flock to **Redwood Acres Fairgrounds** this **Sunday, March 6** from **10 a.m. to 4 p.m.** for the 29th annual **HumDOG Dog Expo** (free). The event is put on by Humboldt Dog Obedience Group, a nonprofit that promotes (and offers) the benefits of obedience training for all dogs, and encourages responsible dog ownership. With 50 booths and 40 dog breeds represented, the expo is the perfect place to learn from breeders and owners, talk with rescue groups and take home doggy bags of cool canine swag for your furkid (but please leave your pets at home).

Don't miss the popular **Parade of Breeds** (1 p.m.) or **Dancing with Dogs** (12:30 p.m. and 3:15 p.m.). Then there are the many pooch demonstrations, such as the **police canine demo** (2:30 p.m.), **sled dogs demo** (10:30 a.m. and 3:15 p.m.), **grooming demos**, **dog tricks** and **agility runs** (11 a.m. and 3:15 p.m.). You can also buy tickets for great prizes in the raffle benefiting the Terri Locket Memorial Spay and Neuter Fund, and let the kids (ages 5-12) walk away happy as a dog with two tails with special drawings for free door prizes, including a bicycle donated by Adventure's Edge.

— Kali Cozyris

3 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MOVIES

International Latino Film Festival. 6 p.m. Mill Creek Cinema, 1575 Betty Court, McKinleyville. Watch three films: *Adiós Carmen* (Mohamed Amin Benamraoui, 1982), *Wilaya* (Pedro Pérez Rosado, 2011) and *Retorno a Han-sala* (Chus Gutiérrez, 2008), introduced by Karim Hauser and followed by discussion. \$5 per film at the door.

Ocean Night. 7 p.m. Arcata Theatre Lounge, 1036 G St. Take action against the recent changes in the California Coastal Commission. Then sit back and enjoy the movies *Shored Up* and *One California Day*. \$3 suggested donation. humboldt@surfrider.org. www.humboldt.surfrider.org/.

MUSIC

Rebellion w/Protoje. 8 p.m. West Gym, Humboldt State University, Arcata. Grassroots, independent and tour-driven music. \$30, \$25 HSU. carts@humboldt.edu. www.humboldt.edu/centerarts. 826-3928.

SPOKEN WORD

The Humboldt Poetry Slam. 7-9 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Featured poet Dorothy Myers celebrates her book *Impatient to Live*. Live art by Ananda Oliveri. Music by DJ Goldyllocks. \$5.

Spoken Work Workshop. 6-7 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Performance workshop with A Reason to Listen poetry collective members Vanessa Vrtiak and Ulyses Dorantes. Bring a poem you would like to polish. www.thesirensongtavern.com.

THEATER

Jungalbook. 7:30-9 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Modern, family-friendly retelling of Rudyard Kipling's tales of a founding child raised by animals. Troy Lescher directs HSU student actors. \$10, \$8, HSU students limited free seating. www.HSUSTage.blogspot.com.

Outside Mullingar Cheap Date Thursdays. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. Two introverted misfits in rural Ireland fight their way toward late romance. \$20/two tickets.

FOR KIDS

Potter for Change. First Thursday of every month, 3:30-5:30 p.m. Fortuna Library, 753 14th St. Listen to weekly live readings from *Harry Potter and the Chamber of Secrets*, play Harry Potter games and activities, discuss the book and enjoy snacks. Free.

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. \$5, \$3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

MEETINGS

Humboldt County Beekeepers. 6:30-8:30 p.m. Humboldt County Agriculture Department, 5630 South Broadway, Eureka. "The Beekeepers Perspective: Swarm Recovery and Management" with Brad Woodward. Q&A

forum at 6 p.m. \$2. QMR_Bees@iCloud.com. Humboldt-beekeepers.org. 845-3362.

SPORTS

The Fray in Ferndale. . Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. Slot car racing teams gather for a marathon at the Fairgrounds' Belotti Hall.

ETC

Interactive Community Budget Meeting. 6-8 p.m. Locations throughout Humboldt County, Humboldt. Give input on the county's \$300-million budget for 2016-17, including Measure Z expenditures. Free. www.humboldt.gov.org/BudgetMeeting.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

4 Friday

DANCE

World Dance Party. 7:45-11 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The event features an easy dance lesson and dance music played by the folk band Chubritza. All ages and dance levels are welcome. Bring a snack to share. \$5. ckurumada@aol.com. www.humboldtfolkdancers.org. 496-6734.

LECTURE

Zero Waste Lecture. 6:30-7:30 p.m. Humboldt State University Great Hall, 1 Rossow St., Arcata. Zero Waste Humboldt invites the public to "Legislative Solutions to California's Zero Waste Challenge" with Mark Murray, Executive Director of Californians Against Waste. \$10 requested donation.

MUSIC

Eureka Symphony New Century Greats. 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. Music by 20th century composers including Sibelius, Márquez, Piazzolla, Ziegler, Binelli and Cohen. Featuring tango dancers and harp by Anna Maria Mendieta. \$19-\$44.

La Musique Diabolique. 8-11 p.m. The Sanctuary, 1301 J St., Arcata. The local Gypsy jazz ensemble celebrates the release of its second album with an evening of music. \$5-\$20 sliding scale.

THEATER

Cabaret for Camoapa. 7:30 p.m. Arcata Playhouse, 1251 Ninth St. Scholarship fundraiser for the Arcata Sister City Project featuring performances by Lindsey Battle band, North Coast Preparatory Arts Academy students and others. \$10, \$7.

Jungalbook. 7:30-9 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See March 3 listing.

Keep The Fires Burning: A Dell'Arte Cabaret. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. An evening of music, dance, daring acts of delight and the unexpected. Adults only are invited to this sizzling show. \$15, \$12. www.dellarte.com.

Outside Mullingar. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. Two introverted misfits in rural Ireland fight their way toward solid ground and some

kind of happiness in this compassionate, delightful play about how it's never too late to take a chance on love. \$15. www.redwoodcurtain.com. 443-7688.

EVENTS

Bowl For Kids' Sake. . Harbor Lanes, 2136 Broadway, Eureka. Form a team or sponsor a bowler to fund Big Brothers Big Sisters of the North Coast's professionally supported volunteer mentors for local children. This year's theme is Monster Bowl. www.harborlanes.net. 445-4871.

Social Justice Summit. 3-9 p.m. Kate Buchanan Room, Humboldt State University, Arcata. The two-day conference features workshops, film screening and presentations. Free. mcc@humboldt.edu. www2.humboldt.edu/summit. 826.3364.

FOR KIDS

Baby Read & Grow. First Friday of every month, 11-11:45 a.m. Eureka Main Library, 1313 Third St. Families are invited to share songs, finger plays, bouncing games, and short stories with their babies and toddlers. Designed for children from birth through 24 months old. Free. 269-1910.

Children's Clothing Swap. First Friday of every month, 3:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Bring your kids' hand-me-downs to trade for fresh new-to-you's. Sizes newborn-12, in wearable condition (no holes, stains, etc.). Free. facebook.com/ChildrensClothingSwapArcata. 985-8084.

OUTDOORS

Bay to Dunes Environmental Educator Training. 9 a.m.-2 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help lead groups of elementary students on field trips to the Humboldt Bay and coastal dunes in Manila. Free. morgan@friendsofthedunes.org. 444-1397.

Marsh Exhibit Presentation. First Friday of every month, 1 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. John DeMartini continues his series of free one-hour presentations on the science underlying the Marsh displays. All ages. Free.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

The Fray in Ferndale. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See March 3 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

5 Saturday

ART

Blacksmith Demonstration. 9 a.m.-1:30 p.m. Ferndale Museum, 515 Shaw Ave. Step back in time and see how things used to be done when Jerry Murry fires up the forge. Free. 786-4466.

DANCE

Barn Dance. 7-11 p.m. Arcata Veterans Hall, 1425 J St. Music by The Striped Pig Stringband and caller Lyndsey Battle. All dances will be called. No experience is necessary. Fundraiser for Six Rivers Montessori featuring a bake sale, local beer and local cider. \$10, free for kids.

LECTURE

Eureka Auto Camps. 1 p.m. Humboldt County Library, 1313 Third St., Eureka. Join Karen Campbell Hendricks for a trip to the bygone era of the wayside auto camps of the early 20th century. Free. www.humlib.org.

MOVIES

The Wizard of Oz. 6:30 p.m. Eureka Theater, 612 F St. Help Eureka Theater celebrate its 77th birthday with the classic film, also released the same year the theater was built. Free. www.theeurekatheater.org.

MUSIC

Delfeayo Marsalis & Ellis Marsalis. 7 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Jazz trombonist Delfeayo Marsalis and his acclaimed father Ellis Marsalis, Jr. (piano). \$46, \$10 HSU.

Eureka Symphony New Century Greats. 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. See March 4 listing.

Good Company. 6-9 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Traditional Irish airs and ballads. Free. www.humboldtarts.org. 442-0278.

Kimock with Bobby Vega, Leslie Mendelson. Mateel Community Center, 59 Rusk Lane, Redway. Father and son rock musicians/guitarists. \$30, \$20 standing, door TBA. www.mateel.org.

THEATER

Jungalbook. 7:30-9 p.m. Van Duzer Theatre, Humboldt

State University, Arcata. See March 3 listing.

Keep The Fires Burning: A Dell'Arte Cabaret. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See March 4 listing.

Outside Mullingar. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See March 4 listing.

EVENTS

CASA Big Night Gala. 5-10 p.m. Elk's Lodge, 445 Herrick Ave., Eureka. A celebration of CASA of Humboldt's 25th anniversary featuring a catered dinner by The Elks, and live and silent auctions. Funds raised support CASA's work to speak up for children in foster care and give them support. \$75. chelsea@humboldtCasa.org. 443-3197.

Arts Alive. First Saturday of every month, 6-9 p.m. Art, and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

Bowl For Kids' Sake. Harbor Lanes, 2136 Broadway, Eureka. See March 4 listing.

Social Justice Summit. 8 a.m.-6 p.m. Kate Buchanan Room, Humboldt State University, Arcata. See March 4 listing.

FOR KIDS

KEET's Kids Club. First Saturday of every month, 12-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. This monthly workshop includes PBS Kid's programming, story time, tours of current art exhibitions and art activities. Each family takes home a free book. This month's book is *It's Okay to Make Mistakes* by Todd Parr. Free. www.humboldtarts.org. 442-0278 ext. 201.

Kids Alive. First Saturday of every month, 5:30-8 p.m. Discovery Museum, 612 G St., Eureka. This is a drop-off program for confidently potty trained children ages 3-12. Includes free play, arts and crafts and a snack. Call to reserve. Price may vary by number of participants. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Story Time. Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Stories, songs and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333. First Saturday of every month, noon. Willow Creek Library, State Routes 299 and 96. Introduce your preschooler to the fun of books. Free.

Continued on next page »

fraktal productions & deepgroovesociety present DIRTYBIRD

Worthy

plus djs marjo lak / the middle agent / joe-e

arcata theatre lounge friday march 4th 2016

\$15 advance
\$20 door
21+
doors open 9pm
happy hour until 10pm
sound by basscraft
visuals by marmalade sky

NEW 2015



prius liftback



51 48 MPG^[1]
CITY HWY

\$3000 or 0% APR*

FACTORY REBATE

FOR 60 MONTHS

*0% financing is through Toyota Financial Services on Tier 1/1+ credit approval. Not all buyers will qualify. Offer ends 02/29/16



(707) 443-4871
www.mid-citytoyota.com



TOYOTA
Let's Go Places

Mon - Fri: 8:30am to 7:00pm
Saturday: 9:00am to 6:00pm
Sunday: 11:00am to 5:00pm

All advertised prices exclude government fees and taxes, any finance charges, and any emission testing charge. All new car fees include a \$80 dealer doc. fee.
*Based on 2015 EPA mileage ratings. Use for comparison purposes only. Your actual mileage will vary depending on how you drive and maintain your vehicle.

 northcoastjournal

HEY,
BANDS.



Submit your gigs online:
www.northcoastjournal.com

Calendar

Continued from previous page

FOOD

Soroptimist Scholarship Tea. 12:30 p.m. St. Mary's School, 1730 Janes Road, Arcata. Soroptimist International of Arcata's annual fundraiser for the Cynthia Schwenson Scholarship Fund featuring a cake auction, raffle items and a silent auction. Reservations by March 1. \$20.

Winter Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Farm fresh produce, rain or shine. On G and Eighth streets. Free. outreach@humfarm.org. www.humfarm.org. 441-9999.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Jean Santi. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Tour leader is Gary Friedrichsen. Free. www.rras.org/calendar.

Bouldering the Humboldt Coast. 9:30 a.m. Center Activities, 1 Harpst St., Arcata. A full day of rock climbing at Moonstone, Houda Point and Luffenholtz beaches. All experience levels welcome. Gear provided. \$65, \$55 HSU. www.humboldt.edu/centeractivities. 826-3357.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, McKinleyville. Work, clean and paint. Dress for work. New volunteers welcome. Changing locations each month. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

Sunrise at the Refuge. 6 a.m. Richard J. Guadagno Visitor Center, Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Formerly the Aleutian Cackling Geese Fly-Off. Watch thousands of geese leave nighttime roosts, usually within 15 minutes of sunrise at 6:21 a.m. Enjoy family activities inside the visitor center from 7 a.m.

Traverse the Bay. 9:30 a.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Tour Humboldt Bay on a kayak from the Manila Boat Ramp to Humboldt Bay Aquatic Center. \$55, \$45 HSU. www.humboldt.edu/centeractivities. 826-3357.

SPORTS

Rumble at the River II. 5 p.m. Bear River Casino and Hotel Ballroom, 11 Bear Paws Way, Loleta. Live, full-contact fighting. Doors at 4 p.m. \$25-\$85. www.bearrivercasino.com

The Fray in Ferndale. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See March 3 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See March 4 listing.

ETC

Flea Market. 9 a.m.-3 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Browse vendor tables indoors and outdoors. Food available. Free admission.. www.facebook.com/humboldt.grange.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your

prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

6 Sunday

ART

"Honorable Mention" Opening Reception. 1-4 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Work by artists in the Honors Painting and Advanced Painting courses at Humboldt State University. Free. annintrin9@gmail.com. 677-9493.

Lee Mothes. 5-8 p.m. The Sanctuary, 1301 J St., Arcata. Pop-up show for the artist. Refreshments served.

LECTURE

Art Talk with Dean Hunsaker. 2-3 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Meet the artist and learn more about the concepts behind his current exhibition *Musical Chairs*. \$5, \$2. Free MGMA members/children. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

MOVIES

Inside Out. 6 p.m. Arcata Theatre Lounge, 1036 G St. Pixar's animated tale about the emotions inside a young girl's mind helping her adjust to a new life in San Francisco. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Jane Siberry. 8 p.m. Arcata Playhouse, 1251 Ninth St. Canadian songstress and k.d. lang collaborator appears with local pianist Tim Randles. Tickets at Wildberries or 822-1575 \$20, \$18. www.arcataplayhouse.org.

THEATER

The Body Discourse Project. 7-8 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Dell'Arte's Trajectory program and Synopsis present this performance about the physical and mental experience of the human body performed by artists with and without diagnosed mental and physical disabilities. \$10 suggested donation. www.redwoodraks.com. 407-6094.

Jungalbook. 2-3:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See March 3 listing.

ELECTIONS

Democratic Debate Party. 5 p.m. Eureka Labor Temple, 840 E St. Watch the debate live. Hosted by Northern Humboldt for Bernie. Free.

Democratic Debate Watching Party. 5 p.m. Luzmila's, McKinleyville, 1751 Central Ave. Watch the debate live. Hosted by Northern Humboldt for Bernie. Free.

Live Debate Party. 6-8 p.m. Richards' Goat Tavern & Tea Room Miniplex, 401 I St., Arcata. Live screening of the Democratic Debate. All ages. Stay informed in style with your fellow citizens. Free.

EVENTS

HSU Bigfoot 5k Fun Run/Walk. 10 a.m. Redwood Bowl, Humboldt State University, Arcata. HSU and community members race/walk in this fundraiser for HSU kinesiology students. \$25, \$20 advance, \$15 HSU students/

staff, \$10 advance.

HumDOG Dog Expo. 10 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. A day of canine education for all breeds with an emphasis on responsible dog ownership. Agility exhibitions, dog tricks, vendors and more. Free. www.redwoodacres.com.

McKinleyville Land Trust Dinner. 5-8:30 p.m. Azalea Hall, 1620 Pickett Road, McKinleyville. Yurok Tribe biologists Tiana Williams and Chris West present "The Return of Pre-Go-Neesh - Efforts to Restore the California Condor to the North Coast." \$30, \$25, \$15 children. emily.sinkhorn@gmail.com. www.mlandtrust.org/news_events. 839-LAND.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Bagels and Blintzes Brunch. 9 a.m.-1 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Enjoy bagels with lox and veggies, scrambled eggs, blintzes, fresh fruit, juice, tea, coffee and desserts. Also a silent auction and a Judaica book sale. \$12, \$6 for kids 6-12, free for kids 5 and under. bethel@reninet.com. www.templebetheleureka.org. 444-2846.

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

Freshwater Grange Breakfast. First Sunday of every month, 8-11 a.m. Freshwater Grange, 49 Grange Road, Eureka. Enjoy buttermilk and whole-grain pancakes, eggs, ham, sausage and French roast coffee. Top your eggs with homemade salsa and cheese. \$6, \$4 for kids. 442-7107.

OUTDOORS

Clam Beach Snowy Plover Trip. 9 a.m.-noon. Clam Beach North Parking lot, Frontage Road, McKinleyville. Join Alexa DeJoannis to visit snowy plovers at their wintering location at Little River State Beach. Heavy rain cancels. Free. www.rras.org/calendar. (202) 288-5174.

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City. Ensure that diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

Sunrise at the Refuge. 6 a.m. Richard J. Guadagno Visitor Center, Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. See March 5 listing.

Understanding the Language of Birds. 9 a.m. Center Activities, 1 Harpst St., Arcata. During this experiential nature outing, seasoned Bird Language and Nature Connection mentor Bethany Staffieri will immerse participants in a setting where nature experience is celebrated. \$40, \$35 HSU students. cntract@humboldt.edu. 826-3357.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire

BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

Monday

DANCE

Let's Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dance to live music including standards, country and 1970s. For anyone 50 years and older. \$4.

MUSIC

Eastern European Folk Music Meetup. 7-8 p.m. The Sanctuary, 1301 J St., Arcata. Play and sing a variety of Eastern European, Balkan, and international folk music with a new community music group (hosted by members of Chubritza). All instruments and levels are welcome. \$1-\$5 donation. linneamandell@gmail.com. 496-6784.

Humboldt Folklife Society Sing-along. First Monday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Come sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com. 839-7063.

MEETINGS

Bayside Grange Monthly Meeting. First Monday of every month, 7 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Lively conversation, noshing and discussions about the restoration and program diversity of the Bayside Grange. Free. hallmanager@baysidegrange.org. www.baysidegrange.org. 822-9998.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

Tuesday

LECTURE

Solar System Lecture. 7 p.m. HSU Natural History Museum, 1242 G St., Arcata. Learn about upcoming missions as Mark Bailey presents "The New Solar System: A Look at Our Solar System in the Light of Our Latest Discoveries." Free. 826-4480.

MUSIC

International Women's Day Sing-along. 6-8 p.m. Arcata Playhouse, 1251 Ninth St. Join Jan Bramlett and friends in a community sing-along with appetizers, a silent auction and tabling by groups supporting women and girls. Free.

THEATER

The Body Discourse Project. 7-8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See March 6 listing.

FOR KIDS

Cows & Cattails Environmental Educator Training. 9 a.m.-2 p.m. Humboldt Coastal Nature Center, 220

Continued on next page »



Enrollment Information Night Thursday, March 10th 6:00 - 7:30 PM

- Serving grades K-5
 - Full Spanish Immersion
 - Arts and Music
 - Character Education
 - Extended Day-care
 - Strong Parent Involvement
 - Community Partnerships
 - Education Resource Services
- Please visit our classrooms!
Call to set up an appointment**

.....
1730 Janes Rd, Arcata
For more information
Please call 822-3348
.....

FNCS is a FREE Public Charter School
located in the Arcata School District

Photos

Is your passport current?



POSTHASTE
SHIPPING • MAILBOXES • NOTARY
600 F St • Arcata • M-F 8:30-6 • Sat 9-5
825-8295 www.posthastemail.com



Playhouse 2016 Family Fun Series

Celebrating 10 years of excitement and wonder for Humboldt families



March 11, 12
Australia's Windmill Theatre
in Big Bad Wolf

April 29, 30
Mad Cap Variety Show
Portland

May 27, 28
Sweet Can Circus
San Francisco

Performances Fridays at 7pm and Saturdays at 2pm & 7pm
Tickets are \$12 & \$10 and are available at Wildberries Marketplace,
Redwood Yogurt or online at arcataplayhouse.org
series tickets available online



Calendar

Continued from previous page

Stamps Lane, Manila. Volunteers needed to lead students in an exploration of restored wetlands through hands-on activities, educational games and guided inquiry. No experience is necessary. Please bring a bag lunch, water and boots to this training. Free. morgan@friendsofthedunes.org. 444-1397.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See March 6 listing.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

9 Wednesday

LECTURE

Equatorial Guinea Bird Initiative. 7-8 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Jared Wolfe introduces the birds,

forest and people of Equatorial Guinea and talks about programs developed to identify the birds. Reception at 6:30 p.m. Free. www.sequoiaparkzoo.net.

MOVIES

Sci Fi Night ft. The Ape Man (1943). 7:30 p.m. Arcata Theatre Lounge, 1036 G St. Bela Lugosi stars as a mad scientist who injects the synaptic fluid from a gorilla into his spine, with disastrous effects. Aw, it's just a little hair of the ape. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

Waxahatchee. 7 p.m. The Sanctuary, 1301 J St., Arcata. Singer/songwriter with Briana Marela and Globelamp. All ages. \$12 advance.

José González. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Folk, world music. With acclaimed New York City-based classical chamber sextet yMusic. \$36, \$22.

ELECTIONS

Democratic Debate Watching Party. 5 p.m. Pepper's, 719 S. Fortuna Blvd., Fortuna. Hillary Clinton and Bernie Sanders discuss and debate important issues. Free.

FOR KIDS

Youth & Teen Study Group. 3-4:30 p.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. A quiet environment where students can receive extra help on homework, a snack and optional on-site tutoring. Free. lynea237@gmail.com. www.ervmcc.com. 725-3300.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

FOOD

Vital Network Brunch. 10-11:30 a.m. Red Lion Hotel, 1929 Fourth St., Eureka. Theresa Bryan of the Complete Look presents a fashion show. Writer Jerilyn Jackson shares her story. Reservations required. \$15.50. carolclymo@yahoo.com. www.redlion.com/our-hotels/california/eureka. 442-6648.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

10 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See March 3 listing.

BOOKS

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Humboldt County Library, 1313 Third St., Eureka. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

LECTURE

Laura Jane Grace. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Transgender lead singer of the punk band Against Me! presents a mix of music and



LIVE ENTERTAINMENT & EVENTS

THIS SATURDAY!

RUMBLE AT THE RIVER II

MARCH 5, 2016

DOORS AT 4PM
FIGHTS AT 5PM
TISH-NON BALLROOM

LIVE FULL CONTACT FIGHTING

FREE UFC VIEWING PARTY
(DOS ANJOS VS. MCGREGOR)
WITH PURCHASE OF RUMBLE AT THE RIVER II TICKET

STANDING ROOM \$25
CHAIN SEATING \$45
FRONT ROW \$65
VIP PASS \$85

TICKETS ON SALE NOW
AVAILABLE AT THE HOTEL FRONT DESK
OR ONLINE AT BEARRIVERCASINO.COM



Thirsty Bear LOUNGE

3.4 DR. SQUIDPop/Rock/Dance

FIRST SATURDAY DANCE PARTY

3.5 LIGHTNING BOOM PROD.DJ Music

3.11 MOJO ROCKERSBlues/Rock

3.12 DOUG FIR AND THE 2X4'SClassic Rock

3.18 JENNI AND DAVID & THE SWEET SOUL BANDBlues

3.19 THE UPTOWN KINGSBlues

FRIDAYS & SATURDAYS | 9PM - 1AM FEATURED LIVE MUSIC

EVERY THURSDAY | 8PM KARAOKE **HAPPY HOUR | 5PM - 7PM 7 DAYS A WEEK!**



HUNKS

The Show

MAY 20TH | 6PM DOORS | 7PM SHOW
IN THE THIRSTY BEAR LOUNGE

\$20 GENERAL ADMISSION
\$50 COCKTAIL TABLE FOR 2

TICKETS ON SALE APRIL 1ST!

VISIT THE HOTEL FRONT DESK
OR BEARRIVERCASINO.COM



be entertained.

BEAR RIVER CASINO & HOTEL

800.761.2327
bearrivercasino.com

Must be 21 years or older to enter Casino, or accompanied by an adult. Event and promotional details are subject to change. Management reserves all rights. Visit Casino Services for full details.

lecture. \$10, HSU free. carts@humboldt.edu. www.humboldt.edu/centerarts. 826-3928.

THEATER

Outside Mullingar Cheap Date Thursdays. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See March 3 listing.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. See March 3 listing.

MEETINGS

Conservation Meeting. Second Thursday of every month, 12-1:30 p.m. Rita's Margaritas & Mexican Grill, 1111 Fifth St., Eureka. Discuss conservation issues of interest to the Redwood Region Audubon Society. Free. www.rras.org/calendar.html. 445-8311.

Eureka Woodworking Association. 6:30-8:30 p.m. Eureka Woodworking Association, 1333 Union. All are welcome to join this chapter of The American Woodworking Society. Participants create a cutting board or wood turning to take home free. Free. eureka-woodworker@hotmail.com. www.facebook.com/Eureka-Woodworking-Association. 444-2717.

Humboldt Grange 501. Second Thursday of every month, 6:30-8 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Humboldt Grange 501 meeting second Thursday each month. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Raising Sheep and Producing Wool. 6:45-8:30 p.m. Wharfinger Building Bay Room, 1 Marina Way, Eureka. Rancher and wool producer Ace Vandenack shares his experiences tending his flock. Learn about breeding, lambing, weaning, shearing and showing. Free. hhsquil-dvp@gmail.com. 599-2729.

Redwood Coast Woodturners. Second Thursday of every month, 6-8:30 p.m. McKinleyville Middle School, 2285 Central Ave. All interested are welcome, beginner to pro, no experience needed. Peter Johnson presents safely using the lathe, from simple home-made jam chucks to vacuum chucks. Free. 499-9569.

ETC

Community Board Game Night. Second Thursday of every month, 7-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslncrp@northcoast.com. www.baysidegrange.org. 444-2288.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See March 3 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See March 3 listing.

Heads Up This Week

Theater of the Dedicated seeks participants for the *Fresh Breath Variety Show* themed "Calling out the North Coast Colonial Status Quo." Deadline is March 15. Call 273-2974 or email sgcampa@northcoastjournal.com for more information.

The 38th annual Folklife Festival is seeking musicians. Submit a description of your music and full songs as weblinks to nancy@humboldtfolklife.org, or drop a CD in the mail to HFF Planning Committee, PO Box 1061, Arcata CA 95518, by April 18.

The Friends of the Dunes Get Outside Gear Sale is now accepting donations for its April 9 event. Drop items off at the Humboldt Coastal Nature Center or either Adventure's Edge location. Call 444-1397 for

more information.

Call for artists for the BeeFest 2016 Art Show: "A Taste of Honey." Deadline for submissions is Mar. 31. For more information, call Lorna at 443-4424.

Arcata Soroptimists offer scholarships for seniors attending high school in Arcata and a local student attending Humboldt State University. Applications are now available in the Attendance Office at Arcata High School, at www2.humboldt.edu/finaid/scholarships.html, at the Financial Aid Office at College of the Redwoods and by emailing Scholarships@Redwoods.edu or siarcata@soroptimist.net.

Alder Bay Assisted Living is seeking artists for its annual Art and Wine Event on April 30. Please contact Emily at activities@alderbayalf.com or call 273-6474 for more information. Deadline for submissions is April 1.

Poets & Writers, College of the Redwoods' literary magazine, is accepting submissions of original poetry and fiction. Go to www.redwoods.edu.

Humboldt County students are invited to participate in the Student Bird Art Contest. For complete rules and a list of suggested birds go to www.rras.org. Deadline is March 18. Email sueleskiw1@gmail.com.

Redwood Region Audubon Society is accepting submissions for its student nature writing contest on "What Nature Means to Me." Entries should be no more than 450 words; one entry per person. Include student's name, address, phone number and email, plus teacher name, grade, school, phone and email. Deadline is Friday, March 18. Send submissions in body of an email to tomleskiw@gmail.com or mail a printout to Tom Leskiw, 155 Kara Lane, McKinleyville CA 95519.

Dream Quest invites local youth to apply for college scholarships. Call (530) 629-3564 or email dreamquest-willowcreek@hotmail.com. Deadline is April 15.

Ferndale Rep offers a \$500 scholarship to a Humboldt County graduating senior pursuing a career in the performing arts. Application deadline is April 1. Visit www.ferndalerep.org/educate or email info@ferndalerep.org.

Humboldt International Film Festival is taking submissions until March 14 through the festival's website: www.hsfilmfestival.com/submit-a-film.

Humboldt Area Center for Harm Reduction seeks donations of clean and gently used coats, sleeping bags/blankets, socks, gloves and hats for its "Anything Warm" donation drive. For drop off locations, call 601-6221.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

SUBMIT
your
CALENDAR
EVENTS

ONLINE
northcoastjournal.com

OR BY
E-MAIL
calendar@northcoastjournal.com

PRINT DEADLINE: Noon Thursday,
the week before publication

Filmland



And I'm telling you there was no room for Leo on that door.

Pyramids, Schemes

Triple 9 and Gods of Egypt

By David Jervis

filmland@northcoastjournal.com

Reviews

TRIPLE 9. For a crime thriller released in the off season, *Triple 9* has a remarkably A-list cast, most of which does an admirable job in service of a movie that doesn't quite know what it's doing. Still, it propels forward as a very watchable story with some panache, courtesy of director John Hillcoat (*The Road*, and the outstanding *The Proposition*).

Starting with a broad-daylight bank heist, the film gets right down to the curious business of the story, including the bloodless caper and the five men — a pair of corrupt cops and three criminals — who pull it off. Things take off from there, but in too many directions at once.

The crew is working under the black-mail demands of Russian mobsters, headed up by the ruthless Irina (Kate Winslet), who demand another job. Terrell (Chiwetel Ejiofor) has a son with Irina's sister Elena, and thus is under considerable pressure when he's asked to steal files from a Department of Homeland Security facility. The movie's title refers to police code for an officer down, which is key to the scheme: The crew will use the downed police officer to divert the local cops. But that doesn't work as planned.

Besides Ejiofor and Winslet, the crowd of talent on hand includes Aaron Paul (*Breaking Bad*) and Norman Reedus (*The Walking Dead*) among the bad guys. Then there's Casey Affleck, who while no one

was paying much attention, has suddenly arrived as a pretty damn good actor. Here he is Chris Allen, a brash rookie cop who's smarter than his partner fully understands and who's looking to make his bona fides in a tough division. He's also the nephew of flashy, rules-defying major crimes unit veteran Jeffrey, played by Woody Harrelson, who runs with some of the flair he picked up in HBO's *True Detective*.

It's often observed that "there's a good movie in there somewhere," but that doesn't quite cover *Triple 9*. At times, it's almost like watching clips from three different good movies, all interesting stories

Continued on next page »

MOVIES & EVENTS
Mar 3 - Mar 9

Thurs Mar 3 — Ocean Night Film
Screening, Doors @ 6:30 PM, All ages,
\$3 donation, Free for OC, Surfrider, &
Baykeeper members/kids 10 & under.

Fri Mar 4 — Worthy, Doors @ 9 PM,
\$15 adv tix @ Wildberries/People's
Records/The Works, 21+.

Sun Mar 6 — Inside Out (2015),
Doors @ 5:30 PM, Movie @ 6 PM,
Film is \$5, Rated PG.

Highlight 3/9 — Sci Fi Night ft. The Ape
Man (1943), Doors @ 6 p.m. All ages,
Free w/\$5 food & bev purchase.

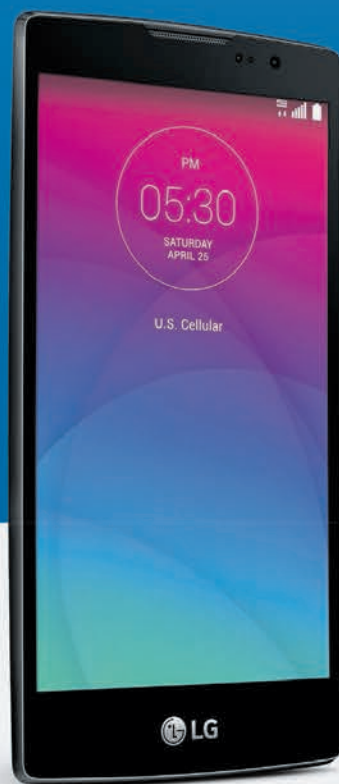
Arcata Theatre Lounge f
arcatatheater.com • 822-1220 • 1036 G St.



—SPEND \$50— GET \$50

WITH PREPAID FROM U.S. CELLULAR®

Get a \$50 credit when you spend \$50 toward a new
U.S. Cellular® Prepaid Plan.



Get a 4G LTE™
LG Logos™
— for just a —
PENNY.

LG LOGOS™

Things we want you to know: Plan and device offer available on new Simple Connect Prepaid line activations and eligible existing lines with at least 12 months of service. Load \$50 on new Prepaid account and receive \$5 bill credit per month for 10 months. Smartphone activation required. Limited-time offer. Add. fees, taxes and terms apply and vary by svc. and eqmt. Use of svc. constitutes acceptance of agmt. terms. In order to receive plan minutes, the monthly charge must be paid before due date. You may be charged at any time of day on your due date and should refill before that date to avoid svc. interruption. Roaming, directory assistance and international calls require additional account funds to complete calls. **Data Speeds:** Full applicable data speeds apply for the plan's high-speed allotment. Data speeds shall be slowed to 1x thereafter for the remainder of the billing cycle. Offers valid at participating locations only and cannot be combined. Trademarks and trade names are the property of their respective owners. **Kansas Customers:** In areas in which U.S. Cellular receives support from the Federal Universal Service Fund, all reasonable requests for service must be met. Unresolved questions concerning services availability can be directed to the Kansas Corporation Commission Office of Public Affairs and Consumer Protection at 1-800-662-0027. **Disclaimer:** 4G LTE not available in all areas. See uscellular.com/4G for complete coverage details. 4G LTE service provided through King Street Wireless, a partner of U.S. Cellular. LTE is a trademark of ETSI. ©2016 U.S. Cellular

Filmland

Continued from previous page

we'd like to delve into and aren't getting enough of. Hillcoat wants us to see the big canvas of crooks and cops and others, and he does a great job with the finely shot Atlanta sequences, but we're not left with enough story to grasp onto. Michael K. Williams (*The Wire*) and Ejiofor are notably great, and how can one not like Oscar winner Kate Winslet as the cold-hearted, long-nailed, Russian-Israeli mob matriarch? Though, as she speaks lines like, "My sister's ass, it is a great one," you're left to wonder what might have been. *R. 106M. BROADWAY.*

GODS OF EGYPT. Wondering a few minutes into a movie if it's a) based on a video game or b) a Marvel or DC property is just one of those modern movie-going experiences, and knowing the answer in advance gives some good context for the storytelling that's about to ensue.

And then there are things like *Gods of Egypt*. Nothing's wrong with using the pantheon of ancient Egyptian mythology as a jumping-off point, but if you want an example of Hollywood execs running out of ideas between hurling kale-infused smoothies at their assistants, look no further than this debacle. Nikolaj Coster-Waldau, who plays Jamie Lannister in *Game of Thrones* and is capable of so much more than this, plays Horus, who teams up with mortal Bek (Brenton Thwaites) to foil the nefarious doings of Horus' brother Set (Gerard Butler). Other Egyptian gods and goddesses like Osiris, Isis and Hathor (Elo-die Yung) make appearances along the way.

Gods of Egypt makes plenty of half-hearted and Scottish-accented attempts at moving the story along, but in the end, it's mostly about giant talking sphinxes (OK, stumping them with riddles is kinda cool), the not-that-interesting fact that Egyptian gods and goddesses are a few feet taller than mortals and that the movie features a really, really tall obelisk. *PG13. 107M. BROADWAY, MILL CREEK, FORTUNA.*

— David Jervis

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Richards' Goat Miniplex 630-5000.

Previews

45 YEARS. Charlotte Rampling plays a woman whose anniversary celebration is overshadowed by the specter of her husband's long dead first love. *PG. 108M. BROADWAY.*

LONDON HAS FALLEN. Gerard Butler returns as a Secret Service agent saving Aaron Eckhart's presidential bacon from terrorists, gunfire and the exploding landmarks of London. *PG13. 127M. BROADWAY, FORTUNA, MILL CREEK.*

OSCAR NOMINATED SHORT FILMS: ANIMATED. All the nominees plus a few more. *RICHARDS' GOAT.*

OSCAR NOMINATED SHORT FILMS: LIVE ACTION. All the nominees. *RICHARDS' GOAT.*

WHISKEY TANGO FOXTROT. Tina Fey plays a reporter who lands her boots on the ground in Kabul in this war-zone comedy. *R. 111M. BROADWAY.*

ZOOTOPIA. An animated animal take on the odd-couple buddy movie with Jason Bateman, Ginnifer Goodwin and Idris Elba. *PG. 108M. BROADWAY, FORTUNA, MILL CREEK.*

Continuing

DEADPOOL. A bloody, clever, distinctly adult Marvel vehicle for Ryan Reynolds' weird charisma. A fun break from the steady flow of grim comic adaptations. *R. 108M. BROADWAY, FORTUNA, MILL CREEK.*

EDDIE THE EAGLE. A picked-last underdog (Taron Egerton) makes the British ski jump team with the help of a grumpy pro (Hugh Jackman). *PG13. 106M. BROADWAY.*

KUNG FU PANDA 3. Jack Black returns to voice the buoyant Dragon Master, who reunites with his bio dad and trains fellow pandas to fight a supernatural villain. An enjoyable take on the hero's journey with some genuinely pretty animation. *PG. 95M. BROADWAY, MILL CREEK.*

THE LADY IN THE VAN. Maggie Smith stars as the eccentric and troubled woman who parked in playwright Alan Bennett's van for 15 years. *PG13. 104M. BROADWAY.*

RACE. Pleasant though toothless biopic about Jesse Owens' Olympic triumph. *PG13. 134M. MILL CREEK.*

THE REVENANT. Leonardo DiCaprio stars as a frontier survivor Hell-bent on revenge in a gorgeous, punishing Alejandro Gonzalez Iñárritu film that offers little beyond beauty and suffering. *R. 156M. FORTUNA, MILL CREEK.*

RISEN. Joseph Fiennes and Tom Felton play Romans on the hunt for Jesus' body after the crucifixion, hoping to dispel resurrection theories. *R. 107M. BROADWAY.*

STAR WARS: THE FORCE AWAKENS. The writing and visuals are a bit too faithful to the original, but they work in this nostalgic return. Leads John Boyega and Daisy Ridley are as compelling as more familiar faces. *PG13. 135M.*

THE WITCH. Raw, relatable performances and smoldering dread propel this willfully grim Puritan horror film. The menacing aesthetic and psychological uncertainty build, but don't pay off as they should. *R. 93M. BROADWAY, MILL CREEK.*

— Jennifer Fumiko Cahill

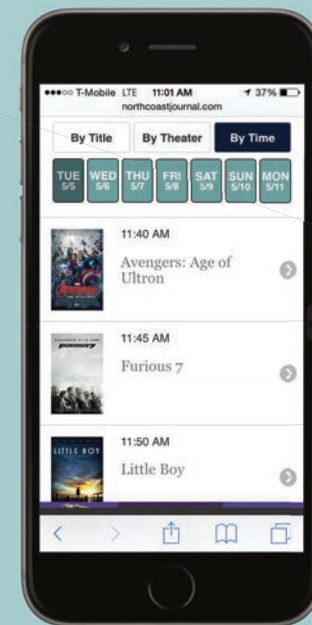
MOVIE TIMES. TRAILERS. REVIEWS.

DESKTOP:

northcoastjournal.com/MovieTimes

MOBILE:

m.northcoastjournal.com



Browse by title, times and theater.

North Coast
journal
of Politics, People and Art

Workshops & Classes

List your class – just \$4 per line per issue! Deadline: Friday, 5p.m.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Arts & Crafts

ART CLASSES @ PLUM BLOSSOM STUDIO Individualized visual arts education for kids. Beg. water-color for adults. Schedules visit www.thaoart.biz

Communication

REINCARNATION AND PAST LIVES EXPLORED AT LIFETREE CAFÉ Déjà vu, reincarnation, and past-life therapy will be explored at Lifetree Café on Sunday, March 6 at 7 p.m. The program titled "Reincarnation: Have You Been Here Before?" features filmed interviews with people describing past life experiences as well as religion experts who share views about the afterlife. Lifetree Café is a Free Conversation Café – Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobdipert@hotmail.com or www.lifetreecafe.com (C-0303)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Beginning and Intermediate classes in Swing, Latin, & Ballroom dance. Group and private lessons. First dance choreography and coaching for weddings. Find us on Facebook! (707) 464-3638, debbie@dancewithdebbie.biz (707) 464-3638, debbie@dancewithdebbie.biz (D-0331)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-0331)

PIANO LESSONS FOR BEGINNERS by Judith Louise. Children and adults, learn to read & play music! 707 476-8919. (D-0428)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0331)

WEST AFRICAN DANCE W/ LIVE DRUMMING. \$10 donation \$5 for Students Tuesday All Level Community Class 5:30-7 Redwood Raks Dance Studio, Arcata Contact Heather 707-834-3610 Facebook Arcata West African Dance (DMT-0331)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m., Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0225)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0331)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0331)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0331)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0331)

DEEP TRAVEL: SEE LESS, EXPERIENCE MORE WITH LOUISA ROGERS. Learn secrets on how to travel - slow down, stay longer, maintain energy, and meet people without speaking the language. Wed., March 16 from 6-8 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0310)

OLLI ART NIGHTS AT EVOLUTION ACADEMY FOR THE ARTS: Burlesque Night with Brent Eviston. Come to create or practice art. Enjoy costumed models and music. No experience necessary. Sat., March 19 from 6-9 p.m. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0310)

"THE MARTIAN" AND MARS: VISITING, COLONIZING AND TERRAFORMING WITH BARRY EVANS. Using the movie The Martian as a springboard, we'll discuss what it will take to visit, colonize and terraform the red planet. Tues., March 15 & 22 from 6-8 p.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

BOOK ARTS: "WHAT'S IT" BOOK WITH MICHELE OLSEN. Build a book with hand-painted wooden covers to organize your projects. Sew sections onto an accordion spine using the French link stitch. Thurs., March 10, 17 & Tues. March 15 from 1-4 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

THE DAWNING TREE: BRINGING YOUR STORY TO LIGHT WITH JOSEPH LERNER. Write a short fiction story, using prompts, exercises, and other literary tools. Tues., March 1-29 from 1-3 p.m. OLLI Members \$85/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

HAND-PAINTED TABLE LINENS WITH RIMA GREER AND APRIL SPOULE. Create beautiful hand-painted table linens in just a few hours. Make towels, napkins, place mats, or table runners. Sat., March 12 from 10 a.m.-4 p.m. OLLI Members \$50/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

LIVING AS A LOCAVORE WITH JANE WOODWARD. Look at all aspects of the locavore lifestyle to learn ways to support the sustainability of our local community. Mon., March 21 from 10 a.m.-noon. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0310)

MAKE YOUR HOBBY PAY FOR ITSELF: STARTING A HOME CRAFTING BUSINESS IN HUMBOLDT WITH RIMA GREER. Whether you love to sew, bake, throw pots, bead, or work with wood, you can learn all the quick and easy steps to setting up a crafting business in Humboldt. Fri., March 11 from 11 a.m.-2 p.m. OLLI Members \$40/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

PAIN: A COUNTRY DOCTOR'S PERSPECTIVE WITH DR. MICHAEL WILLETT. Learn about the impact of pain and pain management for the individual, their families and the community. Tues. & Thurs., March 15-24 from 2-4 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0310)

SHAKESPEARE FESTIVAL: TWELFTH NIGHT WITH TOM GAGE. Join OLLI for an in-depth discussion of Shakespeare's Twelfth Night, a play that is but a carnival of Shakespeare's wit, licensing our waking dream, a winter's tale for those suffering cabin fever. Tues. & Thurs., March 8-17 from 3-5 p.m. OLLI Members \$65/all others add \$25 non-member fee. Or enjoy a one-day condensed version of the full course described above. Introduction to Twelfth Night with Tom Gage. Sun., March 13 from 11 a.m.-3 p.m. OLLI Members \$40/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

SHAKESPEARE FESTIVAL TRIP: TWELFTH NIGHT WITH TOM GAGE. Come to the Ashland Shakespeare Festival to see the Twelfth Night. Prologue and tickets to the matinee performance are included in course fee. Transportation and accommodations are not included. Register by March 4. Trip is Sat., March 19. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

TAI CHI MADE EZ: Part 2 with Glenda Hesseltine. This course builds on Tai Chi Made EZ Part 1 or other tai chi classes with Glenda. Experience necessary. Mon., March 14-April 18 from 3-4:30 p.m. OLLI Members \$70/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

UNDERSTANDING YOUR IPHONE WITH JEFF SCHROEDER. Get to know the functions and features of the Apple iPhone, including how to effectively and efficiently write notes and messages. Mon., March 21 from 4-6 p.m. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0303)

THE COMPLETE RESTAURANT GUIDE

ON NEWSSTANDS:



ON THE-GO:

m.northcoastjournal.com



RESTAURANTS
A-Z
400+ Locations

Spiritual

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240
www.tarotofbecoming.com (S-0331)

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org
EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com. (S-0324)

ENGAGING TRUE WILL W/ CHRISTINE FIORENTINO AND T PROCTOR Through Inquiry, Meditation and Movement feel inner Support, Consistency, and Confidence. Resolve Procrastination, live with Passion, Purpose and Ease. 6 Monday Evenings begins March 14 Cost: \$145 by 3/7 (707) 445-2437 beingrealnow.org (S-0303)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are here to change lives with our love. . Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0331)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m, Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com, www.kdkarcatagroup.org (S-0331)

TERESA VON BRAUN'S SPRING SOUL DEVELOPMENT CLASSES ARE STARTING NOW! Learn to develop your intuitive abilities, self-read your energy and chakras, and self-heal through meditation and visualization techniques based on both ancient and modern modalities. New Students - join with a friend and save 10%! Private sessions include readings, healing, channeling, & counseling. To sign up or for more info, visit teresavonbraun.com or call 825.7703 (S-0303)

TRANSMISSION MEDITATION Wednesdays 6-7pm Isis Osiris Healing Temple 44 Sunny Brae Center, Arcata. 707-681-9970 \$2 donation requested (S-0317)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-0331)

Therapy & Support

WE NEED TO TALK - FAMILY CONVERSATIONS WITH OLDER DRIVERS Free AARP class offers practical tips and advice for families to talk about driving safety concerns with their loved ones in a sensitive and successful way. Presented by Peggy Bell-Hans OTR/L. Area 1 Agency on Aging 434 7th St. Eureka March 10 3-4:30pm. Call to register 707-845-3201 or email otonwheels@pbell-hans. (T-0310)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0331)

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0331)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0421)

Vocational

COLLEGE OF THE REDWOODS OFFICE SPECIALIST PROGRAM begins April 25 - June 20, 2016 Classes are held M/T/W 8:30 a.m. - 12:30 p.m. Call us at 707-476-4500 for registration information visit <http://www.redwoods.edu> (V-0303)

COLLEGE OF THE REDWOODS TRUCK DRIVING TRAINING PROGRAM will be holding two informational meetings at Community Education 525 D Street downtown Eureka 6pm-8pm Tues March 22nd and Thurs March 24th all prospective students must attend one meetings as a prerequisite for the program. Call 707-476-4500 for more information or visit www.redwoods.edu (V-0303)

DECOLONIZING SOCIAL WORK WITH INDIGENOUS COMMUNITIES. This online course is for current social workers and members of the community who work with indigenous peoples. With Michelle Rainer. March 21-May 13, online. Fee: \$330. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (V-0317)

ICD-10 MEDICAL BILLING AND CODING INFORMATIONAL MTG: Mon. March 21, 2016 from 6pm - 7 pm Community Education, 525 D St Eureka. Call 476-4500 for more information. (V-0303)

LANDSCAPING TRAINING, M/W April 4 - May 18 Interactive and classroom course for adults and youth looking to acquire skills for landscaping with a green and sustainable emphasis. Call 707-476-4500 for more information or visit <http://www.redwoods.edu> (V-0303)

WINEMAKING 101. Focused on the the science, practice and patience of winemaking, this course covers the journey from harvest to fermentation to aging, blending and bottling. With Wil Franklin. This course is part of a new "Vine to Table" wine studies certificate program. Thurs./Fri./Sat., March 17-19. Fee: \$265. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (V-0310)

WRITING CONCEPTS FOR BUSINESS M/T/W, March 7 - 9, 2016, 2:00 p.m. - 5:00 p.m. Fee: \$250 at CR Community Education 525 D Street in Eureka. Call 707-476-4500 for registration. (V-0303)

COLLEGE OF THE REDWOODS COMMUNITY EDUCATION PHARMACY TECHNICIAN PROGRAM starts May 10-June 28 Classes are held Tues & Thurs 6p-9:30p Call us at 707-476-4500 for registration information visit <http://www.redwoods.edu> (V-0303)

Wellness & Bodywork

AYURVEDIC COOKING IMMERSION. 5-Day Certification @ NW Institute of Ayurveda, w/Bharata Surya, June 22-26 (Deadline: June 20) \$500 Register: www.ayurvedicliving.com, (707) 601-9025 (W-0616)

MASSAGE SCHOOL INFORMATION NIGHT AT ARCATA SCHOOL OF MASSAGE. Free introductory lesson and discussion about massage school. Tuesday, March 15 at 5 p.m. Visit arcatamassage.com or call (707) 822-5223 for info. (W-0331)

AYURVEDIC MASSAGE PROGRAM. w/Traci Webb @ NW Institute of Ayurveda, Asian Body Therapies, Marma Points, Essential Oils, Herbs, April 20-June 19, (Deadline: March 21), Prerequisite To: "Panchakarma Therapist Program", 112 CEUs. Register: www.ayurvedicliving.com, (707) 601-9025 (W-0317)

DRAGON HEART TANG SOO DO AT PRESBYTERIAN CHURCH ON G ST. Tuesday and Thursday classes - kids 4-5pm, adults 5:30-7:30pm. Call Master Becky Rupp 707-923-2886. (W-0331)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Visiting Teachers Series with Jessica Baker. March 5-6. In this weekend class, Jessica gets down to The Roots of Chinese Medicine! 10-Month Herbal Studies Program. Feb. - Nov. 2016. Meets one weekend per month with several field trips. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Medicinal Cannabis Conference. April 23-24, 2016. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level! Presenters include Donald Abrams, MD; Ethan Russo, MD; Dustin Sulak, DO; and more! Register online www.dandelionherb.com or call (707) 442-8157. (W-0303)

INTRODUCTION TO TABLA DRUMS. w/Dr. Rahman Abdur, PhD, @ NW Institute of Ayurveda. 8 Mondays, 6:30-7:45pm, April 18-June 13 (no class May 30). No drum needed. \$300 (early reg. saves) Register: www.ayurvedicliving.com, (707) 601-9025 (W-0414)

T'AI CHI WITH MARGY EMERSON At 1049 C Samoa Blvd., Arcata (K St. & Samoa). 10-week term starts March 29. Two programs for beginners: T'ai Chi for Back Pain and Arthritis and Traditional Long Form Wu Style. Chen style and Combined 42 Forms are ongoing. Daytime and evening classes. Begin as late as the third week. Visit a class with no obligation to pay or enroll. For details: www.margaretemerson.com or 822-6508. (W-0324)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSOING. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-0331)

YOU ARE INVITED to a workshop on Haidong Gumdo, Korean sword art. Lead by World Haidong Gumdo Federation Director of Education Master Jeong Woo Kim. Anyone interested in learning this sword art is able to attend. No previous martial arts experience necessary. Ages 8 and up welcome! Saturday, April 16th First Presbyterian Church of Arcata. \$50 fee. Pre-registration only by April 9th! Contact Master Becky Rupp, beckydhtsd@gmail.com (707)923-2886. (0303)

HEY, YOU.

Submit your art, dance, movie, lecture, meeting, community event, performance, karaoke, open mic, gig and/or comedy show online:

www.northcoastjournal.com

OLLI · HSU
Osher Lifelong Learning Institute

Shakespeare!
with Tom Gage

Shakespeare Festival: Twelfth Night

Tues. & Thurs., March 8-17, 3-5 p.m.

Join OLLI for an in-depth discussion of Shakespeare's *Twelfth Night*.
OLLI Members \$65, all others \$90.

Short Introduction to Twelfth Night

Sun., March 13, 11 a.m.-3 p.m.

OLLI Members \$40, all others \$65.

Shakespeare Festival Trip: Twelfth Night

Sat., March 19, all-day trip

Come to the Oregon Shakespeare Festival to see *Twelfth Night*. Prologue and tickets to the matinee performance. Transportation and accommodations not included.
OLLI Members \$55, all others \$80.

826-5880
humboldt.edu/olli

OLLI IS OFFERED BY HSU
COLLEGE OF E-LEARNING & EXTENDED EDUCATION

Miller Farms
WORKSHOP

Seed Starting
with Bernadette Clueit,
Humboldt County
Master Gardener

— FREE —

Sat., March 5th, 1:00 p.m.



Miller Farms

millerfarmsnursery.com
839-1571
1828 Central Ave. • McKinleyville
Open Mon-Sat 8:30-5:30

Grow With Us!



ORDINANCE NO. 2016-01

AN ORDINANCE OF THE BOARD OF THE REDWOOD COAST ENERGY AUTHORITY (RCEA) AUTHORIZING THE IMPLEMENTATION OF A COMMUNITY CHOICE AGGREGATION PROGRAM BY RCEA AS THE COMMUNITY CHOICE AGGREGATOR

The Board of Directors of the Redwood Coast Energy Authority hereby ordains as follows:

SECTION 1. Findings and Purpose.

- A. The California Public Utilities Code under Chapter 2.3 of Division 1, Part 1 allows electric utility customers to aggregate their electric loads as members of their local community with community choice aggregators, where a community choice aggregator may be any city, county, or group of cities or counties who have elected to combine the loads of their programs through the formation of a joint powers agency established under Chapter 5 (commencing with Section 6500) of Division 7 of Title I of the California Government Code.
- B. The Redwood Coast Energy Authority (RCEA) was created as a joint powers authority of the County of Humboldt, Cities of Arcata, Blue Lake, Eureka, Ferndale, Fortuna and Rio Dell, Trinidad and the Humboldt Bay Municipal Water District to act as a regional agency for the promotion of sustainable energy initiatives that reduce energy demand, increase energy efficiency, and advance the use of clean, efficiency and renewable resources available in the region.
- C. RCEA has been investigating options for providing electric services to the constituents of its member agencies within their respective service areas with the goals of providing overall rates that are lower or competitive and to provide an energy portfolio that prioritizes the use of local renewable resources, including existing facilities, to the maximum extent technically and economically feasible through a community choice aggregation (CCA) program.
- D. RCEA is authorized by its joint powers agreement to implement and operate a CCA program under California law. Pursuant to this agreement, the debts, liabilities, and obligations of RCEA are not debts, liabilities, or obligations of any of its member agencies.
- E. In 2012, RCEA adopted the Humboldt County Comprehensive Action Plan for Energy (CAPE), and subsequently initiated RePower Humboldt to lead a community-wide effort to define a vision and strategic plan for increasing energy independence and energy security in Humboldt County. As part of this effort, RCEA identified community choice aggregation as a potential mechanism for implementation of the RePower Humboldt strategic plan.
- F. To assist in the evaluation of a CCA program within Humboldt County, RCEA staff has made multiple presentations about a potential CCA program to the Humboldt County Board of Supervisors, member agency City Councils, interested community organizations and interested members of the public.
- G. On November 30, 2015, the RCEA Board authorized the release of a Request for Proposals for Humboldt County Community Choice Aggregation Development and Operations Services seeking a service provider to provide comprehensive services to assist RCEA with the development, financing, launch, and operation of a CCA program in Humboldt County.
- H. Utilizing the expertise of the successful service provider, RCEA will continue analyzing the feasibility of a CCA program in Humboldt County through the following key program development tasks:
 1. Technical analyses, including load study and rate forecast, rate analysis, supply scenarios for CCA, economic impacts, impacts on current solar customers, and sensitivity analysis;
 2. Financial analysis of the overall cost-benefit from a CCA program;
 3. Risk analysis, including financial risk, and risk mitigation measures; and
 4. Implementation Plan drafting.
- I. Based on all of the above, the Board of Directors of the Redwood Coast Energy Authority elects to implement a Community Choice Aggregation program.

SECTION 2. If any section, subsection, sentence, clause, or phrase of this ordinance is for any reason held to be unconstitutional or invalid, such decision shall not affect the validity of the remaining portion of this ordinance. The Board of Directors of the Redwood Coast Energy Authority hereby declares that it would have passed this ordinance and every section, subsection, sentence, clause or phrase thereof, irrespective of the fact that any one or more sections, subsections, sentences, clauses, or phrases be declared unconstitutional or invalid.

SECTION 3. This ordinance shall take effect and be in full force thirty (30) days from the date of its passage. The Clerk of the Board is hereby authorized and directed to publish this ordinance at least fifteen (15) days after its passage. It shall be published once with the names of the Board of Directors voting for and against the ordinance in a newspaper of general circulation published in the County of Humboldt, State of California.

PASSED, APPROVED, AND ADOPTED this 22nd day of February, 2016.

AYES: Woo, Bass, Lynch, Marks, Brower, Atkins

NOES:

ABSENT: Miller, Brown, Ornelas

Legal Notices

NOTICE OF PETITION TO ADMINISTER ESTATE OF GERALD LEIGHTON CASE NO. PR160046

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Gerald Leighton

A PETITION FOR PROBATE has been filed by Petitioner, Cheryl Reed In the Superior Court of California, County of Humboldt. The petition for probate requests that Cheryl Reed be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 10, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Timothy J. Wykle Mathews, Kluck, Walsh & Wykle 100 M Street Eureka, CA 95501 (707) 442-3758 Filed: February 10, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/25, 3/3, 3/10 (16-035)

NOTICE OF PETITION TO ADMINISTER ESTATE OF LILY LEIGHTON CASE NO. PR160045

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Lily Leighton

A PETITION FOR PROBATE has been filed by Petitioner, Hobart Kline In the Superior Court of California, County of Humboldt. The petition for probate requests that Hobart Kline be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 10, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by

the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Timothy J. Wykle Mathews, Kluck, Walsh & Wykle 100 M Street Eureka, CA 95501 (707) 442-3758 Filed: February 10, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/25, 3/3, 3/10 (16-034)

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERT L. EHRHARDT, aka ROBERT EHRHARDT, aka BOB EHRHARDT CASE NO. PR160050

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both ROBERT L. EHRHARDT, aka ROBERT EHRHARDT, aka BOB EHRHARDT A PETITION FOR PROBATE has been filed by Petitioner, Gareth Simon Ehrhardt

In the Superior Court of California, County of Humboldt. The petition for probate requests that Gareth Simon Ehrhardt be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 17, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date



Hum Plate Blog

Devouring Humboldt's best kept food secrets.

www.northcoastjournal.com/HumPlate

Have a tip?
Email jennifer@northcoastjournal.com



of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: James D. Poovey
937 Sixth Street
Eureka, CA 95501
(707) 443-6744
Filed: February 16, 2016
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/25, 3/3, 3/10 (16-030)

NOTICE OF PETITION TO ADMINISTER ESTATE OF NEIL E. DWINELL CASE NO. PR160054

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Neil E. Dwinell; Neil Eugene Dwinell A PETITION FOR PROBATE has been filed by Petitioner, Virginia Dwinell In the Superior Court of California, County of Humboldt. The petition for probate requests that Virginia Dwinell be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 10, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the dece-

dent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Stephen G. Watson
Law Offices of W.G. Watson, JR
PO Box 1021
Eureka, CA 95502
(707) 444-3071
Filed: February 16, 2016
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/25, 3/3, 3/10 (16-029)

NOTICE OF PETITION TO ADMINISTER ESTATE OF JUDITH D. SCHMIDT CASE NO. PR160058

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Judith D. Schmidt A PETITION FOR PROBATE has been filed by Petitioner, Judith Wampole In the Superior Court of California, County of Humboldt. The petition for probate requests that Judith Wampole be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

A HEARING on the petition will be held on March 10, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as

defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Timothy J. Wykle
Mathews, Kluck, Walsh & Wykle
100 M Street
Eureka, CA 95501
(707) 442-3758
Filed: February 17, 2016
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/25, 3/3, 3/10 (16-036)

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLIAM POPE ADAMS aka WILLIAM P. ADAMS aka WILLIAM ADAMS CASE NO. PR160052

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, WILLIAM POPE ADAMS aka WILLIAM P. ADAMS aka WILLIAM ADAMS A PETITION FOR PROBATE has been filed by Petitioner, William C. Adams

In the Superior Court of California, County of Humboldt. The petition for probate requests that William C. Adams be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 17, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of

the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER: Bradford C. Floyd
Floyd Law Firm
819 Seventh Street
Eureka, CA 95501
(707) 445-9754
Filed: February 11, 2016
SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

2/25, 3/3, 3/10 (16-028)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code. The undersigned will sell at public sale by competitive bidding on the 23rd of March, 2016, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following units are located at 4055 Broadway Eureka, CA, County of Humboldt.

Benney Broyles, Space # 5217
Jerry Lee, Space # 5406

The following units are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Jeannie Olson, Space # 2207
Mark Andersen, Space # 2703
Kyle Smith, Space # 3502 (Held in Co. Space)

The following units are located at

3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Viviana Hollenbeck, Space # 1105
Mathew Roberts, Space # 1609
Jeffrey Harper, Space # 1685 (Held in Co. Space)
Eve S. McClaran, Space # 1754
Jorja Vradenburg, Space # 1777

The following units are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Jessie Van Zanten, Space # 354

Items to be sold include, but are not limited to:
Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Kim Santsche, Employee for Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 3rd day of March, 2016, 10th day of March, 2016, and 17th day of March, 2016

(16-042)

TS# 15-2208 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED: 11/1/13. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to satisfy the obli-

gation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any shown herein. Trustor: Christopher Carr, a single man Duly Appointed Trustee: Foreclosure Specialists LLC Recorded 11/14/13 as Instrument No. 2013-025714-6 of Official Records in the office of the Recorder of Humboldt County, California, Date of Sale: Thursday, March 24, 2016 at 10:30 A.M. Place of Sale: on the steps to the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 The common designation of the property is purported to be: 5175 Rancho sequoia Drive, Alderpoint, CA 95511 APN: 216-392-027 Estimated opening bid: \$146,141.66 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727 or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: ts # 15-2208. Information about post-

ponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 2/22/16 Foreclosure Specialists LLC 1388 Court Street, Ste C Redding, CA 96001 530-246-2727, Toll Free: 844-333-6766, Janelle St. Pierre, Trustee Sale Officer Foreclosure Specialists LLC is assisting the Bene-

Trustee Sale Officer Foreclosure Specialists LLC is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. TAC: 989505 PUB: 3/03, 3/10, 3/17/16.

(16-044)

FICTITIOUS BUSINESS NAME STATEMENT 16-00087

The following person is doing Business as **REGAL OCTOPUS CREATIONS** Humboldt, 2566 Boone St,

Fortuna, CA 95540
Nicoel Y White, 2566 Boone St, Fortuna, CA 95540
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and

Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Nicoel White, Owner
This statement was filed with the County Clerk of Humboldt County on February 3, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

2/11, 2/18, 2/25, 3/3 (16-020)

FICTITIOUS BUSINESS NAME STATEMENT 16-00126

The following person is doing Business as **IMAGINE BEAUTY** Humboldt, 523 F St, Eureka, CA 95501
Carol A Chandler 3494 F St. Eureka, CA 95503
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Carol A Chandler, Owner
This statement was filed with the County Clerk of Humboldt County on February 22, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: mm, Deputy Clerk

2/25, 3/3, 3/10, 3/17 (16-037)

FICTITIOUS BUSINESS NAME STATEMENT 16-00115

The following person is doing Business as **HUMBOLDT BAY BISTRO** Humboldt, 1436 2nd Street, Eureka, CA 95501
Brett V. Obra 4880 Mitchell Rd, Eureka, CA 95503
Evan J. Daugherty 2054 Walker Ave, McKinleyville, CA 95519
The business is conducted by A General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Evan Daugherty, Chef
This statement was filed with the County Clerk of Humboldt County on February 16, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

2/25, 3/3, 3/10, 3/17 (16-026)

FICTITIOUS BUSINESS NAME STATEMENT 16-00092

The following person is doing Business as **REDWAY FEED, GARDEN & PET SUPPLY** Humboldt, 290 Briceland Rd, Redway, CA 95560
PO Box 264 Redway, CA 95560
So. Humboldt Farm, Feed & Ag Supply, INC 290 Briceland Rd, Redway, CA 95560
The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Consuelo Evans, Bookkeeper/ Office Mgr
This statement was filed with the County Clerk of Humboldt County on February 5, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

3/3, 3/10, 3/17, 3/24 (16-041)

FICTITIOUS BUSINESS NAME STATEMENT 16-00093

The following person is doing Business as **ROYAL CREST MOBILE ESTATES** Humboldt, 2300 School St., Fortuna, CA 95540
9152 Greenback Ln #3, Orangevale, CA 95662
Royal Crest Investors LP, 8417800553 9152 Greensback Ln #3, Orangevale, CA 95662
The business is conducted by A Limited Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Mark Weiner, CFO
This statement was filed with the County Clerk of Humboldt County on February 5, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

2/25, 3/3, 3/10, 3/17 (16-031)

FICTITIOUS BUSINESS NAME STATEMENT 16-00109

The following person is doing Business as **OLIVER HAZARD CERAMICS** Humboldt, 5147 S. Quarry Rd, Bayside, CA 95524
44 Seawall Rd, Rancho Palos Verdes, CA 90275
Oliver P Hazard 5147 S. Quarry Rd, Bayside, CA 95524
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Oliver Hazard, Owner
This statement was filed with the County Clerk of Humboldt County on February 11, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: S. Carns

2/18, 2/25, 3/3, 3/10 (16-023)

FICTITIOUS BUSINESS NAME STATEMENT 16-00110

The following person is doing Business as **LA LUNE APOTHECARY** Humboldt, 5147 S. Quarry Rd, Bayside, CA 95524
44 Seawall Rd, Rancho Palos Verdes, CA 90275
Meghan M Uruburu 5147 S. Quarry Rd, Bayside, CA 95524
Oliver P Hazard 5147 S. Quarry Rd, Bayside, CA 95524
The business is conducted by A Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Meghan Uruburu, Partner
This statement was filed with the County Clerk of Humboldt County on February 11, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: S. Carns

2/18, 2/25, 3/3, 3/10 (16-024)

NOTICE OF TRUSTEE'S SALE

ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY]

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要
참고사항: 본 첨부 문서에 정보 요약서가 있습니다

NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO
TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP
LƯU Ý: KÈM THEO ĐÂY LÀ BÀN TRÌNH BÀY TỜM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED April 3, 1998. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

NOTICE IS HEREBY GIVEN that on March 10, 2016, at the hour of 10:30 a.m., on the steps to the front entrance of the Humboldt County Courthouse, located at 825 5th Street, City of Eureka, County of Humboldt, State of California, PRIME PACIFIC, a corporation, as Trustee will sell at public auction, to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, all payable at the time of sale, real property situated in the County of Humboldt, State of California, and the purported address is 654 Oakridge Drive, Redway, CA 95560 (APN: 077-041-009), and is more particularly described in the Deed of Trust referenced below.

Directions may be obtained pursuant to a written request submitted to the beneficiary: Julia B. Conner, formerly known as Julia B. Rowan, c/o Prime Pacific at (707) 468-5300 or mailing request to Prime Pacific, P.O. Box 177, Ukiah, CA 95482—within 10 days from the first publication of this notice.

If a street address or common designation of property is shown in this notice, no warranty is given as to its completeness or correctness. The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any, shown herein.

The total amount of the unpaid obligation, together with reasonable estimate of the costs, expenses and advances at the time of the initial publication of this notice is \$87,912.68. It is possible that at the time of sale the opening bid may be less than the total indebtedness due.

The sale will be made without covenant or warranty of title, possession, or encumbrances to satisfy the obligation secured by and pursuant to the power of the sale conferred in that certain Deed of Trust, all advances thereunder, interest provided therein, and fees, charges and expenses of the trustee. The Deed of Trust was executed by Peter Gray and Kim Gray, husband and wife, as the original Trustor, recorded September 3, 1998, in Document No. 1998-22959-4, Official Records of Humboldt County, and said property will be sold "as is" and no warranty or representation is made concerning its present condition.

Notice of Default and election to sell the described real property under the mentioned deed of trust was recorded on November 10, 2015, Document No. 2015-021443-4, Official Records of Humboldt County.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice may be postponed one or more times by the mortgagee, beneficiary, trustee or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call PRIME PACIFIC at (707) 468-5300. You may also visit our website—primepacificforeclosures.com. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the website. **THE BEST WAY TO VERIFY POSTPONEMENT INFORMATION IS TO ATTEND THE SCHEDULED SALE.**

The mortgagee or beneficiary has made contact with the borrower pursuant to CA Civil Code Section 2923.5

Dated: February 11, 2016

PRIME PACIFIC, a California corporation

—Trustee

By: JANE H. LEONARD, President

No. GRAY M-15-59F

<p>FICTITIOUS BUSINESS NAME STATEMENT 16-00091</p> <p>The following person is doing Business as AT THE WATERS' EDGE MASSAGE Humboldt, 1448 G St., Arcata, CA 95521 Erin E Fowler 3128 Greenwood Hts Dr, Kneeland, CA 95549 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Erin Fowler, Owner This statement was filed with the County Clerk of Humboldt County on February 5, 2016 KELLY E. SANDERS Humboldt County Clerk By: M. Morris</p> <p>2/18, 2/25, 3/3, 3/10 (16-0022)</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT 16-00082</p> <p>The following person is doing Business as LOCO FISH CO. Humboldt, 100 Ericson Court (Food-works), Arcata, CA 95521 PO Box 902, Blue Lake, CA 95525 Jayne S Knight 3525 Blue Lake Blvd #B, Blue Lake, CA 95525 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Jayme Knight, Owner/Operator This statement was filed with the County Clerk of Humboldt County on February 1, 2016 KELLY E. SANDERS Humboldt County Clerk By: L. Holman</p> <p>2/11, 2/18, 2/25, 3/3 (16-019)</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT 16-00105</p> <p>The following person is doing Business as HEATH'S AUTO BODY AND BIKES Humboldt, 1515 John Hill Rd, Eureka, CA 95501 Heath J Roach 1515 John Hill Rd, Eureka, CA 95501 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Heath Roach, Owner - GM This statement was filed with the County Clerk of Humboldt County on February 9, 2016 KELLY E. SANDERS Humboldt County Clerk By: M. Morris</p> <p>3/3, 3/10, 3/17, 3/24 (16-040)</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT 16-00118</p> <p>The following person is doing Business as HUMBOLDT HIGH QUALITY CONSULTATION Humboldt, 1666 Prairie Court, McKinleyville, CA 95519 Nicholas J Nelson 1666 Prairie Ct, McKinleyville, CA 95519 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Nicholas J Nelson, Owner This statement was filed with the County Clerk of Humboldt County on February 16, 2016 KELLY E. SANDERS Humboldt County Clerk By: A. Abrams</p> <p>2/25, 3/3, 3/10, 3/17 (16-027)</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT 16-00122</p> <p>The following person is doing Business as HENRY ROSE ORGANICS Humboldt, 3195 Tshi Pishi Rd, Orleans, CA 95556 PO Box 233, Orleans, CA 95556 Von M Tunstall 3195 Tshi Pishi Rd, Orleans, CA 95556 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Von M Tunstall, Owner This statement was filed with the County Clerk of Humboldt County on February 18, 2016 KELLY E. SANDERS Humboldt County Clerk By: A. Abrams</p> <p>2/25, 3/3, 3/10, 3/17 (16-032)</p>	<p>FICTITIOUS BUSINESS NAME STATEMENT 16-00127</p> <p>The following person is doing Business as NORTH BAY SALON & SUPPLIES Humboldt, 613 H St Ste A, Arcata, CA 95521 Carol A Chandler 3494 F St. Eureka, CA 95503 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Carol A Chandler, Owner This statement was filed with the County Clerk of Humboldt County on February 22, 2016 KELLY E. SANDERS Humboldt County Clerk By: mm, Deputy Clerk</p> <p>2/25, 3/3, 3/10, 3/17 (16-038)</p>
---	---	--	--	--	---










HIRING: SALES REPS

Seeking full-time motivated individuals eager to develop and manage sales programs across print, web and mobile platforms.

BASE SALARY + COMMISSION + BENEFITS

Apply by emailing your resume to melissa@northcoastjournal.com

FICTITIOUS BUSINESS NAME STATEMENT 16-00133

The following person is doing Business as **INSPIRED STAGING** Humboldt, 1830 P St, Eureka, CA 95501
Todd P Hudy
1830 P St, Eureka, CA 95501
Tanya A Hudy
1830 P St, Eureka, CA 95501
The business is conducted by A Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Todd Hudy, Owner
This statement was filed with the County Clerk of Humboldt County on February 22, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: mm. Deputy Clerk

2/25, 3/3, 3/10, 3/17 (16-039)

FICTITIOUS BUSINESS NAME STATEMENT 16-00097

The following person is doing Business as **SUN YI'S ACADEMY / EVOLVE YOUTH SERVICES** Humboldt, 1215 Giuntoli Lane, Arcata, CA 95521
Corey L Lewis
264 Davis Road,
Blue Lake, CA 95525
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Corey Lee Lewis
This statement was filed with the County Clerk of Humboldt County on February 8, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

2/18, 2/25, 3/3, 3/10 (16-025)

DID YOU KNOW? Your fictitious business name statement expires five years from the date it was last filed with the County Clerk. It must be re-filed with the County Clerk before it expires, or any time you have changed the address or partnership. Within 30 days of filing your FBN with the County Clerk, you must begin publishing it in a newspaper. Publish it in the Journal for the required four times and a "proof of publication" will be sent to the County Clerk to complete the filing process. Call for reasonable rates and friendly service: 442-1400

FICTITIOUS BUSINESS NAME STATEMENT 16-00134

The following person is doing Business as **FRANKIES NY BAGELS** Humboldt, 3750 Harris St, Eureka, CA 95501
Franky Baker, 1196 Anderson Lane, Arcata, CA 95521
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Franky Baker, Owner
This statement was filed with the County Clerk of Humboldt County on February 23, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: lh, Deputy Clerk

3/3, 3/10, 3/17, 3/24 (16-045)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 09-00160

The following person have abandoned the use of the fictitious business name **ARCATA CLEANING COMPANY, HUMBOLDT, 2370 SECOND RD, MCKINLEYVILLE, CA 95519**
The fictitious business name was filed in HUMBOLDT County on

March 16, 2009
AMBER MASCIO B ROBERTS, 2370 SECOND RD, MCKINLEYVILLE, CA 95519
This business was conducted by: An Individual
/s/ Amber Roberts Mascio
This state was filed with the HUMBOLDT County Clerk on the date February 18, 2016
I hereby certify that this copy is true and correct copy of the original statement on file in my office
Kelly E. Sanders
s/ A. Abrams
Humboldt County Clerk

2/25, 3/3, 3/10, 3/17 (16-033)

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. R-1500519

The following person have abandoned the use of the fictitious business name
NORTH WEST TREE SERVICE
The fictitious business name was filed in HUMBOLDT County on February 23, 2016
Micah D Bigelow, 20 Bell View Ave, Rio Dell, CA 95562, PO Box 112, Rio Dell, CA
This business was conducted by: An Individual
/s/ Micah D Bigelow
This state was filed with the HUMBOLDT County Clerk on the date February 23, 2016
I hereby certify that this copy is true and correct copy of the original statement on file in my office
Kelly E. Sanders
s/ SC, Deputy Clerk
Humboldt County Clerk

3/3, 3/10, 3/17, 3/24 (16-043)

THE MATTOLE UNIFIED SCHOOL DISTRICT (MUSD) WILL RECEIVE PROPOSALS FOR THE FOLLOWING SERVICES AND PRODUCTS:

- Internet access:
Y19-1617InternetAccessRFP.pdf
- Internal connections equipment:
Y19-1617C2-ICAccessPointsRFPUpdated.pdf
- Internal connections equipment and installation:
Y19-1617PetrolialInternalConnectionsRFP.pdf
- Telecommunications Services:
Y19-1617TelecomDataRFPUpdated.pdf
- Internal telephone system:
Y19-1617DVTelephoneSystemUpgradeRFPUpdated.pdf

Proposal packages listing specifications for the above listed RFPs may be obtained from Technology Dept., MUSD, 2120 Campton Rd, Suite I, Eureka CA 95503. The RFPs and required attachments are also posted on the following webpage:

<https://sites.google.com/a/mattolevalley.org/bids/>

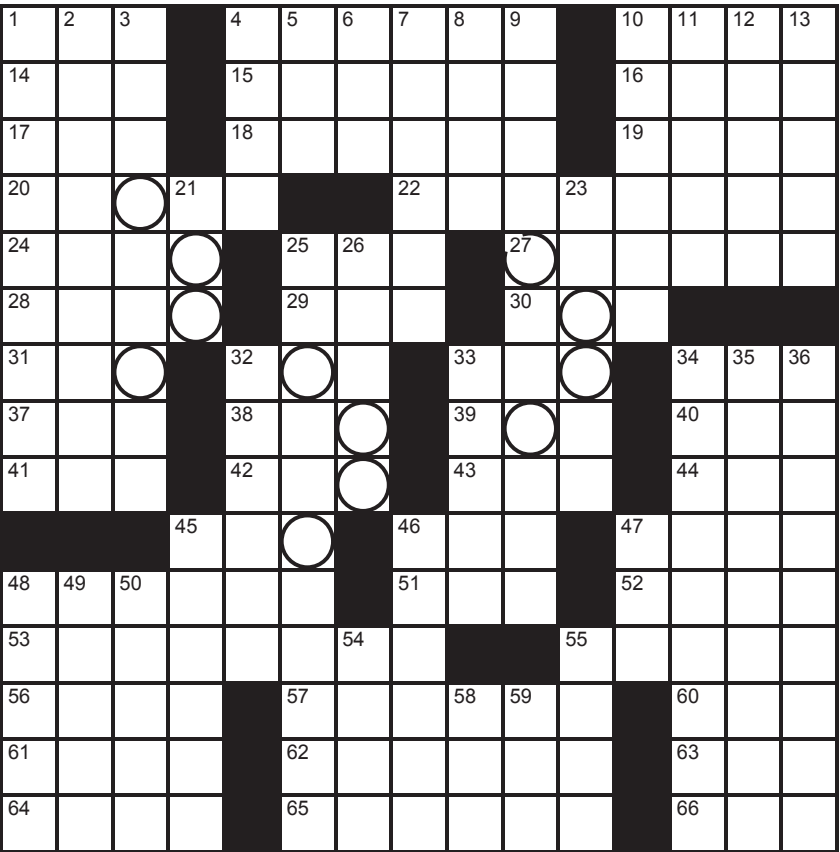
Questions or comments regarding the above listed RFPs may be sent via email to erate2016@mattolevalley.org.

Proposals for the above RFPs shall be sealed and filed in MUSD no later than March 18, 2016. Electronic submissions sent to erate2016@mattolevalley.org will also be accepted.

MUSD reserves the right to reject any or all bids or to waive any irregularities or informalities in the bids or in the bidding process, and to be the sole judge of the merit and suitability of the merchandise offered.

No bidder may withdraw his bid for a period of thirty (30) days after the date set for the opening of bids.

CROSSWORD by David Levinson Wilk



©2016 DAVID LEVINSON WILK

BABY BUMPS

ANSWERS NEXT WEEK!

ACROSS

- Peas keeper?
- Richard Nixon was given two of these as gifts after his 1972 visit to China
- Puerto Rico, por ejemplo
- Suffix with ethyl
- Very advanced, computerwise
- Gazpacho, e.g.
- One of Gen. Lee's force
- Announcement upon arriving
- Actress Bancroft
- Some WMDs
- Smucker's container
- Protein-rich bean
- Rap sheet initials
- Kind of code
- HBO's "____ Your Enthusiasm"
- Something one might hang in a street
- Eight-time NBA All-Star ____ Ming
- Suffix with direct or deposit
- Decline
- Sports org. in which a Taiwanese player's single in a 2007 game prompted announcer Vin Scully to quip "Hu's on first"
- Undergrad MIT degrees
- Ad Council output, briefly
- Org. George H.W. Bush resigned from in 1995
- Olive likened to a beanpole
- 99¢ purchase, often
- Poetic dusk
- Girl coming out in society
- Havana-to-Palm Beach dir.
- Tavern
- "____ bien!"
- Number of Canadian provinces
- Constellation named for a stringed instrument
- Homer
- Matey's yes
- Do as directed
- Wraps, as an infant
- 1971 Fonda/Sutherland film
- Hatcher who played Lois Lane
- Fly
- Prefix with day or night
- "Right back ____!"
- Bon mot
- Seasoned veteran
- Cinnabon purchase
- "The Man With the Golden Arm" author Nelson
- Upper house member: Abbr.

DOWN

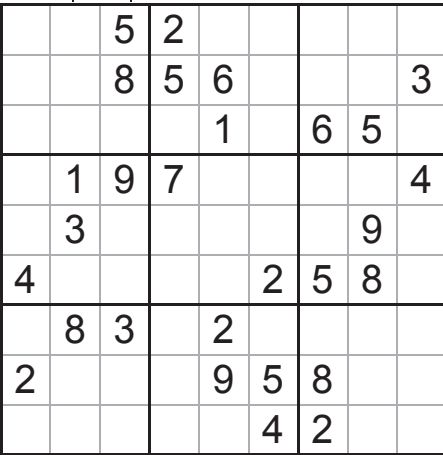
- Grade school kids are often taught to make a crude one using a tube and mirrors
- Short, as a meal
- Big news! This actress/singer who plays the title character on Disney Channel's "Jessie" is preppers!
- Frat letters
- Intention
- To the ____ degree
- Wedding hiree
- Parcel of land
- Confirmed! This 2001 Grammy winner for Best New Artist has a bun in the oven!
- "Not happening"
- 1985 Arnold Schwarzenegger film "Red ____"
- Like some eclipses
- Imitation
- Queen in Shelley's poetry
- Subject to damages
- OMG! This actress who plays April Ludgate on "Parks and Recreation" is in the family way!
- Word from the Turkish for "roasted meat"
- Invested (with)
- \$\$\$
- What newly-expectant female celebs may display in paparazzi photos (as indicated by this puzzle's circled letters)
- You'll need one for your flat
- Like some pesticides or tans, say
- In the center
- Shocking, in a way
- "U crack me up!"
- Our sun, to astronomers
- Have because of
- Hannah of "Roxanne"
- "For ____ to flourish, it only requires good men to do nothing": Simon Wiesenthal
- Jerome who composed "Ol' Man River"
- Part of USDA: Abbr.
- Relative of a tank top

LAST WEEK'S ANSWERS TO ATE



su | do | ku

© Puzzles by Pappocom MEDIUM #60



www.sudoku.com

Employment

Opportunities

ADMIN ASSISTANT

With all special event coordination, general office organization and maintenance of tasks for purchasing supplies and on-boarding new employees. Please provide resume with salary history / requirements to be considered for this position: jorn8883@aol.com

ADMINISTRATIVE ASSISTANT

Event and meeting planning, Record, monitor expenses, raise monthly invoice, Must possess a valid driver's license, send your cover letter and salary expectations to: d2kase@aol.com

AIRLINE CAREERS start here - If you're a hands on learner, you can become FAA Certified to fix jets. Job placement, financial aid if qualified. Call AIM 888-242-3214 (E-0303)

AMERICAN STAR

PRIVATE SECURITY. Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-0225)

CAREGIVER NEEDED.

Hello, I am looking for a child-care or reliable babysitter, for my 3 years old son. I usually need someone 3 times a week, Mondays and Tuesdays for the whole day and Fridays, but I need someone very reliable, non smoker, and someone who really care about children even though they are not yours. If interested feel free to reply. paynefine@gmail.com +17314120719

HOME CAREGIVERS PT/FT.

Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045. (E-0225)

SEEKING IHSS CERTIFIED IN HOME PROVIDER Personal care, light housekeeping, cooking, 5-6 days a week, 4 hrs a day. Call Patricia 707-822-2887.



KITCHEN & HOUSEKEEPERS

Want your job to be meaningful? On-Call to join team at behavioral health center. Cook \$11.31/hr Housekeeping \$10.14/hr EEO/AA/Minority/F/Vet/Disability Employer. 2370 Buhne St, Eureka



Full-time Licensed Clinical Social Worker (LCSW)

Redwoods Rural Health Center seeks a LCSW to provide integrated behavioral health services for clients in Redway. Works closely with the on-site medical providers, county case management, and specialty mental health.

This is a full-time position with paid time off, employer-sponsored health benefits, and Loan Repayment through the NHSC.

Full-time LVN/RN

Candidates must possess a current nursing license, as well as, clinical experience, strong triage skills, computer proficiency, and management abilities. RRHC is an EOE and offers a four-day work week, as well as, competitive compensation and benefit packages.

Interested and qualified candidates may apply at: **Redwoods Rural Health Center 101 West Coast Rd P.O. Box 769, Redway, CA 95560**, download an employment application from www.rrhc.org or contact RRHC at (707) 923-2783.

HUMBOLDT STATE UNIVERSITY

STAFF PSYCHOTHERAPISTS: GENERALIST & RES LIFE, JOB #7060 Counseling & Psych Services, Temporary & renewable positions. Review begins 3/23/16. Start date 8/17/16. HSU is an EO/Title IX/ADA Employer. <http://www2.humboldt.edu/aps/employment/counselors.html>

Learn while you earn! Make a difference in a small business!

Post Haste is hiring!

Perks of Post Haste:

- Challenging variety of work
- Locally-owned family environment
- Competitive pay
- Opportunities to learn new skills
- Full time with benefits

Apply in person. 600 F Street, Ste. 3, Arcata
No phone calls please.



Redwood Coast Regional Center

Be a part of a great team!

SERVICE COORDINATOR (Case Manager)

1 FT in Eureka, CA. Advocating & coordinating services for older children with developmental disabilities.

Requires MA or BA with experience in human services or related field. Salary range \$2783-\$3916. Excellent benefits. EOE

Visit www.redwoodcoastrc.org for more info & required docs. **Closes 3/15/16 at 5PM.**



EMPLOYMENT OPPORTUNITY Social Services Director

Manages and oversees all Social Services Dept. staff and programs. Performs clinical and administrative supervision of Social Services programs, performs grant management duties, monitors and controls fiscal and programmatic activities, coordinates the Indian Child Welfare act program.

Reqs. A Masters Degree in Social Work or Psychology, or related human services field. Must have 2 years post-Masters social work exp. with youth elders, and persons with addictive behaviors.

Bear River Band Rancheria offers an excellent benefit package including health insurance, 401k with employer matching, and paid time off!

To apply and for more information go to www.bearrivercasino.com/careers or call 707-733-1900 x 167.

Tribal preference given per the Indian Self-determination and Education Assistance Act (25 U.S.C Section 450 e(B)).



Airway Transportation Systems Specialists (electronics technicians)

FAA is hiring Airway Transportation Systems Specialists (electronics technicians) throughout the United States to install, maintain, modify and certify electronic equipment and lighting aids associated with facilities and services required for aviation navigation.

Work will be performed at both air traffic control facilities and remote locations on computer systems, electronics, radio communication systems, electrical power distribution systems, heating/ventilating and air conditioning (HVAC), and much more.

On-the-Spot hiring locations:

- Bismarck, ND
- Huron, SD
- Sioux Falls, SD
- North Platte, NE
- Pasco, WA
- Klamath Falls, OR
- Arcata, CA

If interested, please submit your resume to **9-act-techopsresumes@faa.gov** by **March 18, 2016.**

For further information visit www.faa.gov/jobs/career_fields/technical_careers/media/2015-AHR-050_One_Page_elec_tech.pdf



Come join Mad River Community Hospital and enjoy the satisfaction of working with a team.

Yes, you can be happy at work....here. If you have to work, why not do so with some of the best in the business. We are looking to hire **Registered Nurses, Phlebotomists** and other positions.

Look on our web site for openings: www.madriverhospital.com



CITY OF ARCATA
Hiring Bonus with Generous Benefits for **POLICE OFFICERS** and

Health Coverage and Sponsorship for **POLICE OFFICER TRAINEES**

Visit our jobs page at www.cityofarcata.org
Call or visit the City Manager's Office at 736 F Street, Arcata (707) 822-5953. EOE.



Humboldt County Department of Health & Human Services is accepting extra help applications for

NUTRITION AIDE

in support of the Women, Infants and Children Nutrition Program. Candidates will work a varied schedule, up to the equivalent of half time each year.

Desired qualifications: 2 years of college, including nutrition coursework and one year experience in a nutritional setting. Candidates must possess a valid CDL.

Extra Help placements are non-benefitted positions and paid an hourly wage. Salary for these placements could range from \$14.16-\$18.17 per hour.

Extra help applications & job description may be picked up at: Department of Health & Human Services, Employee Services 507 F Street, Eureka, CA 95501; **(707)441-5510** AA/EOE

BEAR RIVER CASINO HOTEL

Share your talent for fun and excitement.

Human Resources Recruiter/Trainer

Monday-Friday, 8am-4pm, 40 hours per week, Pay D.O.E Under direction this position is responsible for the lifecycle of all recruiting efforts for Bear River as well as all training.

High school diploma or GED equivalent required. Bachelor's Degree in Human Resources or Business Administration preferred. Minimum of 2 years recruiting experience and 1 year of training experience required. Must have excellent computer skills including previous experience using an electronic application system and finding talent on source job boards, databases and the like. Versed in knowledge of HR policies, practices and procedures, including an understanding of legal recruiting requirements. Must have knowledge of training concepts, practices and procedures.

More requirements on job description. Please inquire with Human Resources Department. To apply go to www.bearrivercasino.com for questions call 707-733-1900 x 167. **Open until filled**

Tribal preference given per the Indian Self-determination and Education Assistance Act (25 U.S.C Section 450 e(B)).

OFFICE ASST. Excellent communication & general office skills required. Proficiency in Excel, Word & Peach-tree. Ability to follow detailed instructions. Please send salary requirements along with resume to Mrs Rebecca at: rebecca.mortensen0556@yahoo.com or text 412-397-8291

open door Community Health Centers

ADMINISTRATIVE ASSISTANT

1 F/T Arcata
1 F/T Eureka

BEHAVIORAL HEALTH INTEGRATED PROVIDER

1 F/T Eureka

CASE MANAGER REFERRAL SUPPORT

1 F/T Crescent City

DENTIST

1 F/T Eureka

DESKTOP SUPPORT TECHNICIAN

1 F/T Arcata

DIETICIAN

1 F/T Eureka

LAB ASSISTANT

1 F/T Crescent City
1 F/T TEMP Eureka

LVN/ MA

1 F/T Eureka
1 F/T TEMP Willow Creek

MEDICAL BILLER

1 F/T Arcata

MEDICAL ASSISTANT

2 F/T Crescent City
2 F/T Arcata
1 P/T Arcata
1 F/T Eureka
1 F/T Ferndale
2 F/T Fortuna
1 F/T Willow Creek

MEDICAL RECEPTIONIST

1 F/T Arcata

MEDICAL RECORDS CLERK

1 F/T TEMP McKinleyville

POD CLERICAL SPECIALIST

1 F/T Eureka

PRIMARY BEHAVIORAL HEALTH CONSULTANT PROVIDER

1 F/T Eureka

REFERRAL COORDINATOR

1 F/T Fortuna

REGISTERED DENTAL ASSISTANT

1 F/T Crescent City
3 F/T Eureka

REGISTERED NURSE

1 Per Diem Willow Creek

RN CLINIC COORDINATOR (SUPERVISOR)

1 F/T Arcata
1 F/T Fortuna

RN-OPERATIONS

1 F/T Eureka

RN TRIAGE

1 F/T Arcata

STAFF RECRUITMENT AND RETENTION SPECIALIST (HUMAN RESOURCES)

1 F/T Arcata

STERILIZATION TECHNICIAN (DENTAL)

1 F/T Eureka

Visit www.opendoorhealth.com to complete and submit our online application.

BEAR RIVER CASINO HOTEL

Share your talent for fun and excitement.

General Ledger Accountant

Bear River Casino Hotel is actively seeking a qualified General Ledger Accountant.

Duties include bank account reconciliations, BOE tax returns, ACH payments to vendors, reconciliation of various other G/L accounts, fixed assets, backup for both Payroll and Accounts Payable. Payroll and Accounts Payable exp required. Strong Excel skills required. Must have experience with complex G/L account reconciliations.

Bear River Casino Hotel offers an excellent benefit package including health insurance, 401k with employer matching, and paid time off!

For an application and more information please go to www.bearrivercasino.com or call 707-733-1900 x 167.

Tribal preference given per the Indian Self-determination and Education Assistance Act (25 U.S.C Section 450 e(B)).

Executive Director

Permanent year-round position, app. 30 hrs/week, salary starting at \$17.50 per hour.

Bachelor's degree in social work, education, public health, community development, or related field preferred. Two years minimum relevant paid work experience required. Additional paid work experience may be considered in lieu of education. Must have excellent computer skills, and knowledge of Quickbooks for Nonprofits. Must write and communicate effectively and be able to establish rapport with diverse clientele and maintain confidentiality.

Available immediately.

Contact BCC at 707 777-1775 for a complete job description and application.



SUPERVISING CLINICIAN/QUALITY ASSURANCE DIRECTOR

This position utilizes professional clinical abilities and skills to oversee quality assurance functions; provides clinical supervision; may provide direct clinical services

Requires two years of clinical experience in a Medi-CAL system as a Licensed Clinical Social Worker or Licensed Marriage and Family Therapist (Licensed Clinical Social Worker preferred) and proof of Continuing Education Units required to supervise registered Marriage Family Therapist Interns and Associate Social Workers. DOJ/FBI criminal history fingerprint clearance required.

Salary for this exempt position starts @ \$4,846/month. Excellent benefits include paid vacation/sick leave, holidays, insurance, and 401k retirement plan.

Application and job description available at www.changingtidesfs.org, 2259 Myrtle Ave., Eureka, CA 95501, or (707) 444-8293. Please submit letter of interest, resume, and application to Nanda Prato at the above address by **5 p.m. on Monday, March 14th** EOE



HUMBOLDT STATE UNIVERSITY
— A California State University

Coordinator, ITS Administrative Support (Job #16-25)

F/T position in Information Technology Services. Review: 3/11/2016. For more info visit: <http://apptrkr.com/761120> or call 707-826-3626. HSU is an ADA/Title IX/EOE

Share your heart, Share your home.
Become a mentor today.

Do you have an interest in helping others?

Would you like the freedom to work from home?

California MENTOR is looking for caring people with a spare bedroom to support an adult with special needs.

California Mentor matches adults with disabilities with people like you, in a place they can call home. Receive a generous monthly stipend and ongoing support.



317 3rd Street, Suite 4
Eureka, CA 95501

For more information call Sharon at 442-4500 ext 16 or visit www.mentorswanted.com.



**SMALL
BUSINESS
DEVELOPMENT
CENTER**
NORTH COAST

NORTH COAST SBDC CENTER DIRECTOR (\$60,000 - \$75,000 DOE)

Under the direction of the Region Director, the SBDC Center Director provides leadership for the development, implementation, documentation & daily operation of the North Coast SBDC's programs & activities. The Center Director oversees & is responsible for the quality of all service delivery including client counseling & a variety of workshops. The Center Director manages budgets, seeks out grant & sponsorship funding, provides leadership to staff & contractors, & is very involved in the business & economic development community. North Coast SBDC is a program of HSU's Sponsored Programs Foundation. This is not a state or federal position.

Qualified applicants should submit via email a letter of application, résumé & three professional references to: jf30@humboldt.edu. First review of applications will take place on March 4, 2016. EOE. Please visit northcoastsbdc.org for more details.



**Southern Humboldt Community Healthcare
District is now accepting applications for:**

CLINICAL LAB SCIENTIST

Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

LICENSED VOCATIONAL NURSE

Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility or 8-hour shifts in our out-patient clinic.

CERTIFIED NURSE ASSISTANT

Full Time, Part Time, or Per Diem Position. Direct Patient Care, activities with the residents/patients. Must possess CNA Certificate and CPR Certification.

Visit www.shchd.org for more information and to apply Or call (707) 923-3921 ext. 230



Redwood Coast Regional Center

Be a part of a great team!

SERVICE COORDINATOR (Case Manager)

1 FT in Eureka, CA. Advocating & coordinating services for children over age 3 with developmental disabilities.

Requires MA or BA with experience in human services or related field. Salary range \$2783-\$3916. Excellent benefits. EOE

Visit www.redwoodcoastrc.org for more info & required docs. **Closes 3/15/16 at 5PM.**



United Indian Health Services, Inc.

Application deadline: March 11, 2016

Optometrist

Provides comprehensive vision services to UIHS Clients including complete eye examinations and treatment for a full range of complex optometric conditions. Arcata full time

Behavioral Health Counselor

Arcata/Fortuna/Weitchpec Assist/Counsel individuals, group, child and family. Sensitivity and experienced with American Indian Community preferred.

Diabetes Program Manager

Implements prevention efforts in community and provides clinical coordination with medical providers Arcata/Full Time

Nutrition Manager/Dietician

Manager nutrition programs which educates and promotes Health and wellness throughout the Community. Arcata/Full Time

Medical Provider - MD/DO or FNP/PA

Provides general medical care and treatment to patients in medical facility such as a clinic, health center, or public health agency. Smith River/Del Norte /Full Time/Open Until Filled

Dental Assistant/Front Office

Arcata/Del Norte Per-Diem (on call) Excellent Communication skills Organized, reliable and must have a positive attitude. Ability to multi-task in fast paced environment. Sterilization of dental instruments, chairside assisting, scheduling, answering phones. Computer proficient

Medical Assistant's

Weitchpec/Arcata/Fortuna ~ Assists with examination and treatments must be injection certified with a current BLS. Job description & salary range posted on website. Full Time/Part Time

Front Office Assistant Medical

Greet & schedule patients/ operate multiline phones Del Norte/ Full Time

Employment application available online at www.uihs.org. Email application, cover letter and resume to UIHS-Recruiting@cuihb.org

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given all: applicants welcome.



SEQUOIA PERSONNEL SERVICES INC.

445-9641 • 2930 E Street Eureka, CA 95501
www.sequoiapersonnel.com



LOOKING FOR A MEANINGFUL JOB IN YOUR COMMUNITY?

Crestwood Behavioral Health Center is looking for Full-Time, Part-Time and On-Call LPTs, LVNs to join our dynamic team committed to teaching a "life worth living."

Apply at

2370 Buhne St, Eureka

<http://crestwoodbehavioralhealth.com/location/eureka/>

YUROK TRIBE JOB OPENINGS

For more information go to: www.yuroktribe.org

#0753 EARLY HEAD START TEACHER

RG/FT KE'PEL \$19.64-\$25.53 OUF/REVIEW: 3/4/16

#0716 HEAD START BUS DRIVER/CUSTODIAN

RG/FT KE'PEL \$15.86-\$20.62 OUF/REVIEW: 3/4/16

#0749 JOM STUDENT TUTOR

TEMP/PT 15 HRS/WK 2 KLAMATH, 2 EUREKA, 2 WEITCHPEC
\$10.03 OUF/REVIEW: 3/4/16

#0755 GRANT WRITER

RG/FT KLAMATH \$17.23/\$19.15 3/11/16

#0757 PLANNING FORESTER

RG/FT KLAMATH \$23.42 3/11/16

#0722 POLICE OFFICER

RG/FT KLAMATH \$21.05-\$26.58 OUF/REVIEW: 3/11/16

#0758 ASSISTANT FINANCE DIRECTOR

RG/FT KLAMATH \$59,130/\$70,873 *5 DAY HIRING FROM WITHIN OPPORTUNITY. OUF/REVIEW: 3/11/16

#0759 ACCOUNTANT I

RG/FT KLAMATH \$21.20-\$27.56 *5 DAY HIRING FROM WITHIN OPPORTUNITY. OUF/REVIEW: 3/11/16

Hiring?

Post your job
opportunities in

North Coast
Journal
of Politics, People and Art

www.northcoastjournal.com • 442-1400



HUMBOLDT SUPERIOR COURT

Job Opportunity

Court Account Clerk I/II DOE

\$2775.07-\$3820.27
mo + benefits

High school diploma or equivalent and one year exp. required.

FBI/DOJ/Background check required. App due by **5PM 3/21/2016** for app & info-707-269-1245 or email

HR@humboldtcourt.ca.gov



Carefree Caregiver Hiring

**NON-MEDICAL CAREGIVER
START AT \$12.00 PER HOUR**

Submit Resume to:
dana@caregiverhire.com.

Application to:
www.caregiverhire.com
(707) 443-4473

**DELIVERY DRIVER AND
FILLETER** Pacific Choice is seeking a Delivery Driver and Filleter. Pre-employment screening required. EEO Company. For more info or to apply visit www.pacseafood.com or stop by 1 Commercial Street, Eureka, CA 95501.



**EDUCATION:
EQUAL OPPORTUNITY
TITLE IX**

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0625)

Art & Collectibles

**Year-round
classes in
clay and glass**
gallery & gift certificates
open studio space available

Fire Arts Center
520 South G Street across from
Arcata, CA 95521 the marsh
www.fireartsarcata.com

(707) 826-1445

Auctions

PUBLIC AUCTIONS
THURS. MARCH 3RD 4:15 PM
Estate Furniture & Household
Misc. + Additions incl.
Coin Collection
INFO & PICTURES AT
WWW.CARLJOHNSONCO.COM
PREVIEW WEDS. 11 AM - 5 PM &
THURS. 11 AM TO SALE TIME

THURS. MARCH 10TH 4:15 PM
CARL JOHNSON CO
Est. 1948
3950 JACOBS AVE. EUREKA • 443-4851

Clothing

*Little Shop
of
Open
every
day*

*Vintage
& more
for
guys & gals*

We Buy & Trade!
416 2nd St 441-9078
NEW STUFF EVERY DAY!!
find us on facebook & ETSY!

Merchandise

ALL AREAS ROOMMATES.COM.
Lonely? Bored? Broke? Find the perfect roommate to complement your personality and lifestyle at Roommates.com! (AAN CAN)

**STOCK OF ON YOUR TOYS:
SPORTING GOODS HALF PRICE
AT THE DREAM QUEST THRIFT
STORE March 3-9. Senior
Discount Tuesday, Spin'n Win
Wednesday, New Sale Thursday,
Friday Frenzy & Secret Sale
Saturday. (530) 629-3006.**

THE COSTUME BOX
Costume rentals. Makeups,
wigs, costume thrift items
for sale. 202 T St, Eureka.
See facebook page for open
hours or call 443-5200
csbx202t@aol.com

Marketplace

Miscellaneous

PAID IN ADVANCE! MAKE \$1000 A WEEK MAILING BROCHURES FROM HOME! No Experience Required. Helping home workers since 2001! Genuine Opportunity. Start Immediately! www.TheIncomeHub.com (AAN CAN)

Sporting Goods

Carry/Conceal Weapons Classes

Indoor Range
Guns & Ammo
Gun Rentals

INSTRUCTION AVAILABLE

OLD WEST SHOOTERY

Open Tues-Sun (closed Monday)
Open Thurs Eve Until 8:30
1327 5TH STREET EUREKA
442-6312

Art & Design



ART CENTER FRAME SHOP

616 Second St.
Old Town Eureka
707.443.7017

artcenterframeshop@gmail.com



Auto Service

ROCK CHIP? Windshield repair is our specialty. For emergency service CALL GLASWELDER 442-GLAS (4527). humboldtwindshieldrepair.com (S-0324)

Computer & Internet



Macintosh Computer Consulting for Business and Individuals

Troubleshooting
Hardware/Memory Upgrades
Setup Assistance/Training
Purchase Advice

707-826-1806
macsmist@gmail.com

Gardening

PROFESSIONAL GARDENER. Powerful tools. Artistic spirit. Balancing the elements of your yard and garden since 1994. Call Orion 825-8074. www.taichigardener.com

Musicians & Instructors

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707) 444-8507. (M-0324)

BONGO BOY
Studio Recording & Mixing
CD Mastering, Package Design
Tapes/ LP/ Cassette/ videotape
transferred to CD / DVD
24 track remote recording
Professional Engineer
e-mail: bongoboycd@sbcglobal.net
bongoboystudio.com
Celebrating 13 years in Humboldt County!
(707) 839-5090

BRADLEY DEAN ENTERTAINMENT.

Singer Songwriter. Old rock, Country, Blues. Private Parties, Bars, Gatherings of all kinds. (707) 832-7419. (M-0526)

Other Professionals

2 GUYS & A TRUCK. Carpentry, Landscaping, Junk Removal, Clean Up, Moving. Although we have been in business for 25 years, we do not carry a contractors license. Call 845-3087

SOMEDAY SERVICES LAURA PATTERSON PROFESSIONAL ORGANIZER HUMBOLDT

Free Evaluation. Fair Rates
Compassionate, Strong
Confidential.
(707) 672-6620
Laura@SomedayServices.com
www.SomedayServices.com

CIRCUS NATURE PRESENTS

A. O'KAY CLOWN & NANINATURE

Juggling Jesters
& Wizards of Play
Performances for all ages.
Magical Adventures
with circus games
and toys, Festivals,
Events & Parties
(707) 499-5628
www.circusnature.com

WRITING CONSULTANT/EDITOR.
Fiction, nonfiction, poetry.
Dan Levinson, MA, MFA.
(707) 443-8373.
www.ZevLev.com

EDITOR/VIRTUAL ASSISTANT/ WRITING CONSULTANT

Jamie Lembeck
Price Varies (808) 285-8091
jfaolan@gmail.com



CLARITY WINDOW CLEANING.

Services available.
Call Julie 839-1518. (S-0106)

KNIFE SHARPENING

Knives • Blades • Shears
Trimmers • Custom Orders
Pick Up and Drop Off:

ARCATA: All Under Heaven
Arcata Plaza, 825-7760

EUREKA: Little Japan
Henderson Center, 798-6003

HARVEY'S SHARP-N-THINGS
707 616-7022

IN-HOME SERVICES

We are here for you

Registered nurse support
Personal Care

Light Housekeeping

Assistance with
daily activities

Respite care
& much more

insured & bonded

Humboldt Caregivers

Serving Northern California
for over 20 years!

TOLL FREE
1-877-964-2001

Body, Mind and Spirit

HIGHER EDUCATION FOR SPIRITUAL UNFOLDMENT. Bachelors, Masters, D.D./ Ph.D., distance learning. University of Metaphysical Sciences. Bringing professionalism to metaphysics. (707) 822-2111 (MB-0225)

Eureka Massage and Wellness



2115 1st Street • Eureka

Massage Therapy &
Reiki

Please call for an
appointment.
798-0119

Loving Hands, Institute of Healing Arts



MASSAGE THERAPY

Private Practice,
CA State Licensed School,
Continuing Education,
Career Training in
Holistic Health Education

Mon.-Fri. 11 a.m. to 7 p.m.
Sat. 10 to 5; Sun. 1 to 5

725-9627

739 12th St., Fortuna
www.lovinghandsinstitute.com

North Coast Medical

Diane Dickinson, MD



(707) 826-1165

northcoast-medical.com



Treating Bulimia, Anorexia, Binge-Eating.

Kim Moor, MFT
#37499

Call 441-1484

COMMUNITY CRISIS SUPPORT:

HUMBOLDT CO. MENTAL HEALTH CRISIS LINE
445-7715
1-888-849-5728

HUMBOLDT DOMESTIC VIOLENCE SERVICES
443-6042
1-866-668-6543

RAPE CRISIS TEAM CRISIS LINE
445-2881

NATIONAL CRISIS HOTLINE
1-800 SUICIDE
(1-800-784-2433)

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK

SHELTER HOUSING FOR YOUTH CRISIS HOTLINE
444-2273

TAI CHI

with Margy Emerson
1049 C Samoa Blvd., Arcata
(K St. & Samoa)

10-Week Term Starts March 29

2 Programs for Beginners:

- Traditional Wu Style
- T'ai Chi for Back Pain and Arthritis

(Chen style and Combined 42 Forms are ongoing)

For schedule, fees, and details on class content: MargaretEmerson.com or

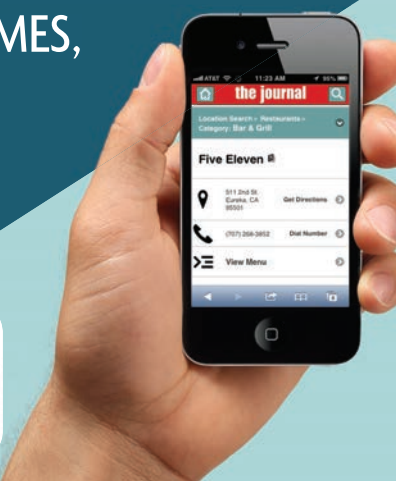
822-6508

~Visit any class free~

RESTAURANTS, MUSIC, EVENTS, MOVIE TIMES,
ARTS LISTINGS, BLOGS

m.northcoastjournal.com

Bookmark the URL
and it's ready to go,
right on your phone.



PLACE YOUR OWN AD AT:
classified.northcoastjournal.com

MIND, BODY & SPIRIT

Real Estate

Property Management



ARCATA RETREATS

Accepting New Vacation Rentals
10 yrs Experience
Competitive Rates
Call Reid (707) 834-1312
Mgmt@trinidatretrats.com
Arcataretreats.com

HUMBOLDT PLAZA APTS.

Opening soon available for HUD Sec. 8 Waiting Lists for 2, 3 & 4 bedroom Apts.

Annual Income Limits:

2 pers. \$22,800; 3 pers. \$25,650;
4 pers. \$28,450; 5 pers. \$30,750;
6 pers. \$33,050; 7 pers. \$35,300;
8 pers. \$37,600

Hearing impaired:

TDD Ph# 1-800-735-2922

Apply at Office:

2575 Alliance Rd. Arcata,
8am-12pm & 1-4pm, M-F
(707) 822-4104



At the base of the
TRINITY ALPS
WILDERNESS AREA

Getaway in beautifully
furnished cabins, on
the Upper Trinity River.
Hike, bike, fish or just
relax in seclusion.

OPEN YEAR ROUND

(530) 266-3505
(510) 531-5315



northcoastjournal

the LAND MAN
OFFICE

315 P STREET • EUREKA



707.476.0435



Charlie Tripodi
Owner/
Land Agent
BRE #01332897
707.834.3241



Kyla Tripodi
Owner/Broker
BRE #01930997
707.834.7979



Katherine Fergus
Realtor/
Residential
Specialist
BRE# 01956733
707.601.1331



ARCATA LAND/ PROPERTY \$3,200,000

±58 Acres comprised of 4 separate parcels
bordering both Humboldt State University &
the Arcata Community forest! Enjoy beautiful
ocean and bay views from the property's
existing roads and hiking/biking trails!
Versatile property with the ability to appeal
to investors, developers, or nature lovers!



CRESCENT CITY LAND/ PROPERTY \$135,000

±35 acres of gorgeous ridge top property
just 25 minutes from Crescent City!
Property is flat and useable with three
building sites, great access, and ocean
views. Short drive to the beautiful Smith
River for summer swimming!

HAYFORK LAND/ PROPERTY \$339,000

±18 Acres of flat land just 10 minutes
from Downtown Hayfork! Parcel
is developed and waiting for you
featuring an in place septic system,
400 amp PG&E service, well and
pump house, and garage for storage.
Topography is flat with a small creek
running through one end of property
and a seasonal spring on the other.
Opportunities like this don't come
along every day, so call today for your
private showing!



REDUCED PRICE!



WILLOW CREEK LAND/ PROPERTY \$499,000

±177 Acres, just 15 minutes from Willow
Creek via mostly paved year-round
road. Deed access, year round water, and
multiple home sites with panoramic views,
all with end of the road privacy behind
locked gate. Mixed topography, elevation,
and microclimates from summit to valley.
Many extras included!

PLACE YOUR OWN AD AT: classified.northcoastjournal.com



HOUSING

Acreage for Sale
Apartments for Rent
Commercial Property for Sale
Commercial Space for Rent
Houses for Rent
Realtor Ads
Vacation Rentals

NEW LISTING:

Yours!



1335 Mill Creek Road, McKinleyville – APN 509-281-013

3 bed, 2.5 bath, 2,360 sq ft one of a kind updated

McKinleyville home, three levels of privacy,
like living in a tree house, skylights, huge shop w/storage
under garage, 2 fireplaces, nice family room, views of the
creek, gourmet kitchen with beautiful inlaid wood counter,
instant hot water, garden windows. **\$475,000**



2850 E St., Eureka
(Henderson Center),
707 **269-2400**
2355 Central Ave., McKinleyville
707 **839-9093**

communityrealty.net



humboldtlandman.com

Under the
weather?

Need a
Doctor?



Redwood **URGENT CARE**

Don't wait any longer!

Offering Quality, Fast & Affordable Care

- Basic laboratory testing
- Common illness evaluations
- Nebulizer treatments
- X-rays & same visit readings
- Minor splinting & lacerations
- Ear lavage & more!

Walk-in today or make a same day appointment online.
Redwood Urgent Care accepts most local insurances and offers
discounted self-pay option for non-insurance holders.



Open 365 Days a Year
9am-6:30pm
Holidays 9am-5pm

(707)298-2011 • 2440 23rd St. Eureka • www.redwoodurgentcare.com